

**Department of Nursing Education and Health Studies**

**Course Outline – Winter 2023**

**NS1250: Nursing Practice – Health Assessment & Nursing Process**

**4 (2-0-3) 75 Hours 15 Weeks**

**(Groups A3/B3/C3)**

*Northwestern Polytechnic respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.*

<b>INSTRUCTOR:</b> Course Lead	J. Wohlgemuth, RN., MN.	<b>PHONE:</b>	(780)539-2709
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<b>HOURS:</b>	By appointment		

<b>INSTRUCTOR:</b>	Dayna Walker, RN., BN.	<b>PHONE:</b>	(780) 539-2826
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<b>HOURS:</b>	By appointment		

<b>INSTRUCTOR:</b>	Alison Forest MN, RN	<b>PHONE:</b>	(780) 539-2784
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<b>HOURS:</b>	By appointment		

**CALENDAR DESCRIPTION:** Nursing Practice – Health Assessment & Nursing Process

The focus is on the health assessment of the adult and expected health assessment findings throughout the

lifespan. The course provides a beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care.

**PREREQUISITE(S)/COREQUISITE:**

Prerequisites: NS1500 and NS1205

Corequisites: MI1330 and NS1240

Note: Available only to Nursing students.

**REQUIRED TEXT/RESOURCE MATERIALS:**

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2019). Canadian fundamentals of nursing (6th edition). Milton, ON: Elsevier

Jarvis, C., Browne, A., McDonald-Jenkins, J. & Luctar-Flude, M. (2019). Physical examination & health assessment (3rd Canadian Edition). Toronto, ON: Elsevier.

Jarvis, C. & Tarlier, D. (2019). Student laboratory manual for physical examination and health assessment (3rd Canadian Edition). Toronto, ON: Elsevier.

American Psychological Association (APA) 7th edition.

[Canadian Nurses Association. \(2017\). Code of ethics for registered nurses.](#)

Department of Nursing Education and Health Studies. Graduate Competencies. (See MyClass)

[Department of Nursing Education and Health Studies. Undergraduate nursing program student handbook.](#)

**Required supplies**

- a. Stethoscope
- b. Penlight
- c. Watch with a second timing indicator
- d. Scrubs (While NWP scrubs are not required for labs their use is encouraged)
- e. Appropriate footwear
- f. Black pen
- g. Student Identification Card

**DELIVERY MODE(S):** (2-3) over 15 weeks

Lecture 2 hr/week Lab 3 hr/week

All components of this course are delivered in person at the GPRH HEC campus. Lecture will be in the classrooms, as indicated on the student schedule/section. Labs will be held in the various lab spaces.

## **COURSE OBJECTIVES**

This course provides the beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care.

## **LEARNING OUTCOMES**

Upon completion of this course, the student must be able to:

1. Understand the role of health assessment in nursing practice and patient care in all settings.
2. Develop and demonstrate the relationship of health assessment and assessment skills in the nursing process through understanding of subjective and objective data collection, validation of findings, and exploration of beginning phases for patient care.
3. Provide rationale underlying for assessment techniques for subjective and objective data collection.
4. Apply therapeutic communication skills to facilitate professional relationship building, conducting health history interviews, health promotion activities, risk reduction identification, and patient learning.
5. Describe and demonstrate a holistic approach to health assessment across the lifespan.
6. Acquire the skills of physical examination and demonstrate safe, competent patient assessments.
7. Demonstrate professionalism and ethical practice during health assessment and nursing practice.
8. Demonstrate accurate, organized, concise documentation of health assessment findings.

## **TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check to ensure the

transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.ca>.

