

**Grande Prairie Regional College
Department of Physical Education,
Athletics & Kinesiology (PEAK)**

PA 1310 A3
Physical Activity Course Level I Badminton

Course Outline Winter 2000

1. General Information

Instructor: Louis Chabot
Office: Portable J
Phone: 539-2834
Class Time: January 5 to April 12 M, W 16:00 to 17:20

Credit: 1.5 Credits
Equivalent to Pac 131 (1.5 credits) U of A
Peat 227/ Jr. Peat (1.5 credits) U of C
Phac 1685 (1.5 credits) U of L

2. Course Objectives

1. To develop the basic psychomotor skills of the game of Badminton
2. To introduce students to a number of theoretical aspects of Badminton
3. To promote participation and development of a positive attitude toward the life long sport of Badminton.

3. Resources

Optional Text: Badminton Canada, Badminton NCCP Manual, Ottawa, CA;
Badminton Canada, 1993 Cost \$40.00

4. Class Format

The mark breakdown for the course will be as follows.

Learning Behavior	10%
Video Analysis or Paper	10%
Final Exam	20%
Basic skills assessment and game play	60%

- *** Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and /or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Last day to withdraw with permission is March 10, 2000

5. Course Evaluation

Grande point 9 - equates to 90% +, this is the highest level of achievement and therefore classifies as **excellent**.

1. In terms of badminton ability this would require the student to be able to demonstrate the following strokes, in testing situations, in game play, and in practice. (60% of course)

- Feeding Technique
- Forecourt

A-	Net shots	Forehand	Backhand
B-	Short serves	Forehand	Backhand
C-	Underhand clears	Forehand	Backhand
D-	Long serve	Forehand	Backhand

- Back court

A-	Clear (Attacking, defensive)	Forehand	Backhand
B-	Drop shot	Forehand	Backhand
C-	Smash	Forehand	Backhand

- Footwork

A-	Front court
B-	Mid court
C-	Back court

2. In terms of badminton knowledge, the student should be able to show their understanding of the rules, history, strategies, skill progression, warm up activities, lead up games, and learning strategies of Badminton. This will be measured in 2 ways, a written final exam, and a video analysis or topic paper. Each of these should receive a grade of 8 or 9 supporting a high degree of understanding of these components of Badminton. (30 % of course)
3. Finally the student seeking the excellent rating should be able to illustrate a **good learning behavior**, by being appropriately dressed, punctual, considerate towards others, have a good work ethic, and help to create a good learning environment for the badminton class. This will be determined by attendance records, and in-class observation of the student. (10% of course)

* Individuals who wish to obtain NCCP Level 1 technical for Badminton may do so by purchasing the technical manual plus a \$20 administration fee.