

Grande Prairie Regional College
Department of Physical Education, Athletics & Kinesiology

COURSE OUTLINE

PA 1310 - Introduction to BADMINTON - Winter 2008

Instructor: Mr. Chris Nicol

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Tuesdays + Thursdays 4:00 – 5:20 pm in GPRC Gymnasium

Course Description (1.5 Credits)

Students will be involved in a variety of activities to develop competence in and understanding of basic skills and principles in the game of badminton.

Course Objectives

1. To develop basic psychomotor skills involved in the sport of badminton.
2. To introduce students to a number of theoretical and technical aspects of badminton.
3. To promote active participation and development of a positive attitudes toward the activity.
4. To provide opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.

Course Content

Cognitive and Theoretical Concepts will include: rules, strategy, tactics, instructional techniques, safety, equipment, training and skill development as well as historical and socio- cultural references.

Psycho-Motor Skills will include proper grip, footwork, court movement, serves, net play, clears, drops, drives and smashes.

Competitions will take a variety of tournament styles and will include both singles and doubles.

Evaluation

20%	Skill Evaluation
20 %	Competition Standings
10 %	Student Assignments # 1 – Video Skill Analysis
10%	Student Assignment # 2 – Game Analysis (video)
10%	Activity Completion
10%	Quiz
20 %	Final Exam – Thurs April 10
Option	10% Student Assignment # 3 – Resource book – Due Tues, April 8
	10% Competition Standings

Resources

Grice, Tony; BADMINTON Steps to Success: Human Kinetics

Supplementary Resource: NCCP Technical Manual Level I

Handouts, Assigned Readings, Selected Resources, Internet Sites

Transfer Credit (1.5 cr) U of A PAC 131, U of C PEAT 227, U of L PHAC 1685

Attendance, Attire and Participation

This is an activity course. Students are expected to be in attendance at all classes, properly attired and to participate fully. Students amassing 3 or more unexcused absences may be denied permission to write the Final Exam as per PEAK Department policy.