



DEPARTMENT NURSING EDUCATION AND HEALTH STUDIES

COURSE OUTLINE –WINTER 2021

NS1250 (A3B3): Nursing Practice – Health Assessment & Nursing Process

4 (2-0-2) and 15 clinical hours = 75 hours 15 weeks

Instructors:	Tamara Van Tassell MN, RN	Wendy McMillan MN, RN	Jim Wohlgemuth MN, RN, CTN-B	Janice King BScN, RN	Eleni Hansen MN, RN, IBCLC
Phone:	780 832-5430	780 518-5171	780 539-2709	780-539-2914	780 539-2045
Office:	<i>Home</i>				
Office hours:	<i>By appointment only</i>				
Email:	tvantassell@gprc.ab.ca	wmcmillan@gprc.ab.ca	jwohlgemuth@gprc.ab.ca	jaking@gprc.ab.ca	ehansen@gprc.ab.ca

DELIVERY MODE(S):

Lecture, Lab & Clinical

Attendance at all lectures, labs, and clinical is expected, however ***due to the current pandemic situation the expectation is that anyone who is unwell will remain at home and not attend face to face labs or clinical sites.*** Excessive absences from any lecture, lab, or clinical may result in the inability to effectively facilitate the evaluation of the student’s clinical performance by the instructor.

Lecture: 2 hours/week

Lab: 2 hours/week

Clinical: 15 clinical hours

WINTER 2021 DELIVERY:

Mixed Delivery – Onsite, Offsite and Remote. This course is delivered with some face-to-face/onsite components at the GPRC [*Grande Prairie/Fairview*] campus with some face-to-face/offsite components in the [clinical/practicum/work experience] setting and online remote learning.

- For the onsite components: students must supply their own mask [and/or face shield] and follow [GPRC Campus Access Guidelines and Expectations](#).
- For the offsite components: Students must follow the offsite agencies COVID-19 Guidelines and Protocols as well as the [GPRC Campus Access Guidelines and Expectations](#).
- For the remote delivery components: students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca.

Note: GPRC reserves the right to change the course delivery.

CALENDAR DESCRIPTION: *Nursing Practice – Health Assessment & Nursing Process*

The focus is on the health assessment of the adult and expected health assessment findings throughout the lifespan. The course provides a beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care. Course includes 15 clinical hours total.

PREREQUISITE(S)/COREQUISITE:

Prerequisites: NS1500 and NS1205

Corequisites: MI1330 and NS1240

Note: Available only to Nursing students.

REQUIRED TEXT/RESOURCE MATERIALS:

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2019). *Canadian fundamentals of nursing* (6th edition). Milton, ON: Elsevier

Jarvis, C., Browne, A., McDonald-Jenkins, J. & Luctar-Flude, M. (2019). *Physical examination & health assessment* (3rd Canadian Edition). Toronto, ON: Elsevier.

Jarvis, C. & Tarlier, D. (2019). *Student laboratory manual for physical examination and health assessment* (3rd Canadian Edition). Toronto, ON: Elsevier.

American Psychological Association (*APA*) 7th edition: *Referencing tips*.

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*.

College and Association of Registered Nurses of Alberta. (2011) *Primary health care: Visions, roles, and opportunities*. Edmonton, AB: Author.

College and Association of Registered Nurses of Alberta. (2010). *Ethical decision-making for registered nurses in Alberta. Guidelines and recommendations*. Edmonton, AB: Author.

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB. Author.

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses*. Edmonton, AB. Author.

College and Association of Registered Nurses of Alberta. (2019). *Entry-level competencies for the practice of Registered Nurses*. Edmonton, AB: Author.

Department of Nursing Education and Health Studies. *Graduate Competencies*.

REQUIRED SUPPLIES

Mask
Stethoscope
Penlight
A watch with timing capability (second hand)
GPRC uniform (red scrub top) any black scrubs
Appropriate footwear
Black pen
Student Identification Card

COURSE OBJECTIVES

This course provides the beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care.

