



**DEPARTMENT OF NURSING EDUCATION AND HEALTH  
STUDIES**

**COURSE OUTLINE –WINTER I 2016**

**NS 3950 A3, AC1: Nursing Practice VI –UT (0-3-28) 7 weeks;  
217 Hours**

**INSTRUCTORS:**

Teresa Evans (course leader)	H201	(780) 539-2805 (w) (780) 897-1805 (c)	<a href="mailto:tevens@gprc.ab.ca">tevens@gprc.ab.ca</a>
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**OFFICE HOURS:** Teresa Evans 0830-1100 Fridays; Tracy King 0830-1100 Fridays

## COURSE OUTLINE – NS 3950 A3, AC1

**CALENDAR DESCRIPTION:** Practice focuses on health promotion and disease prevention, restoration, rehabilitation and support of clients across the lifespan who are experiencing acute and chronic mental health issues. Practice occurs in acute care and/or community settings.

**CREDIT/CONTACT HOURS:** \*7 (either term, 3-27c-1 in 7 weeks).

LEC: 0 SEM: 21 CLINICAL: 189 LAB: 7

**PREREQUISITE(S)/COREQUISITE:** NS 2910, NS 2940, NS 2950

### REQUIRED TEXT/RESOURCE MATERIALS:

1. Graduate Competencies and Year-end Outcomes (Condensed) (available on Moodle)
2. Grade Descriptors (available on Moodle)
3. NS 3950: Evaluation of Nursing Practice (ENP) (available on Moodle)
4. Canadian Nurses Association (CNA) Code of Ethics (available on Moodle)
5. Mental Health Textbook
6. American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6<sup>th</sup> ed.). Washington, DC: Author.
7. Austin, W., & Boyd, M.A. (2015). *Psychiatric and mental health nursing for Canadian practice*. (3<sup>rd</sup> ed.). Philadelphia, PA: Lippincott Williams & Wilkins.
9. Balzer-Riley, J. (2012). *Communications in nursing*. (7<sup>th</sup> ed.). Toronto, ON: Mosby.

\*Or any interpersonal relationships text.

### DELIVERY MODE(S):

In order to pass NURS 3950, students must demonstrate safe ethical nursing practice, professional behaviour, and complete the following experiences. Students are expected to implement previously learned nursing skills.

1. During this course, students will have a continuous experience in community and/or acute care settings which will include nursing care of clients, families, groups and/or aggregates experiencing more acute variances in mental health.
2. Participate in site-selected lab activities.
3. Participate in therapeutic conversations with clients with mental health issues.
4. Using a primary care focus, examine mental health needs of a community group.

5. Participate in health promotion, and/or harm reduction, and/or illness prevention programs with clients, families, groups and/or aggregates experiencing more acute variances in mental health.
6. Collaborate with client, family, community, nurses and members of other disciplines.

### **LABS:**

Labs will be completed during orientation week. See orientation week schedule posted on Moodle.

### **SEMINARS:                      Fridays from 1130-1430 in F309.**

Seminars are intended to be a safe place for students to discuss experiences from clinical practice. Please be prepared to discuss the meaning related to clinical experiences and how these relate to your professional practice. If weather does not allow travel, teleconferencing will be available. You are responsible to let your instructor know as soon as possible, preferably at least the day prior and provide a phone number so you can be called in. Make sure this is not a cell number, and the space is private in order to maintain confidentiality.

### **CLINICAL PRACTICE:**

Clinical Practice will take place in agencies focusing on clients with mental health issues in the community, acute care psychiatric setting, and/or an addictions detoxification setting. Clinical practice attendance is compulsory. Absences will be dealt with according to guidelines for clinical/ lab absences, published in the Student Handbook. In the event of an unavoidable absence, students are required to notify the clinical instructor and clinical site as soon as possible. In the rare instance the student will need to "make up" missed clinical time, the student may be responsible for reimbursing the costs of a clinical tutor.

AS SOON AS POSSIBLE BEFORE your mental health placement, students are required to call the agency field guide they have been assigned and make specific arrangements regarding agency orientation and scheduling. Important aspects of the program and expectations for the student within that setting will be reviewed with their field guide. The agencies will have a copy of the course outline and the methods by which the student will be evaluated. The clinical instructor is responsible for the student final evaluation grade based in part on feedback from the field guides

### **Clinical Learning Unit: Acute Care Psychiatry, Short Stay Assessment Unit and Addiction (Detox) Units**

A Clinical Learning Unit is a model of learning intended to encourage increased independence and integration into the area of acute care psychiatric nursing practice. Students will be expected to work semi-independently. Students will be 'adopted' by unit staff providing an opportunity to work directly with several different staff members throughout the clinical rotation. The common goal is to provide a

safe learning environment for the student; each member of the team shares roles & responsibilities toward achieving this goal. These are outline in the CLU Fact Sheet (posted on Moodle).

