



**UNIVERSITY OF ALBERTA
COLLABORATIVE BACCALAUREATE
NURSING PROGRAM**
Grande Prairie Regional College
Grant MacEwan Community College
Keyano College
Red Deer College
University of Alberta

NURSING 2910

**COURSE OUTLINE
Fall, 1999**

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Nursing 2910 Course Outline

NURS 2910**Nursing Practice III**

*7 (0-3s-28)(either term)

Nursing practice will focus on restoration, rehabilitation and support of clients with chronic and less acute variances in health across the life span. Practice will occur primarily in primary level acute care centres and continuing care agencies.

Instructor: Liz Richard
H215
539-2754

COURSE HOURS:

Lecture/Seminar: 21 Lab/Clinical: 196

Seminar: Fridays 1000-1200

Office hours: Fridays 1200-1300

Lab: Friday 1300-1600 or as scheduled on timetable

COURSE DESCRIPTION:

This course will provide opportunities for students to continue to participate in health promotion and primary prevention activities while focusing on restoration, rehabilitation and support. Nursing practice will include health assessment and intervention with clients with less acute and chronic variances in health. The student will experience nursing practice over a continuous block of time in institutional settings providing primary care, e.g. med/surg units, day or short stay surgery, subacute units, continuing care or rehabilitation units.

COURSE OBJECTIVES:

Upon completion of Nursing 2910, the nursing student will be able to:

1. Apply nursing knowledge as well as knowledge from other disciplines (research, models and theories) related to bio, psycho, socio, and spiritual factors to nursing practice with clients experiencing chronic and less acute variances in health.
2. Demonstrate application of legal and ethical standards in nursing practice settings by: support of colleagues, decision making, incorporating clients' values, beliefs, and rights within the social mandate and the role of the professional association.

3. Demonstrate professional behaviors in nursing practice (respect, communication, responsibility, self awareness)
4. Demonstrates openness and receptivity to change and an attitude of inquiry in nursing practice.
5. Apply concepts related to health promotion, primary prevention, support, restoration, rehabilitation, palliation, and death in selected practice settings with clients by:
 - demonstrating safe nursing practice
 - coordinating client care using clinical judgment, critical thinking, and innovation
 - beginning use of mobilization of formal and informal power
 - understanding of diversity and ambiguity.
6. Demonstrate beginning ability to interact with and develop collaborative partnerships with clients, nurses, and members of other disciplines, displaying valuing, caring, compassion and respecting autonomy.
7. Demonstrates competence in selected skills: communication and informatics, assessment (physical, psychological, family, community), psychomotor, and teaching.

LEARNING EXPERIENCES AND EVALUATION:

In order to pass NS 2910, students must demonstrate safe, ethical nursing practice, professional behaviour, acquire a passing grade in the Direct Clinical Observation and complete the following experiences and assignments.

Nursing Practice

Nursing practice will be evaluated by means of the following:

1. **Learning Plan:** **Value 20%**

Students will develop a learning plan to guide their nursing practice in NS 2910. (See guideline at end of course outline)

Learning plans enable students to combine selected learning objectives for the course with their own learning objectives and consideration of their own particular learning style and areas of interest. **The intent of the learning plan is to explore personal learning objectives. Learning opportunities which students can reasonably expect will happen during the during of the clinical experience would not become part of the learning plan.**

A learning plan is the agreement between the student and the tutor specifying what the student intends to learn, how this will be accomplished, the time frame for meeting the

objectives and the methods by which achievement of the objectives will be measured. An approach which can be used in developing a learning plan is to use the major headings of the DCO (form): professional development, helping relationship, knowledge, skills and nursing practice.

The learning plan is intended to enable to the student to work through the steps of assessing, planning, implementing, and evaluating the learning process. The steps of the process are to :

- provide the student with an opportunity to individualize learning within the framework of the objectives for the course. **The learning plan does not repeat the course objectives;**
- allow students to determine learning objectives in view of their own perception of their strengths and areas for improvement;
- identify strategies for meeting the objectives;
- identify evaluation strategies.

The student will provide evidence to support how the goals outlined in the learning plan have been met through the use of reflective journaling.

A. Reflective Journal

Components of this will include:

1. Reflection on the impact of clinical experience on personal and professional growth.
2. Possible modifications to future practice.
3. Integration of research/discussion papers to support reflections in the journal. Each week you will be expected to read and reflect on **at least one reading** related to the clinical issues you are documenting in your journal.

****Please see the marking guideline provided for further assistance.

*******Submission of the learning plan is required on November 9. Please hand in your learning plan with each journal submission. Journal submissions are due each week. Missing or late journal submissions will be subject to a 2% penalty.**

2. Direct Clinical Observation Value 50%

This will be accomplished through observation of the student during nursing practice in the clinical setting. Observations will be made by the instructor and will be supplemented with input from peers, the staff of the clinical setting, and the client.

A formative and written summative evaluation will be completed by the student and

instructor. A passing grade in the Direct Clinical Observation is needed in order to receive a passing grade in the course and promotion.

A. Essential:

Over the 7 weeks students will have a continuous experience in an institutional setting which will include:

Students are expected to implement previously learned nursing skills

1. Care of adults or children with chronic or less acute variances in health.
 - a) Assessing mental and physical health status of client and family.
 - b) Providing nursing care using a nursing model.
 - c) Developing appropriate psychomotor skills:
 - Students will have completed labs for selected skills prior to performing skills in practice. (See Labs)
 - Students will demonstrate competence with skills specific to their clinical environment as needed.
 - d) Participating in the client experience during pre and post medical or surgical procedure.(e.g. follow through)
 - e) Participation in client education.
 - f) Participating in discharge planning/referral from institutional setting:
 - liaise with home care nurse where possible
 - follow up visit with client at home (assessment, client education). May include a telephone follow up or home visit.
2. Collaborate with clients, family, nurses and members of other disciplines.

B. Suggested:

1. Involvement with specific projects within institutional-based practice.

3. Assignment:

Value 30%

a) Application of Nursing theory/model in Nursing Care Plan

Develop a nursing care plan applying a nursing theory/model for a client with chronic or less acute variances in health. This includes plans for care while the client is in the institution as well as the follow up visit to the client's home where assessment and client education occurs.

Summary of Evaluation:

	Value
1. Learning Plan	20%
2. Direct Clinical Observation	50%
3. Assignment	30%