

**GRANDE PRAIRIE REGIONAL COLLEGE  
COLLABORATIVE COURSE OUTLINE: NURSING 3190**

**Nurs 3190 - Developmental Assessment**

\*3 (either term, 3-0-0). Focuses on theories of human growth and development and assessment of individuals and families throughout the life span.

**Development Team:**            **Dorothy Eiserman, PhD**  
   **Dawn Zimmer, B.Sc.N.**

**MINIMUM COURSE HOURS:**

**Classroom: 39**

**Clinical: 0**

**Laboratory: 0**

**COURSE DESCRIPTION:**

Introduction to growth and development and its relevance for nursing. Focus is on theories of human growth and development and application of these theories to the assessment (understanding) of physical, cognitive, psychosocial and spiritual development from conception to death. Cultural and individual variations will be explored.

**COURSE OBJECTIVES:**

1. Identify the principles of psychosocial, physical, cognitive and spiritual growth and development and their relevance to nursing.
2. Identify growth and development assessment tools and explain their application to nursing.
3. Discuss the impact of past influences and development on the individual's subsequent development throughout the life span.
4. Describe various theoretical perspectives of the process and nature of human development across the life span.
5. Predict how biological, environmental and lifestyle stressors affect growth and development.
6. Demonstrate an awareness of cultural and individual variations throughout the life span.

**COURSE EVALUATION CRITERIA**

	<b>Mark</b>
■ A Journal detailing observations of different ages and stages	20%
■ Midterm Multiple choice exam	20%
■ Group Presentation based on a family scenario	30%
■ Final exam	30%

## STUDENT PROGRESSION CRITERIA

2.

### Grading System (9 point grading system)

9	90-100%	Excellent. First class standing.
8	80-89%	Excellent. First class standing.
7	72-79%	Good. Second class standing.
6	65-71%	Pass. Good. Second class standing.
5	57-64%	Pass (Failure for Nursing).
4	50-56%	Pass (Failure for Nursing).
3	45-49%	Failure.
2	26-44%	Failure.
1	0-25%	Failure.

**FOR A SUCCESSFUL COMPLETION IN ALL NURSING COURSES, A GRADE OF "6" IS REQUIRED.**

### REQUIRED TEXTBOOK:

Craig, G. J. (1992). Human development (6th ed.) Englewood Cliffs: NJ: Prentice-Hall.

### LEARNING EXPERIENCES AND RESOURCES:

- Field observations
- Introduction to selected assessment tools

### REFERENCES:

Backer, B. A. , Hannon, N. R. & Russel, N. A. (1994). Death and dying: Understanding and care, (2nd ed.). New York: Delmar Publishers Inc.

\*\*\*Murray, R. B. & Zentner, J. P. (1993). Nursing assessment & health promotion strategies through the life span, (5th ed.). California: Appleton & Lange.

Novak, M. (1995). Aging & society: A Canadian reader. Ontario: Nelson Canada.

Rice F. P. (1995). Human development : A life-span approach. (2nd ed.). New Jersey: PrenticeHall Inc.

\*\*\*Santrock, J. W. (1994). Child development. (6th ed.). Dubuque: W.M.C. Brown & Benchmark..

\*\*\*2 COPIES OF EACH TEXT ON RESERVE IN THE LRC\*\*\*

**SCHEDULE 3190**

3.

<b>Date</b>	<b>Lecture</b>	<b>Assignment/Exam</b>
Sept. 7	Course Introduction Development: Perspective, Processes and Research methods Principles of growth and development	Introduction to Journals
Sept. 14	Theories of Human Development	
Sept. 21	Development- Student Self-study	
Sept. 28	Review of Development Ages and Stages	
Oct. 5	Impact of Culture, Family, Heridity, Environment, Psycho- Social, and Cognitive Development, Temperament, and Attachment	
Oct. 12		Midterm Exam/Journals due
Oct. 19	Cognition and Language Learning/Mental Abilities	
Oct. 26	Introductions to Group Presentations Group work day	
Nov. 2	Motives and Morals Death and Dying	
Nov. 9	Family and Lifestyle	
Nov. 16	Gender Roles and Sexuality	Journals due
Nov. 23	Family Presentations	
Nov. 30	Family Presentations	
Dec. 7	Significance of Growth and Development for Nurses Summary Course Evaluation	
TBA		Final Exam