1. As preparation for each clinical day, you are to familiarize yourself with the clients' demographic information, previous and present admissions, multidisciplinary assessments, diagnoses, treatment & plan of care.
2. Your daily activities are expected to include "normal unit" activities, such as case conference and groups when appropriate. You will work 8 or 12 hour shifts days normally.
3. Identification must be worn at all times. Professional staff is identified by their first name only. Dress code is modest casual wear. Scrubs are permitted; however please do not wear purple scrubs. Blue jeans, tight pants, shorts, exposed midriffs, and open-toed shoes are not permitted.
4. Only notebooks, care plans and drug guides are taken onto the unit. Coats, outdoor footwear, and food are to remain in a designated location. Lockers will be provided at the QE II.
5. A CLU binder is located in the nursing station/CCA Room containing documents, evaluation sheets, course outlines and other material pertinent to the placement.
6. The Clinical Placement Coordinator will provide you with a schedule.

### **Community Mental Health (CMH) Nursing Guidelines**

1. As a student you will be expected to work with a field guide to meet course objectives. The instructor is available for consultation as required. However, you are not to lead process groups independently but may lead part of a group or session as directed by the field guide and when appropriate.
2. Students are expected to contact the field guide prior to the start of the clinical course to establish working hours and days. Sometimes evening shifts or groups are part of the clinical schedule set by the field guide.
3. Identification must be worn at all times. Dress code is modest casual wear. Blue jeans, tight pants, shorts, exposed midriffs, and open-toed shoes are not permitted.

### **Correctional Centers (Grande Cache or Peace River)**

1. The student will work directly with an RN/RPN as you learn and practice the art of providing nursing care to individuals who are incarcerated.
2. Federal security forms must be complete prior to clinical practice and students meet the federal security requirements determined (Grande Cache). Clinical Placement Coordinator will facilitate the process.
3. Review immunization information, drug withdrawal symptoms/treatment, psychotherapeutics
4. Identification must be worn at all times. Professional staff is identified by first name only. Dress code is modest casual wear (Grande Cache Psychology) or scrubs (Peace River and Grande Cache Health Division). Blue jeans, tight pants, shorts, exposed midriffs, and open-toed shoes are not permitted. No blue scrubs are to be worn.

## **COURSE OBJECTIVES:**

Students are responsible to familiarize themselves with *Graduate Competencies and Year Outcomes (with Cross Reference to courses) 2014/15*. Attention must be given to the competencies that are identified as being relevant to NURS 3950.

Students must regularly refer to the document entitled *Graduate Competencies and Year-End Outcomes 2014/15*. Attention must be given to the Year 3 Column. This document serves as the basis for the evaluation of students' clinical practice.

All students must practice in a manner that is consistent with:

- CARNA Nursing Practice Standards (2013) and all other CARNA standards
  - The CNA Code of Ethics for Registered Nurses (2008).
1. Demonstrate, with minimal guidance, the processes of self-directed learning, critical thinking, and context-based learning in a variety of community and/or acute care settings.
  2. Demonstrate, with guidance, the ability to practice in accordance with Year 3 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes 2014/15*.
  3. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing mental health issues, in a in a variety of community and/or acute care settings.
  4. Demonstrate, with minimal guidance, the ability to provide evidence-based, competent nursing care to clients experiencing more acute variances in health, in a in a variety of community and/or acute care settings.
  5. With guidance assess the mental health needs of the community as client.
  6. Demonstrate the ability to integrate knowledge into clinical practice.

## **LEVELS OF INDEPENDENCE**

In evaluating objectives, the following levels of independence will be used:

With assistance: The student requires direction and information.

With minimal assistance: The student requires *occasional* direction and information.

With guidance: The student requires clarification, prompting and confirmation.

With minimal guidance: The student requires *occasional* clarification, prompting and confirmation.

Independently: The student works mostly on his or her own and seeks information, clarification and consultation as appropriate.

Direction: Clinical tutor tells the student what to do, about what steps to take.

Information: Clinical tutor tells the student specifics about a concept or topic.

