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**University of Alberta**  
**Collaborative BScN Program**  
Grande Prairie Regional College  
Keyano College  
Red Deer College  
University of Alberta

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## Department of Nursing Education and Health Studies

### NS 2950 Winter I (Sections AC1, AC2, A3 )

#### 2013 - 2014 Course Outline

January 7, 2014 to February 28, 2014

#### **INSTRUCTORS:**

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Originally developed by the Clinical Experience Development Committee

Revised by the Learning Experiences Development Committee, April 2010

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Approved: May 2010

# Nursing 2950 Course Outline

## CALENDAR STATEMENT:

**NURS 2950 Nursing Practice IV** \*7 (fi 14) (either term, 3-25c-3 in 7 weeks).

Practice focuses on restoration, rehabilitation and support (including health promotion and disease prevention) of clients with chronic and less acute variances in health across the life span. Practice occurs in homes or in community-based settings. Prerequisites: NURS 140, 150, 1900, 1910, 1940, 1950 and MMI 133. Pre- or corequisite: NURS 2900.

**COURSE HOURS:** LEC: 0 SEM: 21 CLINICAL: 175 LAB: 21

## COURSE SCHEDULE:

NS 2950 runs from January 7, 2014 to February 28, 2014

Clinical Schedule	Seminar Schedule
<b>Days: Mon, Tues, Weds, Thurs</b>	<b>Days: Fridays</b>
<b>Hours:</b> <b>Post partum 2South 0700 - 1500</b> <b>Public Health 0830 - 1630</b> <b>Labor and Delivery 0700 - 1500 or 1500 - 2300</b> <b>Pediatrics 3South 0700 - 1900</b> <b>NICU 0700 - 1900</b>	<b>Hours: 0830h to 1120h</b>
<b>Place: Grande Prairie clinical agencies as assigned</b>	<b>Room: B304</b>

## WITHDRAWAL DATES:

Last day to withdraw with a refund: January 21, 2014

Last day to withdraw with permission: February 3, 2014

## COURSE DESCRIPTION:

This course will provide opportunities for students to continue to participate in health promotion and primary prevention activities while focusing on restoration, rehabilitation and support. Nursing practice will include health assessment and intervention with child-bearing families. In addition, opportunity to participate with support and/or prevention programs/projects for clients of any age in relation to chronic and less acute variances in health may occur. The student will experience nursing practice over a continuous block of time in community-based settings and in homes and some acute care experiences related to child-bearing families.

## COURSE OBJECTIVES:

### Levels of Independence

In evaluating objectives, the following levels of independence will be used:

**With assistance:** The student requires direction and information.

**With minimal assistance:** The student requires *occasional* direction and information.

**With guidance:** The student requires clarification, prompting and confirmation.

**With minimal guidance:** The student requires *occasional* clarification, prompting and confirmation.

**Independently:** The student works mostly on his or her own and seeks information, clarification and consultation as appropriate.

**Direction:** Clinical tutor tells the student what to do, about what steps to take.

**Information:** Clinical tutor tells the student specifics about a concept or topic.

**Clarification:** Clinical tutor, through questioning and feedback, assists the student to state their information in a different and clearer way, often with more details. The student asks questions to increase their understanding; questions asked demonstrate a sound knowledge base.

**Prompting:** Clinical tutor provides the student with a cue that answer is incomplete or incorrect and how to resolve the lack of information. A prompt is broader than a hint. Prompting is generally used to add breadth or depth.

**Confirmation:** Clinical tutor provides positive feedback for correct information and direction provided by the student.

**Consultation:** The student provides clinical tutor with information and/or direction and asks specific questions about the information or direction which the instructor confirms.

**Occasional:** The clinical tutor provides input every now and then.

## **Objectives**

Overarching statements:

Students are responsible to familiarize themselves with *Graduate Competencies and Year Outcomes (with Cross Reference to courses) 2010-2011*. Attention must be given to the competencies that are identified as being relevant to NURS 2950.

