



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – FALL 2016

PA1110 Instruction of the Basics of Basketball 3 (0-0-3) UT 45 Hours

INSTRUCTOR: Lorelle Kerik **PHONE:** (780) 539-2978
OFFICE: K220 **E-MAIL:** LKerik@gprc.ab.ca
OFFICE HOURS: Mondays 10:30am – 11:30am or by appointment.

CALENDAR DESCRIPTION: Acquisition of theoretical knowledge and personal skills used in the instruction of the basics of basketball.

PREREQUISITE(S)/COREQUISITE: NONE

REQUIRED TEXT/RESOURCE MATERIALS:

Wissel, H. (2012). *Basketball: Steps to Success (3rd ed.)*, Champaign, IL; Human Kinetics, Inc.
Additional Resources as designated by the instructor.

DELIVERY MODE(S): Seminar, Lab, Guided Activity

COURSE OBJECTIVES:

- Students will be exposed to a variety of instructional and coaching methodologies.
- Students will be provided with the opportunity for application of theory through activity.
- Students will be provided with opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.
- Students will be exposed to appropriate teaching-coaching progressions for basketball
- Students will develop an understanding of the importance and practical application of the conceptual approach and how this can assist the physical educator in providing quality instruction and assessment.
- Students will develop an understanding of how concepts of general movement, theory, physical literacy, long term athlete development & sport for life are applied to this activity.

LEARNING OUTCOMES:

- Students will develop and demonstrate competency in the basic psychomotor skills of basketball including footwork, court movement, ball handling, dribbling, shooting, passing, rebounding and defense
- Students will demonstrate a cognitive and practical understanding of common strategic concepts of basketball

- Student will complete a shot analysis using video analysis tools
- Students will develop a teaching-coaching resource unit
- Students will participate in a variety of competitive and evaluative models

TRANSFERABILITY:

UA, UC, UL, AU, GMU, CU, CUC, KUC, BU.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

****All assignments should be APA format**

Quizzes	20%
Coursework and Assignments	30%
<i>Video Analysis, Resource Package, Activity Completion</i>	
Basic Skill Assessment	20%
Final Exam and Assessment (TBD)	30%

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN “C-” IF YOU ARE PLANNING TO TRANSFER TO A UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Mondays and Wednesdays 4:00pm – 5:20pm

Schedule	Topic	Reading
Week 1 Aug. 31	• Introduction	
Week 2	• No Class Sept 5, 2016 for Labour Day	• Chapter 1

Sept. 7	<ul style="list-style-type: none"> • Footwork 1, Ball Handling 1, Passing1 	<ul style="list-style-type: none"> • Chapter 2
Week 3 Sept. 12 & 14	<ul style="list-style-type: none"> • Footwork 2, Ball Handling 2, Passing 2 • Shooting 1: Lay Ups 1 	<ul style="list-style-type: none"> • Chapter 3 • P.99-113
Week 4 Sept. 19 & 21	<ul style="list-style-type: none"> • Shooting 2: Lay Ups 2 • Basics Quiz + Rebounding 	<ul style="list-style-type: none"> • Chapter 8
Week 5 Sept. 26 & 28	<ul style="list-style-type: none"> • SKILLS TEST ONE • Shooting Video + Stations, Score Sheets 	<ul style="list-style-type: none"> • Chapter 4
Week 6 Oct. 3 & 5	<ul style="list-style-type: none"> • Shooting Video + Stations, Officials Hand Signals • Shooting 3: Off the dribble 	<ul style="list-style-type: none"> • Chapter 5 • Chapter 6
Week 7 Oct. 12	<ul style="list-style-type: none"> • No Class Oct. 10, 2016 for Thanksgiving • Rules Quiz & Post Ups 	<ul style="list-style-type: none"> • Review Handouts • Chapter 7
Week 8 Oct. 17 & 19	<ul style="list-style-type: none"> • Post Ups Video Assignment Due • Off Ball Movement 	<ul style="list-style-type: none"> • Review Chapter 7 • Chapter 10
Week 9 Oct. 24 & 26	<ul style="list-style-type: none"> • Screen & Roll • Screen & Roll 	<ul style="list-style-type: none"> • Chapter 11 • Chapter 12
Week 10 Oct. 31 & Nov. 2	<ul style="list-style-type: none"> • Motion Offense & Man Defense • Motion Offense & Man Defense 	<ul style="list-style-type: none"> • Review Chapter 11 • Review Chapter 12
Week 11 Nov. 7 & 9	<ul style="list-style-type: none"> • SKILLS TEST TWO • Motion Offense & Man Defense 	<ul style="list-style-type: none"> • Review Chapter 11 & 12
Week 12 Nov. 14 & 16	<ul style="list-style-type: none"> • Transition • Zone Defense 	<ul style="list-style-type: none"> • Chapter 9 • Review Chapter 12
Week 13 Nov. 21 & 23	<ul style="list-style-type: none"> • 1 vs. 1 and 2 vs. 2 Tournaments • 3 vs. 3 Tournaments 	<ul style="list-style-type: none"> • Chapter 6 • Review Chapter 10
Week 14 Nov. 28 & 30	<ul style="list-style-type: none"> • 5 vs. 5 Tournament • Review Resource Package Due 	<ul style="list-style-type: none"> • Review Chapter 11
Week 15 Dec 5	<ul style="list-style-type: none"> • SKILLS TEST FINAL 	

STUDENT RESPONSIBILITIES:

Refer to the College Policy on Student Rights and Responsibilities at

www.gprc.ab.ca/d/STUDENTRIGHTSRESPONSIBILITIES

- All assignments must be submitted in typed format adhering to ALL APA format requirements.
- Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of SIGNIFICANT student issues and concerns as determined by the instructor. ALL extensions requests MUST be submitted to the instructor prior to the due dates. Percentage penalties will be applied up to 100 % of the assignment grade if assignments are submitted late.
- Regular attendance is integral to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support, and finally, role clarification. It is the student's responsibility to acquire the material missed and to complete assigned readings, in-class work, and assigned homework.
- Students who choose to make attendance intermittent may be excused from the final evaluation processes following three (3) unexcused absences. Students should make it a priority to communicate times and reasons they may not be able to attend BEFORE the absence.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. **The use of these devices must not disrupt the functions of the College overall and its classrooms and labs.** Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.