**Clarification:** Clinical tutor, through questioning and feedback, assists the student to state their information in a different and clearer way, often with more details. The student asks questions to increase their understanding; questions asked demonstrate a sound knowledge base.

**Prompting:** Clinical tutor provides the student with a cue that answer is incomplete or incorrect and how to resolve the lack of information. A prompt is broader than a hint. Prompting is generally used to add breadth or depth.

**Confirmation:** Clinical tutor provides positive feedback for correct information and direction provided by the student.

**Consultation:** The student provides clinical tutor with information and/or direction and asks specific questions about the information or direction which the instructor confirms.

**Occasional:** The clinical tutor provides input every now and then.

## **LEARNING OUTCOMES:**

As per U of A Collaborative BScN Program, see the course objectives for the course outcomes.

## **TRANSFERABILITY:**

This course is part of a block transfer agreement with the University of Alberta in the Collaborative BScN Program. Admission to fourth year of the Program and registration at the U of A will be contingent upon confirmation by the Faculty of Nursing that the first three years of the Program have been completed with satisfactory academic standing. For promotion to Year 4, a student is required to pass all previous courses and obtain a minimum cumulative GPA of 2.0 on a 4.0 point scale in the first three years of the program. If these conditions are met, the student will be granted a block transfer of work completed at GPRC to the U of A record.

Please consult the Alberta Transfer Guide for more information  
(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

## EVALUATIONS:

Assignments	Weighing
<b>1. Evaluation of Nursing Practice (ENP):</b> <ul style="list-style-type: none"><li>• Field Notes or Weekly Evaluation of Project</li><li>• Journals</li><li>• Direct and indirect clinical observation with feedback from staff of the agency, peers, and clients</li></ul>	70%
<b>2. Process Recording</b>	30%
Total:	100%

### 1. EVALUATION OF NURSING PRACTICE:

Nursing practice must be evaluated using the Evaluation of Nursing Practice (ENP) tool.

- Evaluation are completed by the tutor through indirect or direct observation with feedback from peers, staff of an agency, and the client.
- Students will be evaluated through discussions on the floor as well as during clinical seminars.
- Students will be evaluated on the development of self-reflective practice in their ENP. Client preparation, reflective practice, nursing care, field notes, and learning plans are all used in evaluating if the objectives of the course have been met.
- A formative and written summative Evaluation of Nursing Practice will be completed by the student and the tutor

#### A. MIDTERM EVALUATION:

Midterm evaluations will occur approximately **from January 28<sup>th</sup> through February 3<sup>rd</sup>, 2016** by appointment. The clinical instructor, in consultation with individual students and/or field guides, will arrange a date and time to come to the clinical placement to meet with both the student and the field guide together. For your midterm evaluation, please be prepared to discuss both your strengths and areas for improvement. You are not obligated to complete the ENP, but you are expected to review your progress according to the ENP in preparation for your mid-term evaluation.

#### B. FINAL EVALUATION:

Final evaluation feedback from field guides will occur approximately **February 22 through 26<sup>th</sup>, 2016** **by appointment.** During this time, the clinical instructor, in consultation with individual student and/or field guides, will arrange a time to collect final feedback from field guides.

Students are required to complete and submit an ENP by **February 12th at 1600 hrs**. Final written evaluations will be arranged with your instructor at which time the final ENP grade will be assigned.

### **FIELD NOTES:**

**Due on Fridays:** January 15<sup>th</sup>, January 22<sup>nd</sup>, January 29<sup>th</sup>, February 5<sup>th</sup>, and February 12<sup>th</sup>, 2016 at **16:00 hrs**.

**Daily field notes are to be submitted electronically and the due dates are above.**

Field notes are a **point form** overview of your experiences including:

1. Number of clients along with their diagnosis/presenting problem.
2. Titles of videos, books, or other resources utilized.
3. Names of in-services, groups, or conferences attended.
4. Other daily routines or experiences.
5. Include your total weekly and cumulative clinical hours.

### **JOURNAL ASSIGNMENTS:**

**Due: January 18<sup>th</sup>, January 25<sup>th</sup>, and February 1<sup>st</sup>, 2016 at 08:00 hrs. To be submitted electronically.**

A comprehensive journal entry includes:

1. Briefly **describe** a significant clinical experience or an event that triggered your curiosity about a topic.
2. **Reflect** on the impact this clinical experience or event has on your personal and professional growth.
3. Conduct values and beliefs clarification related to the experience, including development of emerging values and beliefs.
4. Integrate theoretical learning into practice by including relevant research and resources.
5. Acceptable grammar, spelling, and APA formatting and referencing.