Students must regularly refer to the document entitled *Graduate Competencies and Year-End Outcomes Condensed Version 2010-2011*. Attention must be given to the Year 2 Column. This document serves as the basis for the evaluation of students' clinical practice.

All students must practice in a manner that is consistent with:

- CARNA Nursing Practice Standards (2003) and all other CARNA standards
  - The CNA Code of Ethics for Registered Nurses (2008).
1. Demonstrate, with assistance, the processes of self-directed learning, critical thinking, and group process in utilizing context-based learning, in all learning activities.
  2. Demonstrate, with minimal assistance, the ability to practice in accordance with Year 2 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version 2010-2011*.
  3. Demonstrate, with minimal assistance, the ability to use professional and therapeutic communication skills to collaborate with healthy clients, clients experiencing chronic or less acute variances in health across the life span in community based setting, homes, and some acute care centres.
  4. Demonstrate, with minimal assistance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing chronic or less acute variances in health.

5. Demonstrate, with minimal assistance, the ability to manage health promotion and primary prevention activities using advanced therapeutic/interpersonal communication skills, health counseling skills, and teaching and learning principles.
6. Demonstrate, with minimal assistance the ability to perform intermediate health assessments skills with healthy individuals across the lifespan in the context of family within a community, and demonstrate with assistance the ability to perform basic assessment of the childbearing family.
7. Demonstrate, with minimal assistance, the ability to engage in evidence-based practice.
8. Demonstrate the ability to integrate knowledge into clinical practice.

## **REQUIRED RESOURCES**

1. Working Definitions
2. Map of Theoretical Labs, Clinical Labs and Clinical Seminars
3. Graduate Competencies and Year-end Outcomes
4. Grade Descriptors
5. Other site-specific resources

## **RECOMMENDED RESOURCES**

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed., 3rd printing). Washington, DC: Author.

Balzer-Riley, J. (2008). *Communications in nursing* (6th ed.). Toronto, ON: Mosby.

Chow, J., Ateah, C. A., Scott, S. D., Ricci, S. S., & Kyle, T. (2012). *Canadian Maternity and Pediatric Nursing*. Philadelphia: Lippincott, Williams, & Wilkins.

e-dose software

Nursing Drug Guide or e-CPS or Phone app.

Potter, P.A., Perry, A.G., Ross-Kerr, J.C., & Wood, M.J. (2010). *Canadian fundamentals of nursing* (revised 4th ed.). Toronto, Ontario: Elsevier Mosby.

Stephen, T.C., Skillen, D.L., Day, R.A., & Jenson, S. (2012). *Canadian Jensen's Nursing Health Assessment: A Best Practice Approach*. Philadelphia: Lippincott, Williams & Wilkins

Sylvestri, L. A., (2014). *Saunders Comprehensive Review for the NCLEX-RN Examination (6th ed.)* St. Louis, MO: Elsevier Saunders

## OPTIONAL TEXTS:

Ackley, B. J., & Ladwig, G. B. (2011). *Nursing diagnosis handbook: An evidence-based guide to planning care* (9<sup>th</sup> ed.). St. Louis: Mosby.

Perry, S. E., Cashion, K., Lowdermilk, D. L., & Alden, K. R. (2012). *Clinical companion for maternity & newborn nursing* (2<sup>nd</sup> ed.). St. Louis: Mosby, Inc.

## REQUIRED LEARNING EXPERIENCES (METHOD OF DELIVERY)

**In order to pass NURS 2950, students must demonstrate safe ethical nursing practice, professional behaviour, and complete the following experiences. Students are expected to implement previously learned nursing skills.**

1. During this course, students will have a continuous experience in community-based practice and in homes and some acute care settings. Students will participate in nursing care of child-bearing families, health promotion programs, prevention programs, birthing and post-partum experiences.
2. Participate in site-selected labs (see 'Map of Theoretical Labs, Clinical Labs and Clinical Seminars').
3. Participate in a client experience during birthing, post-partum. If a live birthing experience is not available, a birthing film or simulation will be utilized.
4. Participate in health promotion activities in a public health setting.
5. Observe and/or participate during a Well Baby Clinic.
6. Utilize the CFAM/CFIM model.
7. Perform an assessment on a newborn.
8. Collaborate with clients, family, nurse, community members and members of other disciplines.

