

**University of Alberta Collaborative Baccalaureate
Nursing Program
with
Grande Prairie Regional College**

Course Outline

NS 2100

**Professional Nursing
Credits 3(3-0-0)**

Fall 1996

**Time: Tuesday 1900-2150
Room: E306A**

Faculty

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**Nursing 2100 Lecture A2
Fall 1996**

NS 2100 - Professional Nursing

3(3-0-0) Focuses on the profession of nursing, including historical perspectives, roles, functions, and strategies; levels of organization; models of nursing, and trends in the health care system. Factors influencing health practices across the lifespan will also be examined.

Course Intent

This course is designed to challenge students to reflect and think critically and creatively about the practice of nursing. You bring to this class a number of different backgrounds in nursing and the intent is to build upon this foundation and expand your horizons through reading and discussing current and future trends in nursing and health care, as well as by sharing your own past experiences. We will focus on the nursing profession's criteria for generating quality care to our clients and the constraints and incentives upon the nursing profession's ability to function. Reference will be made to other courses in order to help you understand how the curriculum is designed to enhance your learning.

COURSE OBJECTIVES:

The student will be given the opportunity to

1. develop an increased understanding of the multiple roles of the nurse and the context in which nursing is practiced,
2. explore and analyze factors that influence the nursing profession and nursing practice.
3. engage in the process of critical and creative thinking.
4. demonstrate an ability to use skills of scholarship in verbal presentations, interactions, and in written assignments.

Course Expectations

Preparation for and participation in class discussions.
Completion of all assignments as outlined.

REQUIRED TEXTBOOKS

- American Psychological Association. (1994). Publication manual of the American Psychological Association (4th ed). Washington, DC: Author.
- Canadian Nurses Association. (1987). A definition of nursing practice/standards for nursing practice. Ottawa: Author.
- Leddy, S., & Pepper, J. (1993). Conceptual bases of professional nursing, (3rd ed.). Philadelphia: J.B. Lippincott.

RECOMMENDED TEXTBOOKS

- Canadian Nurses Association. (1991). Code of ethics for nursing. Ottawa, ON: Author.
- Kerr, J., & MacPhail, J. (1996). Canadian nursing: Issues and perspectives, (2nd ed.). Toronto: McGraw-Hill Ryerson.
- Nightingale, F. (1969). Notes on nursing: What it is and what it is not. New York: Dover Publications Inc.

Course Assignments

Assignment # 1	Practice Scenario	35%	due October 8, 1996
Assignment # 2	Concept Analysis	20%	due November 5, 1996
Assignment # 3	Paper	35%	due December 3, 1996
Assignment #4	Participation	10%	due December 3, 1996

NS 2100 - PROFESSIONAL NURSING

CLASS SCHEDULE

<u>WEEK</u>	<u>PROPOSED TOPIC</u>
1	<p>Sept. 10</p> <p>Overview of the Course Videoconferencing as a method of instruction Assignments and evaluation methods</p>
2	<p>Sept 17</p> <p>Nursing as a Profession Professionalism: What it is and what it is not -attributes of a profession -what does profession mean? Standards and scope of practice Ethics and legalities</p>
3	<p>Sept. 24</p> <p>Decision-making Critical thinking, reflective thinking -an attitude of inquiry -clinical judgement -ways of knowing -elements of expert knowing (Benner)</p>
4	<p>Oct. 1</p> <p>Models of decision-making -practice sessions</p>
5	<p>Oct. 8</p> <p>Nursing Models Is it necessary to organize nursing knowledge? The "bits" of knowledge - logic or chaos The relationship of a body of knowledge organized by theory and the claim of professionals</p>
6	<p>Oct. 15</p> <p>Models, theories and conceptual frameworks -different ways nursing knowledge has been organized</p>
7	<p>Oct. 22</p> <p>Canadian Health Care System -evolution of the Health Care System -the changing patterns of nursing education and practice -Canadian Health Acts and provincial laws related to health care</p> <p>Alberta Health Care Reform -goals, plans, outcomes and implications for practice</p>

- 8 Oct. 29 **Health Care Reform**
-Guest from the regions speaking to the relevance of their business plans and a discussion of the implications for nursing
- 9 Nov. 5 **Primary Health Care**
Health promotion
National and International perspectives
- 10 Nov. 12 **Research based practice**
How is it implemented?
Where does it fit with health reform?
Should we return to the master/jourmeyman/apprentice method of practice?
- 11 Nov. 19 **Debate**
Issues to be determined.
- 12 Nov. 26 **Outcome measures of nursing**
The place for nursing informatics
- 13 Dec. 3 **Where do we go from here?**

NURSING 2100 - PROFESSIONAL NURSING Assignments

All assignments, except when specified, should be typed and follow APA format as outlined in:

American Psychological Association. (1994). Publication manual of the American Psychological Association (4th ed). Washington, DC: Author.

Assignment #1 Practice Scenario due October 15, 1996

Part 1: Develop the scenario

Describe a scene or situation that involved you and a client/patient. (The situation might cover a few minutes of intensive interaction or a much longer time period. There is no restriction on time and place.) Describe the setting, situation, persons involved and the activities that were taking place. This does not need to be as fully developed as a case study, therefore lists of medications, treatments, diagnostic tests etc. are not required. (3-4 pages).

Part 2: Analyze the scenario

Discuss what you perceived was happening in the situation. What was the role of the client? What was the role of the nurse? What guided the practice of the nurse (**NOT** routine or I've always done it that way)? (2-3 pages)

Part 3: Evaluate the scenario

Provide an abstract label (concept) for each of the various activities identified in the scenario which became your guideline for practice. Provide support from the literature as to the appropriateness of the chosen label (ie: definition and description). Discuss the match or mismatch between the label (concept) you chose and the way the concept is supported in the literature. (4-5 pages).

****The paper should be a maximum of 10-12 pages, excluding title page, references and appendices (if used).**

Assignment # 2 Critical Analysis of Concept due November 5, 1996

Select two of the concepts that were discussed in Assignment #1 and develop a critical analysis of the concepts. Compare and contrast the different ways in which the concept is used and form a judgement about the reasons for any differences. Indicate how any problems of interpretations might influence your future readings in the area.

****The paper should be a maximum of 10 pages, excluding title page and references.**

Assignment # 3 Paper due December 3, 1996

Maintaining nursing standards is a professional responsibility in the Alberta Health Care Delivery System. You are asked to prepare a discussion paper for your colleagues that will

- a) compare and contrast nursing standards developed by the C.N.A. and the A.A.R.N.;
- b) explain the possible outcomes of using different definitions of the term "standard"; and
- c) provide four examples of how a nursing standard can be used from the scenario developed for Assignment #1

**The paper should be a maximum of 8 pages, excluding title page and references.

Assignment #4 Self-Evaluation of Participation due December 5, 1995

Each student is expected to complete selected assigned readings and contribute to class discussions.

Although the final decision of grade rests with the course instructor, to encourage development/refinement of skill in self-evaluation, students will provide a proposed grade and a brief rationale (maximum 1 page) to support the grade for this assignment. The evaluation you submit should include comments about your preparation, attendance and contribution to class discussions in general.