### **2. PROCESS RECORDING ASSIGNMENT:**

**Due: February 8<sup>th</sup>, 2016 by 08:00 hrs.**

The purpose of the process recording is to systematically analyze a therapeutic interaction with a client. (Grade Descriptor Posted on Moodle)

## Process:

The student will obtain consent to record a therapeutic interaction. The conversation will be audio taped. The process recording will include four consecutive interchanges between the client and the nursing student starting with the student response. Only transcribe the four interchanges you have chosen to analyze. Audiotape is to be handed in to your instructor, and the written assignment is to be submitted in Dropbox on Moodle. Please ensure the client's anonymity is maintained by using initials in the written assignment. Following marking, audiotapes will be erased by the Instructor to ensure client confidentiality. Recording devices are available from your instructor.

## Written Components of the Process Recording: Grade Descriptor (posted on Moodle)

1. Provide a concise history of the client including information relevant to your interview/session.
2. Critically describe the setting the conversation occurred, including necessary suggestions for change.
3. Identify the goal(s) including rationale for the interaction.
4. Chronologically and line-by-line document and analyze each of the four interchanges including the following information:
  - i. Student Response: includes verbal & non-verbal communication.
  - ii. Client Response: includes verbal & non-verbal communication.
  - iii. Student's thoughts and feelings during each interchange.
  - iv. Identify the communication technique used including analysis of its effectiveness along with rationale.
  - v. Analysis of each interchange including critical evaluation of the client's response as well as an appropriate alternative student response including rationale.

Note: Alternative student responses are to be provided for every interchange.

5. Use acceptable grammar, spelling, and APA formatting (i.e. title page; referencing).

**LATE ASSIGNMENT POLICY:**

All assignments are to be passed in at the time and place they are due. Extensions on assignments may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. A penalty of a letter grade for each working day an assignment is submitted after the due date will be deducted from the final grade. For example, a paper scored at B+ would receive an adjusted grade of B if handed in one day late. Late assignments are due by 1600 p.m. and must be verified (stamped with date and time) by nursing office personnel. If the paper is passed in after a weekend the weekend will count as one working day. When submitting assignments electronically, it is to be submitted on Moodle or via email.

**STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

\*\*Note: all Academic and Administrative policies are available on the same page.

## GRADING CRITERIA

Each assignment in the course will be given an alpha grade according to the grading criteria for each assignment. Grades for each assignment will be converted into a 4-point equivalent. This number will then be multiplied by the weighting of the assignment to determine a score. The scores for each assignment will be added together for a total score in the course. This total score will then be used to determine the final alpha grade in the course. If you have any questions or concerns, please see your instructor.

<b>GRADING CONVERSION CHART</b>			
<b>ALPHA GRADE</b>	<b>PERCENTAGE CONVERSION (%)</b>	<b>4-POINT EQUIVALENT</b>	<b>DESCRIPTOR</b>
A+	90 – 100	4.0	Excellent
A	85 – 89.9	4.0	
A-	80 – 84.9	3.7	Very Good First Class Standing
B+	77 – 79.9	3.3	
B	73 – 76.9	3.0	Good
B-	70 – 72.9	2.7	
C+	67 – 69.9	2.3	Satisfactory
C	63 – 66.9	2.0	
C-	60 – 62.9	1.7	
D+	55 – 59.9	1.3	Minimal Pass
D	50 – 54.9	1.0	
F	0 – 49.9	0.0	Failure
WF	0	0.0	Fail Withdrawal after the deadline

Students may receive a grade of D or D+ in an assignment, but must have an overall grade of C- to achieve a passing grade in a nursing course.

*Refer to the 2015-2016 Grande Prairie Regional College Calendar for further details regarding the grading policy and progression criteria in the Bachelor of Science in Nursing Program.\*\**

## COURSE SCHEDULE/TENTATIVE TIMELINE:

The Clinical Placement Coordinator will provide you with a detailed schedule of your clinical practice.

Orientation:	January 6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> , and 11 <sup>th</sup> .
First Day of Clinical Practice:	January 12 <sup>th</sup> , 2016
Last Day to Drop with Refund:	January 13 <sup>th</sup> , 2016
Last Day to Withdraw with Permission:	February 3 <sup>rd</sup> , 2016
Reading Week:	February 15 <sup>th</sup> – 19 <sup>th</sup> , 2016
Family Day:	February 15 <sup>th</sup> , 2015
Last Day of Class:	February 26 <sup>th</sup> , 2016