## SUGGESTED OPTIONAL LEARNING EXPERIENCES (site specific)

1. Observe and/or participate during the immediate post-partum home visit.
2. Participate in a prenatal, labour and delivery, and post-partum follow-through experience.
3. Participate in a prenatal class.
4. Participate in community support activities organized by the health unit, if available.
5. Participate in immunization programs.
6. Observe and/or participate in health team meetings.

## REQUIRED EVALUATION

**Nursing practice must be evaluated** using the Evaluation of Nursing Practice (ENP) tool (70%). A written **Reflective Journal** will be incorporated with the ENP, see full description of Journal assignment under **COURSE WORK and DUE DATES**.

- To encourage the development of self-reflective practice, it is recommended that client preparation, reflective practice, nursing care and learning plans be evaluated through discussion during the clinical day and post conference.

#### **Evaluation of student's clinical performance:**

**A formative and written summative Evaluation of Nursing Practice will be completed by the student and the tutor.**

This will be accomplished through observation, assessment, and evaluation of the student during nursing practice. Evaluations will be made by the tutor and may be supplemented with input from peers, the staff of an agency, and the client. Tutors are directed to refer to the current Evaluation of Nursing Practice document from the Evaluation Strategies Committee.

- **Formative Evaluations will occur throughout clinical and a written summative evaluation of Nursing Practice will be completed by the student and the instructor at the end of each clinical area. See ENP posted on Moodle.**
- **Students must complete an ENP at the end of each clinical area (Postpartum, Public Health). Your ENP grade will be assigned at the end of the rotation in consultation with both NS 2950 instructors.**

**Final Evaluations (ENP) will be held on February 28, 2014.**

- **The ENP grade will be an AVERAGE of your performance in all Maternal/Child areas of practice including Postpartum, L & D, Pediatrics, NICU, and Public Health settings.**

**Students MUST pass the ENP in order to pass the course. If you receive a grade of "F" in any of the ENP criteria it constitutes a "clinical failure" on the ENP, as the student has then shown unsafe, unprofessional, or unethical nursing practice.**

#### **PROGRESSION CRITERIA:**

- A. Students must complete theory and practice components of nursing courses to receive credit. **Students who have not received a pass in the clinical/laboratory portion of a nursing course are not given credit for the course and must repeat both the clinical and non-clinical portions of the course. The clinical component must be completed for credit to be granted.**
- B. A student who is absent **more than two clinical days** in one clinical nursing course may need to make up lost time at the tutor's discretion before being allowed to continue in the program. **Absences from the clinical site may result in the instructor's being unable to evaluate the student's clinical performance, resulting in a grade of F.**

- C. Whenever a student's clinical performance is considered marginal in a nursing course, the student's total academic and clinical performance in the program is reviewed at the end of each term and considered in determining continuation in the program.
- D. An instructor, in consultation with the Chair, may immediately deny assignment of a student; withdraw a student from; or vary terms, conditions or a site of a practicum/clinical placement if the instructor has reasonable grounds to believe that this is necessary in order to protect the Public Interest.

**Unsafe clinical practice is behavior that places the client or staff in either physical or emotional jeopardy. Physical jeopardy is the risk of causing physical harm. Emotional jeopardy means that the student creates an environment of anxiety or distress which puts the client or family at risk for emotional or psychological harm. Unsafe clinical practice is an occurrence or pattern of behavior involving unacceptable risk.**

Scanlan, J. M., Care, W. D., & Gessler, S. (2001). Dealing with the unsafe student in clinical practice. *Nurse Educator*, 26 (11), 23-27

## **COURSE WORK and DUE DATES**

### **1. Reflective Journal (Incorporated into ENP)**

**Due Date: February 7, 2014**

For the purposes of this assignment, students will be required to choose ONE INCIDENT that occurred in any of the NS 2950 experiences. It is not intended to be a commentary of a clinical shift, but rather an experience that allows you to "gain an understanding of how cognitive and personal experiences have contributed" to your own knowledge, experience and clinical practice (ie: reflective nursing practice).

