



DEPARTMENT of Nursing Education & Health Studies

COURSE OUTLINE – WINTER I - 2018

NS3100: Mental Health Nursing Practice AC1/AC2/S1 – 6 (0-3-24) 189 Hours in 7 Weeks

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CALENDAR DESCRIPTION:

Students will have opportunity to apply concepts of mental health nursing to the care of individuals experiencing acute and chronic alterations in mental health in hospital or community settings.

PREREQUISITE(S)/COREQUISITE:

Prerequisites: NS2015, NS2025, NS2150

Corequisite: NS3090

REQUIRED TEXT/RESOURCE MATERIALS:

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Austin, W. & Boyd, M. A. (2015). *Psychiatric & mental health nursing for Canadian practice* (3rd ed.). Philadelphia, PA: Lippincott Williams & Wilkins.

Balzer Riley, J. (2012). *Communication in nursing*. (7th ed.). Philadelphia: Elsevier Mosby Saunders.

DELIVERY MODE(S):

Clinical and Seminar Hours

COURSE OBJECTIVES:

Students are responsible to familiarize themselves with *Graduate Competencies and Year-End Outcomes (with Cross Reference to Courses)*. Attention must be given to the competencies that are identified as being relevant to NURS 3100.

1. Describe, understand and articulate an understanding of theory related to key patient safety concepts including communication, teamwork, environmental and human factors, safety risks and adverse events disclosure.
2. Describe, understand and articulate an understanding of theory related to patient centered care and interdisciplinary practice.
3. Demonstrate, with guidance, the processes of self-directed learning, critical thinking, and group process in context-based learning, in a variety of community and/or acute care settings.
4. Demonstrate, with minimal assistance, the ability to practice in accordance with Level 3, Senior 1 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version*.
5. Demonstrate, with guidance, competence in the assessment, planning, implementation and evaluation of nursing interventions in the provision of care to clients experiencing alterations in mental health.
6. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing acute and chronic mental health alterations, in a variety of community and/or acute care settings.
7. Demonstrate, with minimal assistance, the ability to use professional and therapeutic communication skills to collaborate with clients (child/adolescents to older adults) experiencing chronic or less acute variances in mental health.
8. Demonstrate, with minimal guidance, competence in ability to interact with and develop collaborative partnerships with other members of the health-care team and members of the community.
9. Demonstrate, with guidance, the ability to engage in evidence-based practice.
10. Demonstrate the ability to integrate knowledge into clinical practice.

LEARNING OUTCOMES:

1. Demonstrate safe nursing practice
2. Apply models and theories relevant to nursing practice
3. Integrate cultural, legal, social and ethical implications into nursing care
4. Apply principles of primary health care, health promotion and injury prevention, and the social determinants
5. Apply professional and therapeutic communication skills
6. Practice interprofessional competencies
7. Apply the nursing process in collaboration with the client
8. Access and assess information to guide nursing practice
9. Address social justice considerations
10. Recognize trends and issues in mental health/addictions in various settings

TRANSFERABILITY:

UA NURS 310

NS3100 is considered part of the block transfer to the University of Alberta after Year 3. Students must receive a minimum grade of C- in this course and maintain a GPA of 2.0 to be considered for block transfer.

Although we strive to make the transferability information in this document up-to-date and accurate, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferralberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

****** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability when not part of the GPRC/U of A block transfer.

EVALUATIONS:

1. Nursing practice is evaluated using the Evaluation of Nursing Practice (ENP) tool.

ENP - 80%

- To encourage the development of self-reflective practice, relevant clinical experiences, reflection on practice, nursing care, and learning goals will be evaluated through discussion in weekly seminars and in field notes.
- Significant learning experiences that challenge or confirm student assumptions, values, and beliefs related to mental health will occur in three (3) reflective journals that will be incorporated into the ENP.
- Evaluation of student's clinical performance:
 - A formative and written summative Evaluation of Nursing Practice will be completed by the student and the instructor at the end of the course (see Course Syllabus for more information).
 - Mid-term and final evaluation meetings will be set with the assigned field guide and student for discussion about student progress and learning.

Evaluation will be accomplished through observation (direct or indirect) assessment and evaluation of the student during nursing practice. Evaluations will be written by the instructor and may be supplemented with input from peers, field guides, the staff of an agency, and/or the client.