LEARNING OUTCOMES

Upon completion of this course, the student must be able to:

1. Understand the role of health assessment in nursing practice and patient care in all settings.
2. Develop and demonstrate the relationship of health assessment and assessment skills in the nursing process through understanding of subjective and objective data collection, validation of findings, and exploration of beginning phases for patient care.
3. Provide rationale underlying for assessment techniques for subjective and objective data collection.
4. Apply therapeutic communication skills to facilitate professional relationship building, conducting health history interviews, health promotion activities, risk reduction identification, and patient learning.
5. Describe and demonstrate a holistic approach to health assessment across the lifespan.
6. Acquire the skills of physical examination and demonstrate safe, competent patient assessments.
7. Demonstrate professionalism and ethical practice during health assessment and nursing practice.
8. Demonstrate accurate, organized, concise documentation of health assessment findings.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.ca>.

TRANSFERABILITY: U of A NURS 125

Please note that a grade less than C+ is not accepted for transfer to the U of A for NURS125. A minimum grade of C+ is required to receive credit in NS1250.

***Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Assignments/ Course Components	Dates	Weight
1. Lecture/Lab Quizzes	Online due Mondays @ 1100 hr	10%
2. Midterm Exam	Feb 22 nd online time TBA	30%
3. Functional Assessment Case Study	March 27 th at 1200 hours	10%
4. Final Exam	During Exam week in April TBA	35%
5. Clinical Practice (Clinical Assessment Tool)	April 12 th @ 0800 submitted via email	15%

ASSIGNMENT DESCRIPTIONS

1) Lecture/Lab Pre-Quizzes: (10%)

The lecture pre-quizzes are completed on myClass. These pre-quizzes will be multiple choice and completed by students individually on myClass unless otherwise indicated. The content, timing, and frequency of the lecture quizzes are identified on the myClass site for each week. Missed pre-quizzes will be assigned a score of zero. There will be no deferred or make-up quizzes. The average of all pre-quizzes will be worth 10% of the final grade. Quizzes are open-book.

2) Midterm Examination (30%)

The midterm exam will be a computer-based exam using the online learning platform myClass administered over a 1-hour period and will be videoed. The exam will include content from lectures, required readings, and labs from Week 1 – Week 6 inclusive.

3) Functional Assessment Case Study (10%)

Students will complete a Functional Assessment Case Study as a homework assignment following the corresponding class. Students will submit a copy of the Functional Assessment Case Study in myClass for grading. Grading will be based on the depth and breadth of the student's answering the questions of the case study. Students are to complete this case study individually.

4) Final Examination (35%)

The final examination will be a computer-based exam administered during exam week via GPRC's online learning platform MyClass and will be videoed. The content is from midterm, and covers all lectures, required readings, and laboratory experiences. The exam will be composed of multiple choice, fill in the blank and possible matching questions. Accommodations will be granted if needed for students requesting changes in time or length of exam and at the instructor's discretion.

Deferred final examinations may be granted when an examination has been missed or interrupted because of illness, or a conflict with religious beliefs. In the case of illness (physical, mental or emotional), medical documentation will normally be required. See GPRC calendar for further information.

5) Clinical Practice (Clinical Assessment Tool) (15%)

A summative assessment of nursing practice will be completed by the student and the clinical instructor. This will be accomplished through observation, assessment and evaluation of the student during various clinical activities as well as the 3 Clinical Assessment Tool Activities students must complete during the clinical experience which are located on myClass. Students will complete the Clinical Assessment Tool at the end of the semester and the instructor will also provide comments in this tool.

Students will receive ongoing verbal and/or written feedback from the clinical instructor throughout the course in order to support learning. Feedback may be supplemental with input from peers, the staff of an agency, and the client.

Students will complete 3 (5) hour shifts for this course. These shifts will tentatively occur during the last 3 weeks of the course. Students will be evaluated for the 15% on the days that were completed. Dates and times do not change to submit the Clinical Assessment Tool.

Students must pass the Clinical Assessment Tool in order to receive credit in NS 1250. Students who are absent from clinical days may be unable to meet the course objectives and will be unsuccessful in this course.

Students at risk in any of the indicators on the Clinical Assessment Tool will develop a Learning Support Plan in collaboration with their Clinical Instructor. Students must successfully meet the Learning Support Plan by the agreed upon date. At final, students must achieve a "Pass" on all areas of the Clinical Assessment Tool in order to successfully complete NS1250. The Clinical Assessment Tool is on myClass.

GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor)

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	MINIMAL PASS
C	2.0	63 – 66	CREDIT NOT GRANTED FOR PROGRESSION IN BScN PROGRAM
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	
D	1.0	50-54	
F	0.0	0-49	FAIL
WF	0.0	0	Fail - Withdrawal after Deadline

The assignments are marked as raw scores according to the percentage weight assigned to each or provided with a grade.

The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below.

The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Disability Support Services: Learner Assistance Program If you have a documented disability or you think that you would benefit from some assistance from a disability's counselor, please call or visit the Disability Supports Office (780) 539-2722 to book an appointment. Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of GPRC. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at GPRC College.

Specialized Supports and Duty to Accommodate:

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of GPRC Policies. GPRC is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

COURSE SCHEDULE/TENTATIVE TIMELINE:

See myClass for tentative timeline.

STUDENT RESPONSIBILITIES:

CLINICAL PRACTICE PREPARATION

Professional responsibility for nursing students includes clinical practice preparation to evidence-informed practice and patient safety. Preparation includes appropriate understanding, synthesis, and integration of relevant knowledge. The clinical instructor, in conjunction with the clinical site, will identify appropriate timeframes for students to access patient records.

Clinical practice preparation is required in addition to direct course hours. Student who are not adequately prepared to provide safe and competent patient care will not participate in clinical activities.

LATE ASSIGNMENTS

It is expected that ALL assignments must be completed to obtain credit in the course. Assignments are expected to be passed in at the time and place they are due. Extensions

may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions.

A penalty of one letter grade for each calendar day that an assignment is submitted after the due date will be deducted from the final mark. For example, a paper marked as an A, would receive an adjusted grade of A- if handed in one day late. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

****Note:** all Academic and Administrative policies are available on the same page.

The course outline acts as an agreement between the student and instructor of this class regarding the details of the course.

Policy about course outlines can be found under the Course Requirements, Evaluation Procedures and Grading in the Grande Prairie Regional College Calendar 2020-21.

Grande Prairie Regional College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are urged to familiarize themselves with the provisions of Student Rights and Responsibilities and the Student Misconduct: Academic and Non-Academic and avoid any behaviour which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offense and can result in suspension or expulsion from the College.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with prior written consent of the instructor or as part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Student Rights and Responsibilities

[https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=69:](https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=69)

Student Misconduct Academic and Non-Academic

<https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68>

All online exams will be proctored by video via Zoom or Respondus Lockdown Browser and Respondus Monitor

Note: The [quizzes/midterm examination(s)/final examination] for this course must be taken online with the use of Respondus Lockdown Browser and Respondus Monitor exam proctoring software.

Students must download Lockdown Browser and Respondus Monitor will automatically start with [quizzes/examinations] through myClass. The proctoring software is a requirement to uphold academic integrity and is necessary to meet accreditation requirements.

Lockdown Browser and Respondus Monitor requires Windows or Mac desktop, laptop, or iPad platforms. Chromebooks, smart phones, and other tablets are not supported. If you do not have access to a Windows or Mac desktop, laptop or iPad, you can book a College PC via the GPRC App -> On-campus Reservations.

You can learn more about Respondus Lockdown Browser and Respondus Monitor here:

<https://web.respondus.com/lockdownbrowser-student-video/>. It is important to note that the software recordings are automated systems and are designed to be less intrusive than in-person proctors. The software is only running while you are signed in during your exam. The exam administrators only review the recordings after the exam is submitted and only if it was flagged due to suspicious activity.

The collection and use of your personal information is in accordance with the Freedom of Information and Protection of Privacy (FOIP) Act S. 33 (c) which states that “*No personal information may be collected by or for a public body unless that information relates directly to and is necessary for an operating program or activity of the public body.*” In addition S. 39 (4) states, “*A public body may use personal information only to the extent necessary to enable the public body to carry out its purpose in a reasonable manner.*”

If you are unable to complete your [quizzes/examinations] using the proctoring software you may request alternative accommodations to the online testing by contacting your instructor and the GPRC Testing Centre by telephone at 780-539-2212 to arrange to write your exam. Students must book their [quizzes/examinations] no less than 2-weeks in advance of the test date and students are choosing to write the [quizzes/examination] in the GPRC Testing Centre are responsible for the \$30 sitting fee.