

Grande Prairie Regional College
Department of Physical Education, Athletics & Kinesiology

COURSE OUTLINE

PA 1310 - BADMINTON - Winter 2004

Instructor: Mr. Chris Nicol

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Mondays + Wednesdays 2:30 – 3:50 pm in GPRC Gymnasium

Course Description (1.5 Credits)

Students will be involved in a variety of activities to develop competence in and understanding of basic skills and principles in the game of badminton.

Course Objectives

1. To develop basic psychomotor skills involved in the sport of badminton.
2. To introduce students to a number of theoretical and technical aspects of badminton.
3. To promote active participation and development of a positive attitudes toward the activity.
4. To provide opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.

Course Content

Cognitive and Theoretical Concepts will include: rules, strategy, tactics, instructional techniques, safety, equipment, training and skill development as well as historical and socio- cultural references.

Psycho-Motor Skills will include proper grip, footwork, court movement, serves, net play, clears, drops, drives and smashes.

Competitions will take a variety of tournament styles and will include both singles and doubles.

Evaluation

30 % Skill Evaluation

20 % Competition Standings

10 % Student Assignments # 1 – Video Skill Analysis – *Due Wed March 10*

10% Student Assignment # 2 – Choice of Game Analysis, Unit Plan, or Training Program – *Due Wed April 7*

10% Student Assignment # 3 – Logbook – *Due Wed April 14*

20 % Final Exam

Resources

NCCP Technical Manual Level I

Handouts, Assigned Readings, Selected Resources

Transfer Credit (1.5 cr) U of Alberta PAC 131, U of Calgary PEAT 227, U of Lethbridge PHAC 1685

Attendance, Attire and Participation

This is an activity course. Students are expected to be in attendance at all classes, properly attired and to participate fully. Students amassing 3 or more unexcused absences may be denied permission to write the Final Exam as per PEAK Department policy.