

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS**

**PA 1310  
Physical Activity Course  
Level I (BADMINTON)**

**Course Outline Fall 2009**

**I. General Information**

**Instructor:** Matthew Bain  
**Office:** K 220  
**Phone:** 780.539.2974  
**Class Time:** September 3 to Dec 9; T, R, 16:00- 17:20

**Credit:** 1.5 Credits  
Equivalent to PAC 131 (1.5 credits)--U of A.  
Jr. PEAT (1.5 credits)-- U of C.  
PHAC 2635 (1.5 credits)-- U of L.

**II. Course Objectives**

1. To develop the basic psychomotor skills of the game of badminton.
2. To introduce students to a number of theoretical aspects including the common concepts of the sport of badminton.
3. To promote participation and development of a positive attitude toward the life long sport of badminton.
4. To create a safe/fun learning environment.

**III. Text**

**Grice, Tony; Badminton, Steps to Success, Windsor, Ontario; 2008**

**IV. Class Format**

The mark breakdown for the course will be as follows:

Learning Behavior	25%
Final Exam	25%
Basic skills assessment and game play	<u>50%</u>
<hr/>	100%

**Assignments:** Details on assignments will be made available by the second week of classes.

\*\*\* **Attendance** at lectures and class participation are important components of courses. Students serve their interests best by regular attendance. Those who choose not to attend must assume whatever risks are involved. Students who miss class due to medical reasons **MUST** present medical verification to their instructor. Last day to withdraw with permission from this course is November 6, 2009.

## **V. Course Evaluation**

Alpha Grade of A+ and A equates to 4.0 equivalence, this is the highest level of achievement and therefore classifies as **excellent**.

1. In terms of **badminton ability** this would require the student to be able to demonstrate the following strokes, in testing situations, in game play, and in practice. Assessment will be made throughout the semester through testing situations, game play, and practice situations. (50%)

serve (long)  
serve (short)  
forehand clear  
smash  
drop shot  
game playing ability (Combinations)

All of these strokes should be executed with consistency regardless of the pace or placement of the incoming shuttle.

2. In terms of **badminton knowledge**, the student should be able to show their understanding of the rules, history, strategies, skill progression, warm up activities, lead up games, common concepts and learning strategies of badminton. This will be measured in a written final exam in class on the final day. (25%)
3. Finally the student seeking the excellent rating should be able to illustrate **good learning behavior**, by being appropriately dressed, punctual, good attendance, considerate towards others, having a good work ethic, instruct, lead, and help to create a good learning environment. This will be determined from the student attendance records, and in-class observation of each student. (25%)

The three elements of evaluation are weighted to indicate the emphasis placed on each element. If the weighting's create an unreasonable chance of success then the student, through consultation with the instructor, can change the percentages by adding elements like a second assignment like a video analysis or a research paper. The 10 - 20 % of marks reallocated will hopefully realign the weighting's to the

student's benefit. Students seeking this kind of evaluation need the instructor's approval prior to Oct 8. **Practice** outside of class time is **highly recommended**. The test items will not be allowed retakes, including the assignments. **Please** ask if you are not clear as to what is expected of you in regards to how you will be evaluated in this class.

**PA 1310 GRADING SYSTEM**

<b>Alpha/ Letter Grading</b>		
<b>Alpha Grade</b>	<b>4-Point Equivalence</b>	<b>Descriptor</b>
A+	4.0	Excellent
A	4.0	
A-	3.7	First Class Standing
B+	3.3	
B	3.0	Good
B-	2.7	
C+	2.3	Satisfactory
C	2.0	
C-	1.7	
D+	1.3	Poor
D	1.0	Minimal Pass
F	0.0	Failure