

## Department of Nursing Education & Health Studies

### COURSE OUTLINE – Winter 2024

**NS3230 (B2, L2, BC1, BC2): Community Nursing Through the Lifespan**  
**6 (3-0-3) 180 Hours for 6 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

|                     |   |  |
|---------------------|---|--|
| <b>Instructors:</b> | <b>Karen Oostra MSN, RN, (CCNE)</b><br>(Course Leader)  | <b>Eleni Hansen MN, RN, IBCLC</b>                                |
| <b>Classes:</b>     | <u>Lecture:</u> Mondays 08:30-11:20<br><u>Lab:</u> Mondays 13:00-15:50<br><u>Clinical:</u> Obstetrics Unit 31<br>GPRH<br>Wednesday/Thursday (07:00-18:50) | <u>Clinical:</u> Community/Rural<br>Tue/Wed/Thu (08:30-16:45)    |
| <b>Phone:</b>       | (780) 539-2715  | (780) 539-2045   |
| <b>Office Hours</b> | <i>Please Email for Appointment</i>   |  |
| <b>Email:</b>       | <a href="mailto:koostra@NWPolytech.ca">koostra@NWPolytech.ca</a>  | <a href="mailto:ehansen@NWPolytech.ca">ehansen@NWPolytech.ca</a> |

### CALENDAR DESCRIPTION:

The course covers theories, ethics and evidence-informed approaches to community health nursing including primary health care, population health, health maintenance and promotion, and disease and injury prevention. It includes exploration of concepts of community- based assessment, planning, intervention and evaluation with community-as-client. The practicum portion of the course includes a variety of community settings. Nursing practice will include health assessment and interventions for clients throughout the lifespan and care continuum. Note: Available only to Nursing students.

**PREREQUISITE(S)/COREQUISITE: NS2160, NS2240 and NS2250**

**REQUIRED TEXT/RESOURCE MATERIALS:**

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online NCLEX prep resource. The EAQ will assist students with preparing to write the NCLEX-RN registration exam. This resource will provide students with a 36-month online review/prep course to use as they progress through the BScN program.

Keenan-Lindsay, L., Sams, C. A., O'Connor, C., Perry, S. E., Lowdermilk, D. L., Cashion, M. C., & Alden, C. R. (2022). *Perry's maternal child nursing care in Canada* (3rd ed.). Elsevier.

Stamler, L. L., Yiu, Dosani, A., Etowa, J., Van Daalen- Smith, C. (2020). *Community health nursing: A Canadian perspective* (5<sup>th</sup> ed.). Pearson Canada

Ignatavicius, D. (2021). *Developing Clinical Judgment for Professional Nursing and the Next-Generation NCLEX-RN Examination*. Elsevier

All previously required textbooks and resources will be used as reference throughout the program. Please retain your copies as they may be required in future courses.

**DELIVERY MODE(S):** Attend On Campus, In-person (Lecture, Lab, & Clinical)

**LEARNING OUTCOMES:**

Focused learning for working with childbearing families:

1. Demonstrate safe, ethical, and collaborative practice with childbearing families in diverse settings.
2. Demonstrate performance of selected health assessment skills with;
  - a. Women during pre-conception, pregnancy, birth, and post-partum
  - b. Newborns/infants
3. Demonstrate integration of evidence-informed knowledge from previous and concurrent nursing courses in the clinical/lab/ simulation setting.
4. Demonstrate clinical reasoning, application of the nursing process and implementation of a plan of care for:
  - a. Childbearing family experiencing the holistic process of pregnancy, birth, and post-partum
  - b. Childbearing families experiencing complications during pregnancy, birth, and early infancy
5. Demonstrate documentation and communication of assessments and nursing care in accordance with nursing practice standards.

Focused Learning in the community:

1. Explore, apply, and integrate theory, ethics, and evidence informed approaches for community health nursing.
2. Identify, integrate, and practice primary health care, population health, health promotion and maintenance, and illness and injury prevention approaches with the community as the client.
3. Explore and practice the nursing process in a community context and setting.
4. Practice and integrate health assessment and nursing interventions for clients throughout the lifespan and care continuum within a community context.
5. Articulate and perform, as appropriate, the role of the community health nurse in promoting the health of individuals, families, groups, communities, and populations.

### TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

### EVALUATIONS:

*\*Students must receive an overall minimum of C- in the Graded components, **as well** as a PASS in the clinical portion to receive credit for NS 3230*

*\*All evaluation components of the course must be completed **PRIOR TO** being permitted to write the final*

| Assignments/Course Components      | Due dates   | Weight   |
|------------------------------------|---|--|
| 1) Knowledge Checks                | <b>Due by 23:59</b><br>#1 January 14, 2024<br>#2 January 21, 2024<br>#3 January 28, 2024<br>#4 February 4, 2024<br>#5 February 11, 2024 | 40% (5 X 8 % each)   |
| 2) Assignment-Community Assessment | February 9, 2024 @ 23:59  | 20%  |
| 3) EAQ Questions                   | February 16, 2024 @ 23:59   | 10%  |
| 4) Final Case Study/NCLEX Style    | February 16, 2024<br>(available after class Feb. 12)  | 30%  |
| 5) Clinical Assessment Tool (CAT)  | Midterm CAT<br>January 26, 2023 @ 23:59<br>Final CAT<br>February 16, 2024 @ 23:59   | PASS/FAIL<br><i>Must receive a PASS in all sections of the CAT</i> |
| 6) Safe Medicate                   | January 8, 2024 @ 1030  | Must achieve 90% or greater in a maximum of 3 attempts             |

- 1. Weekly Knowledge Checks:** To be completed on myClass and/or EAQ. Includes content from Lecture, Lab & Posted materials
- 2. Assignment:** Community Assessment (*Appendix A*).
- 3. EAQ Questions:** To be completed on Elsevier EAQ platform (*Appendix B*)
- 4. Final Case Study/NCLEX Style**
- 5. Clinical Assessment Tool- CAT (Pass/Fail)**

A formative assessment of nursing practice will be completed by the student and instructor midway through the course. This will be accomplished through observation, assessment, and evaluation of the student in various activities. Feedback may be supplemented with input from peers, the staff of the agency, and the clients. The instructor will provide the student with a formative verbal or written evaluation at the midpoint of the course and a summative written final evaluation at the end of the course.

At “midterm” students who receive an “At Risk” in any of the indicators on the Clinical Assessment Tool will develop a Learning Support Plan in collaboration with their Clinical Instructor. Students must successfully meet the requirements of the Learning Support Plan by the agreed upon date. Under the ‘*Professionalism*’ category, students must meet these objectives at a level of ‘*Independence*’ to be receive a “PASS” in the course. Failure of this objective may result in being unsuccessful at any time during the rotation.

#### **GRADING CRITERIA:**

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|-------------|--------------------|-----------------------|
| A+          | 4.0                | 95-100                | C+          | 2.3                | 67-69                 |
| A           | 4.0                | 85-94                 | C           | 2.0                | 63-66                 |
| A-          | 3.7                | 80-84                 | C-          | 1.7                | 60-62                 |
| B+          | 3.3                | 77-79                 | D+          | 1.3                | 55-59                 |
| B           | 3.0                | 73-76                 | D           | 1.0                | 50-54                 |
| B-          | 2.7                | 70-72                 | F           | 0.0                | 00-49                 |

#### **COURSE SCHEDULE/TENTATIVE TIMELINE:**

| Week               | Lecture/Lab   |
|--------------------|---|
| January 8-11, 2024 | <ul style="list-style-type: none"> <li>Course Orientation/Clinical Orientation</li> </ul> |

**Class #1**  
**January 15-18, 2024**

- Knowledge Check #1 prior to class
- Maternal & fetal adaptations and assessment prenatal to postpartum
- Healthy Labor & Delivery process

**Class #2**  
**January 22-25, 2024**

- Knowledge Check #2 prior to class
- Pregnancy at risk
- Labour & Birth at Risk
- Newborn Adaptations and assessment
- Family adaptations and bonding
- Infant feeding

**Class #3**  
**January 29-February 1, 2024**

- Knowledge Check #3 prior to class
- Nursing families from Infant to adolescent Ages and Stages
- Community Health Nursing practice
- Immunization and Screening
- Health promotion & education within the community settings

**Class #4**  
**February 5-8, 2024**

- Knowledge Check #4 prior to class
- Epidemiology & Contact Tracing
- At-risk populations

**Class #5**  
**February 12-15, 2024**

- Knowledge Check #5 prior to class
- Postpartum & Newborn complications
- EAQ questions due
- Final Case Study/NCLEX Style distributed.