This journal will be used as part of your ENP and will not be given a formal grade.

It is an expectation that this journal will be **2-4 pages type written**. You may or may not choose to relate your experiences to the literature. Journals must be submitted in APA format. Please maintain patient/staff confidentiality when writing your journal.

**Here are some questions that may help you to write your journal:**

1. What happened? What were the facts?-Be objective
2. What was my role in the incident?
3. What are the feelings and senses you had surrounding the incident?
4. What did you do?
5. How did you feel about your choices? Why?
6. What was the setting that you were in?
7. Were there any extenuating circumstances that contributed to the incident?
8. What were the important elements that surrounded the incident? Were you part of the problem, part of the solution or a by-stander in the incident?
9. What preceded and what followed the incident?
10. What did I learn from the incident?
11. What would I teach my peers if they were in a similar situation?

Ibarreta, G.I., & McLeod, L. (2004).Thinking aloud on paper: An experience in journal writing.  
*Journal of Nursing Education, 43*(3), 134-137.

Patton, J., & Woods, S. (1997). Enhancing the clinical practicum experience through journal writing.  
*Journal of Nursing Education, 36* (5), 238-240.

**2. Knowledge Synthesis Assignment (30%)**

The purpose of this assignment is to integrate current research/evidence into nursing practice. A clinical practice question related to maternal/child nursing care will be identified and developed. A literature review will be conducted, and the results of the literature review will be synthesized and integrated into an evidence informed nursing care strategy based on the clinical practice question. The student will share the results of their knowledge synthesis with the clinical group. This will be in the form of a presentation which uses Power Point, it is expected that the student will present in a professional manner.

**Assignment Guidelines:**

- 1) Identification and development of a clinical practice question related to maternal / child nursing care.
- 2) Literature review: Conduct a literature review which will be used to answer your clinical practice question. Sources must be peer reviewed, current (no older than 5 years), and directly related to your clinical practice question.
- 3) Knowledge Synthesis: Discover what each source from the literature review states in relation to your clinical practice question. You must consider the type of study (quantitative or qualitative), who the sample population is, how many were in the study, is it peer reviewed, does it support or refute current clinical practice, what are the pro's or con's in implementing the current evidence into your nursing care.
- 4) Integration of Evidence to Nursing Practice, consider the following:
  - Would my nursing practice decisions be supported by the evidence I have discovered?

-How would I integrate the evidence into my practice, describe what client care would look like.

The assignment is to include a written component which will include the above assignment guidelines. As well you must demonstrate an understanding of what evidence informed nursing practice is and how it impacts nursing care. The written component will be in APA format, with a requirement of 8 to 12 pages of written content (limit does not include title page, or reference page).

The presentation component will be in the form of a Power Point in which you establish what your clinical practice question is, illustrate the findings from your literature review, and discuss how this evidence would inform your nursing practice.

Marking rubric is available online.

**Students must submit their clinical practice question for feedback and approval prior to the start of their assignment no later than 0830 on January 24th, 2014.**

**Students are expected to submit both their written assignment and PowerPoint presentation on the due date.**

Each student will have **20 minutes** to present their knowledge synthesis assignment in a **PowerPoint format**.

You will also design a **Peer Evaluation Tool** that you will pass into your instructor on the day of your presentation. You will have your Peers evaluate your presentation using this tool.

