



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

PA1010 Principles of Physical Activity – WINTER 2014

INSTRUCTOR: Mr. Chris Nicol
B.Ed, M.ApSc

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OFFICE HOURS: Tues 10:30am -11:30am

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS: course package

- 2 Course Notes Packages, Additional Resources as designated by the instructor
- External links posted on Moodle.
- Seidel, B., Biles, F, Figley, G. & Neaman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown

CALENDAR DESCRIPTION: A study of the fundamental movement concepts that underlie the physical activities engaged in by youth of secondary school age.

CREDIT/CONTACT HOURS: 3(3-0-0) 45 HOURS

DELIVERY MODE(S): Lecture, Lab Activities

OBJECTIVES:

1. To develop an understanding of the commonalities that exist in the concepts of movement, skills and strategies with emphasis on practical application in a variety of physical education activities.
2. To develop an understanding and appreciation for the conceptual approach.
3. To provide students with practical opportunities for movement and skill analysis.
4. To provide students with practical opportunities for learning skills and strategies within a conceptual framework.
5. To experience a variety of teaching and learning styles.
6. To develop a conceptual approach to teaching sport skills that address learning in the cognitive, affective, and psychomotor domains.
7. To examine sport strategies from a conceptual viewpoint.
8. To foster a safe learning environment.

TRANSFERABILITY:

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.**

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability Students not enrolled in Physical Education programs will require consent of Department. University of Alberta will grant credit for only one of PA1010 or PE2940.

Transfers to University of Alberta, University of Calgary, University of Lethbridge, , Augustana Faculty, University of Alberta Athabasca University, Grant MacEwan University, Concordia University College ,Canadian University College, King's University College

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4pt Equivalent	% Guidelines	Designation
A ⁺	4	90 – 100	EXCELLENT
A	4	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1	50 – 54	
F	0	0 – 49	FAIL
WF	0	0	FAIL, withdrawal after the deadline

EVALUATIONS:

Coursework: 20% *Labs, Assignments, Activity Completion*

Major Assignment: 25%

Quizzes: 25%

Final Exam: 30%

The major assignment is an opportunity to utilize the conceptual approach in a practical application. Details TBA. *Note that a 10% per day penalty will be assessed to all late assignments.*

STUDENT RESPONSIBILITIES:

Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

STATEMENT ON PLAGIARISM AND CHEATING: Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

****Note:** all Academic and Administrative policies are available on the same page.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

- Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. The use of these devices must not disrupt the functions of the College overall and its classrooms and labs. Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.
- Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on and set to silent mode only with the expressed consent of individual instructors. Sending or receiving text messages or gaming on a cell phone during class is not acceptable. In addition, cell phones and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.
- If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.