



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – Fall 2017

PA1110 Instruction of the Basics of Basketball 3 (0-0-3) UT 45 Hours

INSTRUCTOR: Mr. Chris Nicol

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OFFICE: K219

E-MAIL: cnicol@gprc.ab.ca

OFFICE HOURS: M, T, W 1:30-2:30, by appointment or drop in.

CALENDAR DESCRIPTION: Acquisition of theoretical knowledge and personal skills used in the instruction of the basics of basketball.

PREREQUISITE(S)/COREQUISITE: NONE

REQUIRED TEXT/RESOURCE MATERIALS:

Wissel, Hal (2012) *Basketball: Steps to Success (3rd ed.)*, Champaign, IL; Human Kinetics, Inc.
Additional Resources as designated by the instructor.

DELIVERY MODE(S): Seminar, Lab, Guided Activity

COURSE OBJECTIVES:

- Students will be exposed to a variety of instructional and coaching methodologies.
- Students will be provided with the opportunity for application of theory through activity.
- Students will be provided with opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.
- Students will be exposed to appropriate teaching-coaching progressions for basketball
- Students will develop an understanding of the importance and practical application of the conceptual approach and how this can assist the physical educator in providing quality instruction and assessment.
- Students will develop an understanding of how concepts of general movement, theory, physical literacy, long term athlete development & sport for life are applied to this activity.

LEARNING OUTCOMES:

- Students will develop and demonstrate competency in the basic psychomotor skills of basketball including footwork, court movement, ball handling, dribbling, shooting, passing, rebounding and defense

- Students will demonstrate a cognitive and practical understanding of common strategic concepts of basketball
- Student will complete a shot analysis using video analysis tools
- Students will develop a teaching-coaching resource unit
- Students will participate in a variety of competitive and evaluative models

TRANSFERABILITY: UA, UC, GMU,CU,UL,AU,KUC,CUC, AF

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

| | |
|----------------------------------------------------------------|-----|
| Quizzes | 20% |
| Coursework and Assignments | 30% |
| <i>Video Analysis, Resource Pkg, Activity Completion other</i> | |
| Skill Assessment | 20% |
| Final Exam and Assessment | 30% |

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|--|-------------|--------------------|-----------------------|
| A+ | 4.0 | 90-100 | | C+ | 2.3 | 67-69 |
| A | 4.0 | 85-89 | | C | 2.0 | 63-66 |
| A- | 3.7 | 80-84 | | C- | 1.7 | 60-62 |
| B+ | 3.3 | 77-79 | | D+ | 1.3 | 55-59 |
| B | 3.0 | 73-76 | | D | 1.0 | 50-54 |
| B- | 2.7 | 70-72 | | F | 0.0 | 00-49 |

COURSE SCHEDULE/TENTATIVE TIMELINE:

| # | D | Date | TOPICS | Ch# |
|---|---|------|--------|-----|
|---|---|------|--------|-----|

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|-------------------------------------------------------------------------------|---|-----|--------------------------------------------------|-------|
| 1 | W | A30 | Introduction | |
| X | M | S4 | LABOUR DAY | |
| 2 | W | S6 | Footwork 1, Ball Handling 1, Passing 1 | 1,2,3 |
| 3 | M | S11 | Footwork 2, Ball Handling 2, Passing 2 | 1,2,3 |
| 4 | W | S13 | Shooting 1: Lay Ups 1 | 4 |
| 5 | M | S18 | Shooting 2: Lay Ups 2 | 4 |
| 6 | W | S20 | Shooting 3 | 4,5,6 |
| 7 | M | S25 | Shooting VIDEO + Stations, ScoreSheets, | 4,5,6 |
| 8 | W | S27 | Shooting VIDEO + Stations Officials Hand Signals | 4,5,6 |
| 9 | M | O2 | Post Ups 1 & Skill Circuit | 7 |
| 10 | W | O4 | RULES QUIZ & SKILL TEST #1 | |
| X | M | O9 | THANKSGIVING | |
| 11 | W | O11 | Post Ups 2 & Rebounding | 7,8 |
| 12 | M | O16 | Screen & Roll | 10 |
| 13 | W | O18 | Screen & Roll | 10 |
| 14 | M | O23 | Transition | 9 |
| 15 | W | O25 | Transition | 9 |
| 16 | M | O30 | SKILLS TEST 2 | |
| 17 | W | N1 | Motion Offense & Man Defense | 11,12 |
| 18 | M | N6 | Motion Offense & Man Defense | 11,12 |
| 19 | W | N8 | Motion Offense & Man Defense | 11,12 |
| X | M | N13 | FALL BREAK | |
| 20 | W | N15 | Zone D | 12 |
| 21 | M | N20 | QUIZ #2 | |
| 22 | W | N22 | 1 v 1, 2 v 2 Tournaments | |
| 23 | M | N27 | 3 v 3 Tournament | |
| 24 | W | N29 | 5 v 5 Tournament | |
| 25 | M | D4 | 5 v 5 Tournament | |
| 26 | W | D6 | SKILLS TEST FINAL | |
| <i>Please note that minor adjustments in the course schedule are possible</i> | | | | |

STUDENT RESPONSIBILITIES:

Regular attendance and participation is expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

Refer to the College Policy on Student Rights and Responsibilities at
www.gprc.ab.ca/d/STUDENTRIGHTSRESPONSIBILITIES

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <http://www.gprc.ab.ca/about/administration/policies/>

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

- As this is an activity class students will be expected to participate in the physical activities required to learn about and experience cardiovascular exercise.
Students missing more than 3 classes will be warned and any further absences will result in the student being removed from the class.
- Students seeking the excellent rating should be able to illustrate good training behavior, by being appropriately dressed, punctual, good attendance, considerate towards others, have a good work ethic, and help to create a good learning environment for the class. This will be determined from the student attendance records, and in-class observation of each student.