**All student assignments must be passed in on the same day. Students will sign up and present on one of the two scheduled seminar days.**

<b>Research Assignment Components:</b>	<b>Due Dates:</b>
Clinical Practice Question for feedback	January 24th at 0830
Knowledge Synthesis Assignment and PowerPoint Due [pass in a printed copy]	February 7th at 0830 (All students)
Research Presentations are scheduled	February 7th and February 14th during Seminar

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**In order to pass NURS 2950, students must demonstrate safe, ethical nursing practice; professional behavior; complete every one of the required activities [Reflective Journal, Research Assignment, Clinical Practice, and Evaluation of Nursing Practice (ENP)]; and acquire a passing grade in the Evaluation of Nursing Practice (ENP).**

**EVALUATION CRITERIA**

**Final Grade Assignment**

Each assignment in the course will be given an alpha grade according to the grading criteria for each assignment. Grades for each assignment will be converted into a 4-point equivalent. This number will then be multiplied by the weighting of the assignment to determine a score. The scores for each assignment will be added together for a total score in the course. This total score will then be used to determine the final alpha grade in the course. If you have any questions or concerns, please see your tutor / instructor for more information.

<b>GRADING CONVERSION CHART</b>			
<b>ALPHA GRADE</b>	<b>PERCENTAGE CONVERSION (%)</b>	<b>4-POINT EQUIVALENT</b>	<b>DESCRIPTOR</b>
<b>A+</b>	95 – 100	4.0	Excellent
<b>A</b>	90 – 94.9	4.0	
<b>A-</b>	85 – 89.9	3.7	Very Good First Class Standing
<b>B+</b>	80 – 84.9	3.3	
<b>B</b>	75 – 79.9	3.0	Good
<b>B-</b>	70 – 74.9	2.7	
<b>C+</b>	66 – 69.9	2.3	Satisfactory
<b>C</b>	63 – 65.9	2.0	
<b>C-</b>	60 – 62.9	1.7	
<b>D+</b>	55 – 59.9	1.3	Poor
<b>D</b>	50 – 54.9	1.0	Minimal Pass
<b>F</b>	0 – 49.9	0.0	Failure

WF	0	0.0	Fail Withdrawal after the deadline
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**Students may receive a grade of D or D+ in an assignment, but must have an overall grade of C- to achieve a passing grade in a nursing course.**

**TRANSFERABILITY:**

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

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<b>POLICIES and STUDENT RESPONSIBILITIES</b>
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**Nursing Program Policies and Dates:**

Please refer to the 2013-2014 Grande Prairie Regional College Calendar and the University Of Alberta Collaborative Baccalaureate Nursing Program with Grande Prairie Regional College Student Handbook for specific nursing program policies and dates.

**PROFESSIONAL DRESS:**

Students are expected to abide by the dress code of the particular agency where their clinical experience is taking place.

**\*\*\*All students will wear a Grande Prairie Regional College picture ID.**

**Attendance**

Attendance at orientation, labs, and clinical is expected; absence will jeopardize successful completion of the course.

**Labs and OSCE's**

Students are expected to wear scrubs to all labs. You will not be permitted to wear scrubs to other classes. A 10 minute allowance will occur at the end of the lab to allow time for changing clothes.

**LATE ASSIGNMENTS:**

- All assignments and course evaluation strategies are required to be completed by the time and date specified in the course outline, or as otherwise negotiated with the instructor.
- Extensions of the time specified for submission may be granted in case of illness or extenuating circumstances. Extensions must be negotiated with the instructor prior to the required submission time and date.

A penalty will be imposed for all late assignments and course evaluation strategies. If the instructor is unable to open electronic copy of an assignment on the due date, the assignment will be considered late. One Letter Grade per calendar day will be deducted from the total value of the assignment for each class day the assignment is late. For example, an assignment valued at B+ and handed in one calendar day late, will be valued at a B.

### **STATEMENT ON PLAGIARISM AND CHEATING:**

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Conduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/programs/viewcatalog.1.-1.14.html> \*\*Note: all Academic and Administrative policies are available on the same page