

DEPARTMENT of NURSING EDUCATION & HEALTH STUDIES

COURSE OUTLINE – Winter 2024

NS 2240 (A3/B3): Foundations in Nursing III

3 (3-0-0) 45 Hours/15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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|----------------------|-------------------------------------|----------------|-----------------------|
| INSTRUCTOR: | Alison Forest MN, RN | OFFICE: | HEC 358 |
| | | PHONE: | 780-539-2784 |
| | | E-MAIL: | aforest@nwpolytech.ca |
| OFFICE HOURS: | Appointments available upon request | | |

CALENDAR DESCRIPTION:

The focus on evidence informed assessment and management of health challenges in both episodic and chronic illness. Aligns with concepts from NS 2160 and NS 2240 intentional clinical learning activities.

PREREQUISITE(S): NS2200, NS2210

COREQUISITE: NS2160, NS2250

REQUIRED TEXT/RESOURCE MATERIALS:

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2019). Canadian fundamentals of nursing (6th edition). Milton, ON: Elsevier

American Psychological Association (2019). Publication Manual of the American Psychological Association

Giddens, J. F. (2021). *Concepts for Nursing Practice* (3rd ed). St. Louis, MO: Elsevier

Ignatavicius, D. (2021). Developing clinical judgement for professional nursing and the next-generation NCLEX-RN examination. (1st ed.) Elsevier.

Jarvis, C. (2019). *Jarvis physical examination & health assessment* (3rd Canadian Edition). Toronto, ON: Elsevier.

Lewis, Dirksen, Heitkemper. (4th Ed) - *Medical surgical nursing in Canada* (2019)

Pagana, K., Pagana, T.J., & Pike-MacDonald, S.A. (Eds.). (2018). *Mosby's Canadian manual of diagnostic and laboratory tests*. Toronto, ON: Elsevier

Potter, Perry, Ostendorf & Cobbett (2020) *Canadian Clinical Nursing skills & techniques*, Mosby.

Urden, L. D., Stacy, K. M., & Lough, M. E. (2022). *Critical care nursing: Diagnosis and management* (9th ed.). Elsevier/Mosby.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online NCLEX prep resource. The EAQ will assist students with preparing to write the NCLEX-RN registration exam. This resource will provide students with a 36-month online review/prep course to use as they progress through the BScN program.

DELIVERY MODE(S): On campus lecture, face to face instruction.

LEARNING OUTCOMES:

Upon completion of this course the student must be able to:

1. Implement the nursing process based on key evidence-informed data with clients experiencing episodic and chronic health challenges across the lifespan
2. Build relational nursing practice and inquiry skills/abilities;
3. Explain the Registered Nurse's role in managing clients with episodic and chronic illness;
4. Examine safety as a foundational concept in nursing practice;
5. Analyze the relationship between ethics and nursing practice.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS (see rubrics at the end of course outline):

| Assignment | Percentage of Final Mark | Date Due |
|------------|--------------------------|----------|
|------------|--------------------------|----------|

| | | |
|------------------------------------|-----|------------------------------------------------|
| Participation in Discussion Forums | 20% | Due weekly: Mondays A3 Tuesdays B3 |
| Midterm | 25% | A3- February 26, 2024 B3- February 27, 2024 |
| Elsevier Adaptive Quizzing | 20% | April 12, 2024 @ 2359 |
| Final Exam | 35% | TBA |

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit IF your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|--|-------------|--------------------|-----------------------|
| A+ | 4.0 | 95-100 | | C+ | 2.3 | 67-69 |
| A | 4.0 | 85-94 | | C | 2.0 | 63-66 |
| A- | 3.7 | 80-84 | | C- | 1.7 | 60-62 |
| B+ | 3.3 | 77-79 | | D+ | 1.3 | 55-59 |
| B | 3.0 | 73-76 | | D | 1.0 | 50-54 |
| B- | 2.7 | 70-72 | | F | 0.0 | 00-49 |

COURSE SCHEDULE/TENTATIVE TIMELINE:

| Schedule | Topic |
|-------------------------------|-----------------------------------------|
| Week 1 - January 8/9, 2024 | Course Orientation; Addiction & Anxiety |
| Week 2 - January 15/16, 2024 | Clinical Judgement & Intro to Orem |
| Week 3 - January 22/23, 2024 | Fluid & Electrolytes |
| Week 4 - January 29/30, 2024 | Acid-Base Balance |
| Week 5 - February 5/6, 2024 | Perfusion |
| Week 6 - February 12/13, 2024 | Intracranial Regulation |
| Week 7 - February 19-23, 2024 | Reading Week |
| Week 8 - February 26/27, 2024 | Midterm |

| | |
|-----------------------------|------------------------------------|
| Week 9 - March 4/5, 2024 | Hormonal Regulation & Reproduction |
| Week 10 - March 11/12, 2024 | Cellular Regulation |
| Week 11 - March 18/19, 2024 | Palliative Care |
| Week 12 - March 25/26, 2024 | Adherence & Self Management |
| Week 13 - April 1/2, 2024 | Caregiving |
| Week 14 - April 8/9, 2024 | Final Exam Study Week |

STUDENT RESPONSIBILITIES:

Students should refer to the following link for Northwestern Polytechnic policies regarding Student Rights and Responsibilities.

<https://www.nwpolytech.ca/about/administration/policies/fetch.php?ID=69>

Furthermore, all pertinent Academic and Administrative policies can be found at the link below.