2. Therapeutic Communication Assignment - 20%

Option A: Therapeutic Interaction Assignment

*For students who have practicum sites in Alberta Health Services locations

Purpose: The purpose of this assignment is for the student to observe, document, assess, and evaluate a therapeutic interaction by a health care professional with a client. As well, the student will have the opportunity to discuss with the HCP about their thoughts, feelings, and rationale about the communication techniques used during the interaction.

Option B: **Process Recording**

*For students who are permitted to make a digital recording of a client interview

Purpose: The purpose of the process recording is to systematically analyze a therapeutic interaction with a client

3. Safe Medicate - **Pass/Fail**

- Year 3 students will be tested on:
 - Essential Skills (adults and pediatrics)
 - Advanced skills: pediatric body-weight based calculations
 - Advanced skills: intermittent infusions
 - Advanced skills: continuous infusions
- a. If a student does not achieve 90% in any of the tested modules, they will re-write the test for that module.
- b. Students will have 3 opportunities to achieve 90% in all medication math calculation exams.
- c. If a student is not able to achieve 90% after the third attempt, they will not be able to attend the clinical course and may be asked to withdraw from the program after review by Student Academic Review Committee (SARC).
- d. If a student returns to the nursing program after a program interruption, and a different medication calculation program has been instituted, the student will be responsible for purchasing the new program and writing the medication math calculation exam that is being currently used.

Evaluation Strategies	Value	Due Date or Writing Date
Self-evaluation of Nursing Practice (ENP)	80%	February 16 th , 2018 at 16:00 hrs
Evaluation of Nursing Practice (ENP)		March 2, 2018 by appointment
Therapeutic Communication Assignment	20%	February 15 th , 2018 at 08:00 hrs

GRADING CRITERIA:

GRADING CONVERSION CHART			
ALPHA GRADE	PERCENTAGE CONVERSION (%)	4-POINT EQUIVALENT	DESCRIPTOR
A+	90 - 100	4.0	Excellent
A	85 - 89.9	4.0	
A-	80 - 84.9	3.7	Very Good First Class Standing
B+	77 – 79.9	3.3	
B	73 – 76.9	3.0	Good
B-	70 – 72.0	2.7	
C+	67 – 69.9	2.3	Satisfactory
C	63 – 66.9	2.0	
C-	60 – 62.9	1.7	
D+	55 – 59.9	1.3	Poor
D	50 – 54.9	1.0	Minimal Pass
F	0 – 49.9	0.0	Failure
WF	0	0.0	Fail Withdrawal after the deadline

COURSE SCHEDULE/TENTATIVE TIMELINE:

WEEK 1	Orientation according to orientation schedule	
WEEK 2	Orientation continues – Mon-Wed am Tours: Wednesday afternoon (Varies according to site) January 12 th , 2018 last date to add/drop a course	Seminar: Friday 1130-1420
WEEK 3	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1130-1420
WEEK 4	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1130-1420
WEEK 5	Clinical: Monday – Thursday (Varies according to site) February 7 th , 2018 – last date to withdraw with permission	Seminar: Friday 1130-1420
WEEK 6	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1130-1420
WEEK 7	WINTER BREAK, NO CLASSES, Enjoy!	
WEEK 8	Clinical: Monday – Thursday (Varies according to site)	Seminar: Friday 1130-1420

STUDENT RESPONSIBILITIES:

NS3100 is comprised of clinical days and weekly seminars. Attendance is required for all components of the course. In order to pass NS 3100, students must demonstrate safe ethical nursing practice, professional behaviour, and complete the following experiences:

1. During this course, students will have a continuous experience in an institutional or community setting that includes nursing practice with adults or children experiencing chronic or acute variances in mental health and/or addiction.
2. Engage in therapeutic communication and analyse therapeutic communication techniques using evidenced-based practice and theory.
3. Participate in health promotion.
4. Collaborate with clients, family, nurses and members of the interprofessional health team.

LATE ASSIGNMENT POLICY:

All assignments are to be passed in at the time and place they are due. Extensions on assignments may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. A penalty of a letter grade for each working day an assignment is submitted after the due date will be deducted from the final grade. For example, a paper scored at B+ would receive an adjusted grade of B if handed in one day late. If the assignment is passed in after a weekend, the weekend will count as one working day. When submitting assignments electronically, they are to be submitted in the assignment box on Moodle.

February 7th, 2018 – last date to withdraw with permission

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism are serious offenses at GPRC. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <http://www.gprc.ab.ca/about/administration/policies/>

****Note:** all Academic and Administrative policies are available on the same page.