



## DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

## COURSE OUTLINE – WINTER 2012

**PA1110 INTRODUCTION TO BASKETBALL - 1.5(0-0-3) 45 HOURS**

**INSTRUCTOR:** Mr. Chris Nicol      **PHONE:** 780-539-2838 w  
B.Ed, M.ApSc      780-933-2838 c

**OFFICE:** K220      **E-MAIL:** [cnicol@gprc.ab.ca](mailto:cnicol@gprc.ab.ca)

**OFFICE HOURS:** Mon, Wed 10:00 – 11:00

**PREREQUISITE(S)/COREQUISITE:** None

**REQUIRED TEXT/RESOURCE MATERIALS:**

Krause J., Meyer, D. Meyer, J: Basketball Skills and Drills: Human Kinetics; Champaign, Ill; 2008

Additional Resources as determined by instructor

**CALENDAR DESCRIPTION:** Acquisition of theoretical knowledge and personal skill in individual and team activities

**CREDIT/CONTACT HOURS:** 1.5 (0-0-3) UT 45 Hours

**DELIVERY MODE(S):** Seminar, Lab, Guided Activity

### OBJECTIVES (OPTIONAL):

- To learn and perform the basic skills of basketball
- To develop and demonstrate an understanding of the principles of team play
- To gain a functional knowledge of the history, rules, organization of the sport
- To develop an appreciation for basketball as both a competitive and recreational activity

**TRANSFERABILITY:** UA, UC, UL, AU\*, AF, CU, CUC, KUC

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.**

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

## GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE GRADING CONVERSION CHART			
Alpha Grade	4-point	% Guidelines	Designation
A <sup>+</sup>	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A <sup>-</sup>	3.7	80 – 84	FIRST CLASS STANDING
B <sup>+</sup>	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B <sup>-</sup>	2.7	70 – 72	
C <sup>+</sup>	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C <sup>-</sup>	1.7	60 – 62	
D <sup>+</sup>	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

## EVALUATIONS:

**Skill Evaluations = 30%** **Coursework = 40%** Assignments, Quizzes, Jr HS Tournament, other

**Activity Completion = 11%** Ongoing Activity Participation **Exam = 19%**

**STUDENT RESPONSIBILITIES:** This is an activity course. As such, students are expected to be in attendance at all classes, properly attired and to participate fully.

**Note:** Feb 3-4<sup>th</sup> Required 'Officials' Duties at the Wolves Jr High School Basketball Classic

## STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at

<http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

**\*\*Note:** all Academic and Administrative policies are available on the same page.

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**

### **COURSE CONTENT:**

- INDIVIDUAL OFFENSIVE SKILLS  
Ready position, footwork, pivots, passing, receiving, dribbling, ball handling,  
Shooting – jump shot, lay-ups, free throws, rebounding,
- INDIVIDUAL DEFENSIVE SKILLS  
Ready position, footwork, On and Off the ball defense, rebounding
- ONE vs ONE PLAY
- BASIC TEAM PLAY  
2 v 2, 3 vs 3, 4 vs 4, 5 vs 5, Screen and Roll, Give and Go, Basic Man Offense
- CLASSROOM  
Rules, history, terminology, organization, equipment, planning, teaching, skill analysis,

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**