<https://www.nwpolytech.ca/about/administration/policies/>

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

Participation in Discussion Forums Rubric

| POINTS CRITERION | 5 | 4 | 3 | 2 | 1 |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| Writing and Fluency of Posts /5 pts. | All forum posts are thoughtful, complete, well written and on time. | Most forum posts are thoughtful, complete, and well written and on time. | Some forum posts are well written, but some are lacking in completeness, thought, and /or writing quality or are late. | Most forum posts are late, lacking in completeness, thought, and/or writing quality. | All forum posts are late and/or lacking in completeness, thought, and/or writing quality. |
| Initial Posting Content /5 pts. | Substantive, comprehensive comments reflect exceptionally written, exceptionally thoughtful, independent commentary on the proposed topic and is supported by a variety of credible resources. | Well-written commentary supported by credible resources. Content delivered to address main question and good attempts at further analysis are made. | Analysis of the main concept evident yet post lacks breadth and depth. Ideas are reasonably clear and generally supported by some facts, examples, analogies, statistics, etc. but remain incomplete. | Ideas are extremely limited or hard to understand. The student shows little evidence of understanding the topic under discussion and has difficulty differentiating main ideas from supporting details. | Postings are incomplete or missing. Student struggles to support ideas with evidence. |
| Engagement in Discussion | The student initiates and actively sustains inquiry the | Shows attention to other posts in the thread however relies on the | The student minimally attends to the discussion contributing | The student makes irrelevant or distracting statements. | The student does not contribute to the discussion. |



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| <p>/5 pts</p> | <p>dialogue with thoughtful and reflective comments and questions.</p> <p>The student invites contributions from others as needed.</p> <p>Replies to others indicate that the student understands the content.</p> <p>The student engages in a variety of points of view.</p> | <p>momentum of the group to motivate inquiry.</p> <p>Incorporates and acknowledges ideas of others in attempt to advance the discussion through introduction of new, supporting, and/or contradicting information from credible sources.</p> | <p>little new knowledge or ideas and/or avoids engaging in various points of view. The student participates in the group but does little to involve others or encourage others to think critically.</p> | <p>Some comments are unconstructive and non-courteous.</p> <p>Discussion does not take into consideration the ideas/comments by the group; there is little attempt at collaborative thinking.</p> | |
| <p>Sources/APA</p> <p>/5 pts</p> | <p>Excellent variety of sources; cites multiple types of sources.</p> <p>All sources cited can be considered reliable and/or trustworthy.</p> <p>Formatting and/or citations are correct in the document.</p> | <p>Good variety of sources; types of sources varied. Most sources cited can be considered reliable and/or trustworthy.</p> <p>There are a few formatting and/or citation errors in the document.</p> | <p>Adequate variety of sources; sometimes uses variety of sources. Some sources can be considered reliable and/or trustworthy.</p> <p>There are some formatting and/or citation errors in the document.</p> | <p>Poor variety of sources; uses only one type of source. Few sources cited can be considered reliable and/or trustworthy.</p> <p>There are many and/or frequent formatting and/or citation errors in the document.</p> | <p>No variety of sources; uses personal opinion as primary source. Little or no reliable and/or trustworthy sources cited.</p> <p>There is little or no adherence to APA citations and/or formatting in the document.</p> |

TOTAL: /20

EAQ Expectations NS 2240

Description: 20% Grade

The EAQ is an assessment tool that contains exam style questions and is used to help students both succeed in their courses and to study effectively for the NCLEX. The goal is to achieve mastery through practice. In 2nd year the goal is to achieve a Mastery Level of 1 “Novice”.

To fulfil the requirements for the EAQ in NS 2240, students will log onto Evolve and open the course titled Elsevier Adaptive Quizzing: EAQ for NCLEX-RN Exam (36 Month) (eCommerce Version), 4th Edition, no marks will be allocated for students not working within this course.

To open the assignments, click on Assignments in the left-hand column of the course. There are four assignments that you need to be working in that have **Perfusion, Fluid & Electrolytes, Intracranial Regulation & Palliative** as their first name in the title of the assignment:

Students are expected to achieve a Mastery Level of **Novice** in each of the assignments posted for the 4 topics. Students need to achieve a Mastery Level of Novice in all 4 topic assignments to get full marks. However, if all four topics are not attempted, no marks will be allocated even if Mastery Level of Novice is achieved in other topics.

Note that answering questions correctly will facilitate levelling up more quickly. You can log in as much as you like before the due date of April 12, 2024.

Requirements for marks towards the final EAQ grade are as follows:

| | |
|----------------------------------|------------------------------------------------------------------------------------------------------------|
| 0 Marks | Did not attempt all four topics and/or did not achieve novice mastery in any topic |
| 5 Marks | All four topics were attempted and achieved Mastery level ‘Novice’ in <u>1</u> of the topics |
| 10 Marks | All four topics were attempted and achieved Mastery level ‘Novice’ in <u>2</u> of the topics |
| 15 Marks | All four topics were attempted and achieved Mastery level ‘Novice’ in <u>3</u> of the topics |
| 20 Marks (Full Marks) | All four topics were attempted and achieved Mastery level ‘Novice’ in <u>4</u> of the topics |

Students are encouraged to work on EAQ questions **throughout the semester**. No marks will be awarded after the due date.