



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY (PEAK)

COURSE OUTLINE- WINTER 2014

PA 1310: INTRODUCTION TO THE BASICS OF BADMINTON

INSTRUCTOR: Chris Nicol

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OFFICE HOURS: Tues 10:30am – 11:30am.

PREREQUISITE(S)/COREQUISITE: NA

REQUIRED TEXT/RESOURCE MATERIALS: Grice, Tony, (2008) *Badminton: Steps to Success* (2nd ed.), Champaign, IL; Human Kinetics, Inc.

CALENDAR DESCRIPTION: PA 1310 is an introductory level course designed to offer an introduction to the instruction of Badminton. The focus will be on the ability to demonstrate the basic skills of badminton and gain an understanding of error detection and correction. The acquisition and understanding of these skills will be presented primarily through lab and lecture components and will be evaluated through a combination of physical performance and written assessments. A further focus will be the development of an understanding and application of basic strategies and rules.

CREDIT/CONTACT HOURS: 3 (3-0-0). Tuesday & Thursday, 4:00-5:20 pm.

DELIVERY MODE(S): Seminar, Lab, Guided Activity

OBJECTIVES:

1. Students will develop the basic psychomotor skills of the game of badminton.
2. Students will be introduced to a number of theoretical aspects including the common strategic concepts of badminton.
3. The instruction will establish a variety of learning styles for teaching badminton.
4. The inclusion of proper progressions for basic skills involved in acquiring badminton skills and acquisition of basic physical instructor (teaching/coaching) skills for the activity.
5. To provide opportunities for students to develop an awareness of present skill level and methods/strategies for improvement in self and others.
6. Understanding of how concepts of general movement, theory, physical literacy, long term athlete development & sport for life are applied to this activity.
7. The instructor will aspire to create a safe learning environment.

COURSE CONTENT:

1. **Cognitive and Theoretical Concepts** will include: rules, strategy, tactics, instructional techniques, safety, equipment, training and skill development
2. **Psycho-Motor Skills** will include proper grip, footwork, court movement, serves, net play, clears, drops, drives and smashes.
3. **Competitions** will take a variety of tournament styles and will include singles and doubles.

TRANSFERABILITY: PAC 131 (3.0)--U of A PHAC 2685 (1.5)--U of L Kings UC (1.5) —PHED 2xx Canadian UC (1.0)—PEAC 244 MacEwan (1.5)—PACT 131 Concordia UC (1.5)—Option 1xx Athabasca (1.5): APST 2xx (req. a second PA course). *See ALIS note 18

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

Video Assignment 10 % Skills, Game Play	Students will evaluate and critique their own skills and game play through video
Instruction 10%	Plan an age appropriate practice for youth in the “Train to Train” stage of the LTAD (junior high age students). The student’s ability to demonstrate good instruction methods in a large group setting.
Participation & Engagement 10%	The student seeking the excellent rating should be able to illustrate good learning behavior , by being appropriately dressed, punctual, good attendance, considerate towards others, have a good work ethic, instruct, lead, and help to create a good learning environment for the badminton class.
Basic Skills Assessment & Game Play 40% 20% Skills 20% Competition Standings <i>Option</i> 10% Competition Standings 10% Resource Book	Based on two parts: 1. The student’s ability to demonstrate the basic skills of the activity in controlled situations. Skills will be evaluated using a rubric based tool developed by activity experts and emphasizing proper biomechanics. 2. The student’s execution of the basic physical skills required to instruct the activity. These skills will be evaluated based on the level of performance demonstrated.
FINAL 30 %	This exam will be cumulative from all coursework completed throughout the semester.

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4pt Equivalent	% Guidelines	Designation
A ⁺	4	90 – 100	EXCELLENT
A	4	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1	50 – 54	
F	0	0 – 49	FAIL
WF	0	0	FAIL, withdrawal after the deadline

STUDENT RESPONSIBILITIES:

- Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of SIGNIFICANT student issues and concerns as determined by the instructor. ALL extensions requests MUST be submitted to the instructor prior to the due dates. Percentage penalties will be applied up to 100 % of the assignment grade if assignments are submitted late.
- Regular attendance is a key to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support, and finally, cues as to relevant examination materials. It is the student's responsibility to acquire the material missed and to complete assigned readings, in-class work, and assigned homework. **Students with more than 3 unexcused absences will be prohibited from participating in the final skill evaluations and theory exam.**

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at

<http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct:

Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

- Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. **The use of these devices must not disrupt the functions of the College overall and its classrooms and labs.** Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.
- **Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on and set to silent mode only with the expressed consent of individual instructors.** Sending or receiving text messages or gaming on a cell phone during class is not acceptable. In addition, cell phones and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.
- If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.