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\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

## EVALUATIONS:

Assignments/ course components	Dates	Weight
1. Lecture Quizzes	Online due Sunday at 23:59	10%
2. Midterm	Week of Feb. 27 <sup>th</sup> – Mar. 3 <sup>rd</sup> , 2023, during scheduled <b>lecture</b> class time	30 %
3. Case Study	Week of Mar. 21-25	25%
4. OSCE	Will occur <b>during lab time</b> in week 13 of the course.	Pass/ Fail
5. Final Exam	As per NWP final exam schedule April 2023	35%

### 1. Lecture Pre-Quizzes:

The lecture pre-quizzes are completed on myClass. These pre-quizzes will be multiple choice and completed by students individually on myClass unless otherwise indicated. **The content, timing, and frequency of the lecture quizzes are identified on the myClass site for each week.** Missed pre-quizzes will be assigned a score of zero. **There will be no deferred or make-up quizzes.** The average of all pre-quizzes will be worth 10% of the final grade. Quizzes are open book.

### 2. Midterm Examination

The midterm exam will be a paper-based exam, written on scantron sheets. **Please ensure that you have HB pencils for the exam.** Accommodations will be granted if needed for students requesting changes in time or length of exam and at the instructor's discretion. This exam will include **content from lectures, required readings, and labs** from Week 1 – Week 7 inclusive.

### 3. Case Study

The student will complete a case study that will be provided for them along with all pertinent information. The student will be required to answer questions which require critical thinking and knowledge from prior learning, and from content learned in this course. The assignment will be initiated in class (lec or lab) during the week of Mar. 21<sup>st</sup> - 25<sup>th</sup>. The completed assignment and all notes associated with it will be submitted to instructor at the end of the class.

### 4. Final Examination

The final examination will be written in person during NWP exam week. This exam will be a paper-based exam, written on scantron sheets. **Please ensure that you have HB pencils for the exam. The content is from midterm, and covers all lectures, required readings, and laboratory experiences.** The exam may be composed of multiple choice, fill in the blank and matching questions. Accommodations will be granted if needed for students requesting changes in time or length of exam and at the instructor's discretion. Deferred **final examinations** may be granted when an examination has been missed or interrupted because of illness, or a conflict with religious beliefs. In the case of illness physical, mental or emotional), medical documentation will normally be required. See NWP calendar for further information.

### 5. Objective Structured Clinical Examination (OSCE)

OSCEs to be tested will be based on one of the health assessments learned during the course. It is designed to test clinical skill performance and competence in a range of skills. It is a practical, real-world approach to learning and assessment. OSCEs are pass/fail. To pass NS1250, the student will be required to pass the OSCE. A total of 3 attempts to pass an OSCE are permitted. The 3 attempts include the initial OSCE test and no more than 2 OSCE re-tests. All OSCE re-testing must be completed by the end of the course to receive a pass in NS1250. If the student is unsuccessful in passing the OSCE after 3 attempts; the student will be deemed unsuccessful in the course.

## GRADING CRITERIA

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

### GRADING CRITERIA:

Nursing courses require a **minimum of 67% (C+) pass on all components** to pass the nursing course. The assignments are marked as raw scores according to the percentage weight assigned to each or provided with a grade. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The **FINAL COURSE GRADE** is based on the cumulative total of individual student's weighted assignment marks. **Final course grade must be a C+ to pass the course.**

### SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Disability Support Services: Learner Assistance Program If you have a documented disability or you think that you would benefit from some assistance from a disability's counselor, please call or visit the Disability Supports Office (780) 539-2722 to book an appointment. Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of NWP. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Northwestern Polytechnic.

#### Specialized Supports and Duty to Accommodate:

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of NWP Policies. NWP is obligated by legislation to

provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

### **COURSE SCHEDULE/TENTATIVE TIMELINE:**

See myClass for tentative timeline.

### **LATE ASSIGNMENTS**

It is expected that **ALL assignments must be completed** to obtain credit in the course. Assignments are expected to be passed in at the time and place they are due. Extensions may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. A letter grade will be deducted for each calendar day late.

### **STUDENT RESPONSIBILITIES:**

#### **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at [Official Academic Calendar | Northwestern Polytechnic \(nwpolytech.ca\)](#) or the College Policy on Student Misconduct: Plagiarism and Cheating at [NWP Policies | Northwestern Polytechnic \(nwpolytech.ca\)](#)

\*\*Note: all Academic and Administrative policies are available on the same page.