\*Tentative Schedule/Subject to change

## **STUDENT RESPONSIBILITIES:**

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the BScN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies Handbook: [doc.php\(nwpolytech.ca\)](http://doc.php(nwpolytech.ca))
- NWP Policies: [Northwestern Polytechnic administrative/academic policies](http://Northwestern Polytechnic administrative/academic policies)
- Refer to the Northwestern Polytechnic Policy on Student Rights and Responsibilities at: <https://www.nwpolytech.ca/about/administration/policies/>

## STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

**\*\*Note:** all Academic and Administrative policies are available on the same page.

**Academic Misconduct:** Academic misconduct in all its forms is a serious offence.

Academic misconduct is the giving, taking, or presenting of information or material that unethically or dishonestly aids oneself or another on any work which, under normal circumstances, is to be considered in the determination of a grade or the compilation of academic requirements or the enhancement of that student's record or academic career. The two key areas of academic misconduct are plagiarism and cheating. Please read the definitions that follow.

**Plagiarism:** The use of close imitation of language, paintings, films, prototypes and ideas of another author and representation of them as one's own original work. The most common forms of plagiarism are: copying or paraphrasing another author's work without proper acknowledgement, using the ideas or lines of reasoning of another author's work without proper acknowledgement, submitting work to which someone else has made substantial improvements to the content, and submitting the same work for multiple courses without approval. Plagiarism can be judged to have occurred if the instructor has both the submitted material and original source that was copied, or if the student is unable to explain the terminology or ideas of a submission.

### **Late Assignments**

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date, and should be submitted in writing to the faculty member involved for review. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered.

Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment.

Papers/assignments may not be rewritten for a higher grade. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Concerns regarding grading are to be discussed with the faculty member involved.

## ADDITIONAL INFORMATION:

The Clinical Component of the course is PASS/FAIL. Students will be placed within a *Community placement* (Tues/Wed/Thurs, 8 hr shifts), or on the *Obstetrical Unit 31* at GPRH Wednesday/Thurs (0700-18:50) for the 6-week rotation. Students will also have the opportunity for an off-unit experience on Pediatrics or NICU Unit(s). If the student misses their scheduled day, there will be no rescheduling of this shift. The clinical instructor reserves the right to pull the student from an off-unit experience as they see fit.

The community placements are within Grande Prairie and Rural area within 60 min from the City. As per the NWP Nursing Website, as well as the Student Handbook:

*“All the courses in the Bachelor of Science, Nursing program can be completed at Northwestern Polytechnic, but students will be required to attend at least one clinical placement outside of Grande Prairie. Practica may involve evening and night hours and weekends. Students are responsible for obtaining transportation to practica placements and for the costs of necessary travel and accommodation. Required practica placements may be 150 kilometers or more from Grande Prairie.”*

### Appendix A:

#### Community Assessment Assignment Rubric:

##### Part A: Assessment Worksheet

| Indicator  | Grade  |  |  |  | Possible Points |
|--|--|--|--|--|-----------------|
|  | Excellent  | Satisfactory   | Unsatisfactory   | Incomplete   |                 |
| Description of the community core (elements)     | Description of the community core is <i>complete</i> and in detail.<br>(Score = 3)   | Description of the community core is <i>mostly</i> complete and in detail.<br>(Score = 2)  | Description of the community core is <i>partly</i> complete and in detail.<br>(Score = 1)  | Description of the community core is <i>incomplete</i> and not in detail.<br>(Score = 0)   | 3               |
| Subsystems in the community                      | All eight subsystem elements in the community completed and in detail.<br>(Score = 5)  | Less than eight subsystem elements in the community <i>mostly</i> complete and in detail.<br>(Score = 3)   | Less than eight subsystem elements in the community <i>partly</i> completed and in detail.<br>(Score = 1)  | Less than eight subsystem elements in the community are <i>incomplete</i> and <i>not in detail</i> .<br>(Score = 0)                        | 5               |
| Perceptions and Observations about the community | Own perception of the community provided. Observations about the community relate <i>specifically</i> to the health of the community and relevant or potential problems are <i>well identified with recommendations</i> .<br><br><i>There are a Minimum of three potential</i> | Own perception of the community provided. Observations about the community <i>generally</i> relate to the health of the community and relevant or potential problems are <i>identified</i> .<br><br><i>There are a Minimum of three potential problems identified with</i> | Own perception of the community provided. Observations about the community <i>loosely</i> relate to the health of the community and relevant or potential problems are <i>not identified</i> .<br><br><i>There are less than three potential problems identified with recommendations.</i> | Two or more elements are <i>not provided</i> .<br><br><i>There are less than three potential problems identified with recommendations.</i> | 5               |

