



DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS AND KINESIOLOGY

PA1110 INTRODUCTION TO BASKETBALL – FALL 2010

1.5(0-0-3) 45 HOURS

INSTRUCTOR: Mr. Chris Nicol
B.Ed, M.Ap.Sc.

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OFFICE HOURS: T.B.A.

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS:

Krause J., Meyer, D. Meyer, J: Basketball Skills and Drills: Human Kinetics; Champaign, Ill; 2008

Additional Resources as determined by instructor

CALENDAR DESCRIPTION: Acquisition of theoretical knowledge and personal skill in individual and team activities

CREDIT/CONTACT HOURS: 1.5 (0-0-3) UT 45 Hours

DELIVERY MODE(S): Seminar, Lab

OBJECTIVES:

- To learn and perform the basic skills of basketball
- To develop and demonstrate an understanding of the principles of team play
- To gain a functional knowledge of the history, rules, organization of the sport
- To develop an appreciation for basketball as both a competitive and recreational activity

TRANSFERABILITY: UA, UC, UL, AU*, AF, CU, CUC, KUC

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.**

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4pt Equivalent	% Guidelines	Designation
A ⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

EVALUATION and EXAMINATIONS:

Skill Evaluations = 40%

Assignments = 25% Resource Book, Video Skills Analysis, HS Tournament Minor Officiating

Rules Quiz = 10%

Activity Completion = 10% Ongoing Activity Participation

Exam = 15%

STUDENT RESPONSIBILITIES: This is an activity course. As such, students are expected to be in attendance at all classes, properly attired and to participate fully.

Note: Dec 3-4th Required Minor Official Duties at the Wolves High School Basketball Classic

STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 49-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

COURSE CONTENT:

- **INDIVIDUAL OFFENSIVE SKILLS**
Ready position, footwork, pivots, passing, receiving, dribbling, ball handling,
Shooting – jump shot, lay-ups, free throws, rebounding,
- **INDIVIDUAL DEFENSIVE SKILLS**
Ready position, footwork, On and Off the ball defense, rebounding
- **ONE vs ONE PLAY**
- **BASIC TEAM PLAY**
2 v 2, 3 vs 3, 4 vs 4, 5 vs 5, Screen and Roll, Give and Go, Basic Man Offense
- **CLASSROOM**
Rules, history, terminology, organization, equipment, planning, teaching, skill analysis,

COURSE SCHEDULE/TENTATIVE TIMELINE:

Schedule Fall 2010 <i>may be subject to change</i>			
#	DAY	DATE	TOPICS
1	WED	8-Sep	Overview, Intro
2	MON	13-Sep	Outdoor 3 vs 3 (<i>weather permitting</i>)
3	WED	15-Sep	Handouts, Footwork 1, Ball Handling 1
4	MON	20-Sep	Footwork 2, Ball Handling 2, Passing 1
5	WED	22-Sep	Passing 2
6	MON	27-Sep	Shooting 1
7	WED	29-Sep	Shooting 2 & Filming
8	MON	4-Oct	Shooting 3 - Lay Ups
9	WED	6-Oct	SKILL TEST ONE
10	MON	11-Oct	THANKSGIVING - No Classes
11	WED	13-Oct	Rebounding, Give + Go, Screen + Roll
12	MON	18-Oct	2 vs 2 Offense + Defense
13	WED	20-Oct	3 vs 3 Offense
14	MON	25-Oct	3 vs 3 Man Defense
15	WED	27-Oct	4 vs 4 Offense + Defense
16	MON	1-Nov	4 vs 4 Offense + Defense
17	WED	3-Nov	4 vs 4,
18	MON	8-Nov	Transition Games, 5 vs 5
19	WED	10-Nov	Rules, Minor Officials Officiating, 5 vs 5
20	MON	15-Nov	Rules, Minor Officials Officiating, 5 vs 5
21	WED	17-Nov	RULES QUIZ
22	MON	22-Nov	Review and 5 vs 5
23	WED	24-Nov	EXAM
24	MON	29-Nov	Minor Official Review, Schedules, 5 vs 5
25	WED	1-Dec	Schedules, 5 vs 5
26	Fr Sat	Dec 3,4	HIGH SCHOOL TOURNAMENT
27	MON	8-Dec	<i>Day in lieu</i>