

**DEPARTMENT OF NURSING EDUCATION AND HEALTH
STUDIES**

COURSE OUTLINE –Fall 2022

NS2220 (A2/B2/C2): Indigenous Health in Canada – 3 (3-0-0) 45 Hours / 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:
Alise Rombs

PHONE: 780-538-2897

LOCATION:
HEC347

EMAIL: arombs@nwpolytech.ca

OFFICE HOURS:
By Appointment.

FALL 2022 DELIVERY:

In person Delivery. This course is delivered on campus. There are onsite requirements. There are no required resources for this course. Technological support is available through helpdesk@gprc.ab.ca
Note: NWP reserves the right to change the course delivery.

CALENDAR DESCRIPTION:

This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action, and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary and critical perspective, with a focus on health and well-being.

Lecture: 3 hours/week

Seminar: 0

Lab:0

REQUIRED TEXT/RESOURCE MATERIALS:

There are no required textbooks to buy for this course. There will however be a list of readings and other resources for you to access each week on the myClass site along with the required resource listed below:

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Retrieved from <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en>

College and Association of Registered Nurses of Alberta. (2011). *Primary health care: Vision, roles, and opportunities*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5_14

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_ProfessionalBoundaries_May2011.pdf

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses*. Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards_Jan2013.pdf

DELIVERY MODE(S): On GPRH NWP Campus.

COURSE OBJECTIVES:

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.

COURSE EVALUATIONS:

Assignments/Course components	Dates	Weight
Weekly quizzes – content will be tested from the assigned weekly readings and class preparation activities. Quizzes must be completed by the Sunday of the last class of the week by 11:59PM. Ex// The first quiz will be due on September 18th and will apply to the content of the week of September 12-16 th .	Due by Sunday at 11:59PM, each week of the course starting Week 3.	20%
Weekly Discussion Forums – Students will engage in a weekly discussion forum. <i>The intention of the forum is to display acquisition of knowledge, application of concepts, critical thinking, and insight in relation to the content presented each week.</i> The forum posting will be due each week on Sunday by 11:59pm.	Due by Sunday at 11:59 pm, each week of the course starting Week 3.	25%
COIL Project -Nursing students will interact with students from Australia virtually to learn about Indigenous Health and how to provide culturally safe care. OR Indigenous Healthcare Assignment -Students will submit a written assignment on a current issue Indigenous people are facing within the healthcare system and propose probable solutions to start closing the gaps for Indigenous people within the healthcare system.	October 3, 17, 24	10%
In-Class Presentation Project Proposal Due on Sunday November 20th (10% of grade) Group Presentation (25% of grade)	Present during Week 15	10% 25%
Class Participation: Be present and active in each class, participate in large class and smaller group discussions.	Weekly	10%

ASSIGNMENT DESCRIPTIONS:

1. Weekly Quizzes 20%

Content will be tested from the assigned weekly readings and class preparation activities. The quizzes will be completed on myClass and each student will independently complete the quiz to consolidate their class learning for the week.

2. Weekly Reflection / Discussion Forums 25%

Being able to reflect is essential to nursing practice. Students will engage in a weekly discussion forum. The intention of the forum is to display acquisition of knowledge, application of concepts, critical thinking, reflection, and insight in relation to the content presented each week. The guiding and/or reflective prompts/questions will help you to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada and consider how this learning will change your nursing practice.

3. COIL Project OR Indigenous Healthcare Assignment 10%

Decision on Option 1 or 2 needs to be submitted to course instructor by Wednesday September 24, 2022 by 1600h.

COIL Project: NWP nursing faculty in partnership with Holmesglen Institute in Melbourne, Australia have created an Indigenous Health Module for nursing students focusing on cultural safety, communication, Indigenous Health, and social determinants of health. Students will participate in a newly developed virtual reality/simulation created and produced in partnership with Indigenous students and actors from NWP and area.

Nursing students will interact with students from Australia virtually to learn about Indigenous Health and how to provide culturally safe care. Many of the concepts learned in your NS2220 course will apply to this scenario. It's a great opportunity to create friendships and learn a bit more about Australian culture.

To receive credit for this portion of the assignment, students will complete the following:

- Independently complete the pre-readings and activities
- Independently watch the Indigenous Health virtual reality/simulation module
- Attend all three of the virtual global classrooms*
- Complete a group activity with Australian student(s) to present

Students must attend all three virtual global classrooms to participate in this assignment

The Virtual Global Classroom Dates and Times are as follows:

1. Monday October 3rd 1700-1900
2. Monday October 17th 1700-1900
3. Monday October 24th 1700-1900

Students upon completion of the three virtual global classrooms will receive a certificate that can be presented to your instructor as proof of completion.

Indigenous Healthcare Assignment:

This assignment is the alternate option for those who do not choose to participate in the Indigenous COIL project. This assignment is to assist students in acquiring a deeper understanding of health issues Indigenous people face within the healthcare organization and solutions that can aid in closing those gaps for Indigenous people within Canada.

- Each student will research a current issue Indigenous people have faced from the gaps within a healthcare system. The student will find a current Canadian news article or research publication on a current health inequity encounter an Indigenous person has faced and provide 4 solutions to how nurses can help break the barriers and close the gaps within the healthcare system for Indigenous peoples.
- Assignment will include 3 sections in your own words: description of the incident related to health inequity, your opinion as to why the incident occurred within the healthcare system and 4 solutions to how nurses can assist to change the outcome of the incident if future occurrences were to take place.
- Minimum 1000 words to a maximum of 1300 words required. APA 7th edition formatting including title page and reference page for citing event source.

4. In-Class Presentation: 35%

In your groups you are asked to create and present on the topic you have selected. The digital presentation should either be in the form of an electronic poster, a photovoice, a video and/or PowerPoint on an issue relevant to Indigenous health in Canada. Your presentation may address any number of different issues as long as they fall within the concepts discussed throughout the course in sections (**Family dynamics, culture, spirituality, stress and coping, interpersonal violence, patient education, collaboration, health equity, health care organizations**). Your presentation will include the following:

- **Proposal (10%)** - The proposal will be one page in length following the formatting guidelines available on MyClass. The purpose of the proposal is to provide a concise description of the topic or issue your presentation will address, the goals of the presentation and on how you will present your work (presentation). Literature must be integrated. If a proposal is judged to be underdeveloped, you may be asked for a revised copy to be submitted. In such case the original mark will not be modified.
- **Presentation (25%)** - The 10 minute presentation must demonstrate your group's ability to integrate relevant resource materials (exll photographs, graphs, brochures, etc.) to engage your audience and have them develop a deeper understanding of your topic/issue. The presentation will be evaluated for content, presentation, and creativity. Rubric for grading is posted to myClass.

5. Class Participation: 10%

- The instructor will assign a grade based on individual student classroom participation. The parameters include being present and active in each class, participating in large class and smaller group discussions.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE: Please refer to the myClass page for class schedule.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.nwpolytech.ca/about/administration/policies/index.html>

**Note: all Academic and Administrative policies are available on the same page.