|  | <i>problems identified with recommendations.</i><br>(Score = 5)   | <i>recommendations.</i><br>(Score = 3)  | (Score = 1)   | (Score = 0)  |                 |
|--|---|---|---|--|-----------------|
| Use of secondary sources of information and references provided. | Demographic data is obtained from (at least three or more) sources including internet, library and local community agencies and government <b>and</b> References provided and <b>ALL in correct APA format</b><br>(Score = 3)     | Demographic data is obtained from (at least three or more) sources including internet, library and local community agencies and government. References provided<br>(Score = 2)              | Demographic data is obtained from (less than three) sources including internet, library and local community agencies and government. References provided<br>(Score = 1) | No demographic data was obtained from any other sources.<br>(Score = 0)          | <b>3</b>        |
| <b>Part A Total</b>  |   |   |   |  | <b>16</b>       |
| <b>Part B: Presentation</b>                                      |   |   |   |  |                 |
| Indicator  | Grade   |   |   |  | Possible Points |
|  | Excellent   | Satisfactory  | Unsatisfactory  | Incomplete   |                 |
| Identification of Needs  | Able to identify areas for improvement in the community with <i>clear and concise</i> recommendations.<br>(Minimum of Three)<br><br>Free of spelling or grammatical errors within the entire assignment<br>(Score = 6)            | Able to identify areas for improvement in the community with recommendations<br>(Minimum of Three)<br><br>1-2 spelling or grammatical errors<br>Within the entire assignment<br>(Score = 4) | <i>Somewhat</i> able to identify strengths and areas for improvement in the community with recommendations<br><br>Some spelling or grammatical errors<br>(Score = 2)    | Presentation not submitted or missing components<br>(Score = 0)                  | <b>6</b>        |
| Visual/Creativity  | Great effort put in for presentation to be visually appealing and engaging with graphics and/or pictures from students' own camera.<br><br>The presentation is focused on the identified needs and recommendations<br>(Score = 5) | <i>Somewhat</i> visually appealing with graphics and/or pictures of the community.<br><br>(Score = 3)   | <i>Basic</i> graphics and/or pictures of the community.<br><br>(Score = 1)  | No graphics or pictures provided of the community in presentation<br>(Score = 0) | <b>5</b>        |
| <b>Part B Total:</b>   |   |   |   |  | <b>11</b>       |



## Appendix B:

### Elsevier Adaptive Quizzing (EAQ) Grading Guide\_ NS 3230

#### **Total: 10% Grade**

The EAQ is an assessment tool that contains exam style questions and is used to help students both succeed in their courses and to study effectively for the NCLEX. The goal is to achieve mastery through practice. In 3<sup>rd</sup> year the goal is to achieve a Mastery Level of 2 “Intermediate”.

To fulfil the requirements for the EAQ in NS 3230, students will be given a course code posted on myClass. Log onto Evolve and open the course titled Elsevier Adaptive Quizzing: EAQ for NCLEX-RN Exam (36 Month) (eCommerce Version), 4<sup>th</sup> Edition, no marks will be allocated for students not working within this course.

To open the assignments, click on Assignments in the left-hand column of the course. There are five assignments that you need to be working in that have ***Infants, Toddlers, Preschoolers, School- Aged Children, & Adolescents*** as their first name in the title of the assignment:

Students are expected to achieve a Mastery Level of **Intermediate** in each of the assignments posted for the 5 subtopics under Pediatrics. Students need to achieve a Mastery Level of Intermediate in all 5 subtopic assignments to get full marks.

*\*Note that answering questions correctly will facilitate levelling up more quickly. You can log in as much as you like before the due date.*

#### ***Requirements for marks towards the final EAQ grade are as follows:***

|                                      |   |
|--------------------------------------|---|
| <b>1 Marks</b>                       | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics), did not reach Mastery in any subtopic   |
| <b>2 Marks</b>                       | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics) <b>and</b> achieved Mastery level ‘Intermediate’ in <b><u>1</u></b> of the Subtopics     |
| <b>4 Marks</b>                       | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics) <b>and</b> achieved Mastery level ‘Intermediate’ in <b><u>2</u></b> of the Subtopics     |
| <b>6 Marks</b>                       | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics) <b>and</b> achieved Mastery level ‘Intermediate’ in <b><u>3</u></b> of the Subtopics     |
| <b>8 Marks</b>                       | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics) <b>and</b> achieved Mastery level ‘Intermediate’ in <b><u>4</u></b> of the Subtopics     |
| <b>10 Marks<br/>(Full 10% grade)</b> | Attempted minimum of 25 questions in each Pediatric subtopic (5 subtopics) <b>and</b> achieved Mastery level ‘Intermediate’ in ALL <b><u>5</u></b> of the Subtopics |

Students are encouraged to work on EAQ questions **throughout the term**. No marks will be awarded after the due date. Part marks will not be considered for reaching a mastery level of less than **Intermediate** in the assignments posted.