



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY (PEAK)

COURSE OUTLINE- WINTER 2013

PA 1310: INTRODUCTION TO THE BASICS OF BADMINTON

INSTRUCTOR: Matthew Bain

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OFFICE HOURS: By appointment, drop in, or as necessary.

PREREQUISITE(S)/COREQUISITE: NA

REQUIRED TEXT/RESOURCE MATERIALS: Grice, Tony, (2008) *Badminton: Steps to Success (2nd ed.)*, Champaign, IL; Human Kinetics, Inc.

CALENDAR DESCRIPTION: PA 1310 is an introductory level course designed to offer an introduction to the instruction of Badminton. The focus will be on the ability to demonstrate the basic skills of badminton and gain an understanding of error detection and correction. The acquisition and understanding of these skills will be presented primarily through lab and lecture components and will be evaluated through a combination of physical performance and written assessments. A further focus will be the development of an understanding and application of basic strategies and rules.

CREDIT/CONTACT HOURS: 3 (3-0-0). PA 1310 includes two (2), eighty- minute (80) sessions per week: Tuesday & Thursday, 4:00-5:20 pm.

DELIVERY MODE(S): This course work may include lectures, class discussions, group work, in-class exercises, and individual student work that includes various

delivery methods.

OBJECTIVES:

1. Students will develop the basic psychomotor skills of the game of badminton.
2. Students will be introduced to a number of theoretical aspects including the common strategic concepts of badminton.
3. The instruction will establish a variety of learning styles for teaching badminton.
4. The inclusion of proper progressions for basic skills involved in acquiring badminton skills & acquisition of basic physical instructor (teaching/coaching) skills for the activity.
5. Understanding of how concepts of general movement, theory, physical literacy, long term athlete development & sport for life are applied to this activity.
6. The instructor will aspire to create a safe learning environment.

TRANSFERABILITY:

- | | |
|--------------------------------|---|
| 1. PAC 131 (3.0)--U of A | 6. MacEwan (1.5)—PACT 131 |
| 2. Jr. PEAT (1.5)--U of C. | 7. Concordia UC (1.5)—Option 1xx |
| 3. PHAC 2685 (1.5)--U of L. | 8. Athabasca (1.5): APST 2xx (req. a second PA course). *See ALIS |
| 4. Kings UC (1.5)—PHED 2xx | note 182 |
| 5. Canadian UC (1.0)—PEAC 244 | |

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

Midterm Assignment	10 %: This assignment will serve as a midterm examination for the course. This assignment will include an exploration of topics up to the midpoint of the course.
Practice Planning Assignment	10%: Plan an age appropriate practice for youth in the “Train to Train” stage of the LTAD (junior high age students in Canada).
Instruction	10%: The student’s ability to demonstrate good instruction methods in a large group setting. It will be evaluated using a rubric based tool developed by the instructor.
Final	20 %: This exam will be cumulative from all coursework completed throughout the semester.
Basic Skills Assessment & Game Play	40%: Based on two parts: <ol style="list-style-type: none"> 1. The student’s ability to demonstrate the basic skills of the activity in controlled situations. Skills will be evaluated using a rubric based tool developed by activity experts and emphasizing proper biomechanics. 2. The student’s execution of the basic physical skills required to instruct the activity. These skills will be evaluated based on the level of performance demonstrated.
Participation & Engagement	10%: This grade will be determined based on 50% attendance and 50% on engagement in the learning process.

GRADING CRITERIA:

BASIC SKILLS ASSESSMENT & GAME PLAY (40%): In terms of badminton ability this would require the student to be able to demonstrate the following strokes, in testing situations, in game play, and in practice.

- Serve (Long & Short)
- Forehand & Backhand Clear
- Smash
- Drop shot
- Game playing ability

All of these shots & skills should be executed with consistency and accuracy in testing situations and the pace or placement of the shuttle should be evaluated daily. These skills and abilities may

be reviewed using various processes such as video recording, peer observation & coaching, and instructor recommendations.

PARTICIPATION & ENGAGEMENT (10%): The student seeking the excellent rating should be able to illustrate **good learning behavior**, by being appropriately dressed, punctual, good attendance, considerate towards others, have a good work ethic, instruct, lead, and help to create a good learning environment for the badminton class. This will be determined from the student attendance records, and in-class observation of each student.

FINAL EXAMINATION (20%): This examination will be inclusive of all course documents, lessons, lectures, and coaching principles discussed during the class over the course of the semester. This exam may include (but is not limited to) questions in the form of labeling, multiple choice, short & long answer and include content such as (but not limited to) LTAD information, strategy and tactics, and skills and abilities.

PRACTICE PLANNING ASSIGNMENT & INSTRUCTION: Students will be expected to design an age-appropriate lesson plan (LTAD: Train to Train) for the class and will be given time during a class to execute the plan. This assignment will be an opportunity to demonstrate coaching/ teaching abilities associated with the sport. Evaluation and discussion will occur following the completion of the assignments.

MIDTERM ASSIGNMENT: This assignment will include all course materials up to the midpoint of the course. This will be a classroom oriented session combined with on court activities. This assignment will help students design appropriate plans and instruction opportunities for the second half of the course.

GRANDE PRAIRIE REGIONAL COLLEGE**GRADING CONVERSION CHART**

Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

STUDENT RESPONSIBILITIES:

- Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of SIGNIFICANT student issues and concerns as determined by the instructor. ALL extensions requests MUST be submitted to the instructor prior to the due dates. Percentage penalties will be applied up to 100 % of the assignment grade if assignments are submitted late.
- Regular attendance is a key to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support, and finally, cues as to relevant examination materials. It is the student's responsibility to acquire the material missed and to complete assigned readings, in-class work, and assigned homework. **Students with more than 3 unexcused absences will be prohibited from participating in the final skill evaluations and theory exam.**

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

- Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. **The use of these devices must not disrupt the functions of the College overall and its classrooms and labs.** Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.
- **Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on and set to silent mode only with the expressed consent of individual instructors.** Sending or receiving text messages or gaming on a cell phone during class is not acceptable. In addition, cell phones and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.

- If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.

COURSE SCHEDULE/TENTATIVE TIMELINE

WEEK	TOPIC	ASSIGNED READINGS	IMPORTANT DATES
January 8 & 10	Course Introduction & LTAD model review	Introduction	
January 15 & 17	Warm up, equipment orientation, grip, footwork, & shuttle handling	Step 1, 2, & 11	
January 22 & 24	Footwork, Rules, Scoring & Serve	Step 2	
January 29 & 31	Serve, Forehand/Backhand overhead, and combination games	Step 2 & 3	
February 5 & 7	Clear, Dropshot, and combination games	Step 4 & 5	
February 12 & 14	Smash, drive, and combination games	Step 6 & 7	February 16: MIDTERM ASSIGNMENT
February 19 & 21	Reading Week (NO CLASS)		
February 26 & 28	Teaching		February 26 & 28: TEACHING & INSTRUCTION
March 5 & 7	Teaching		February 26 & 28: TEACHING & INSTRUCTION
March 12 & 14	Singles Tactics & Combination Games	Step 9	
March 19 & 21	Individual Tournament		
March 26 & 28	Individual Tournament		
April 2 & 4	Doubles Tournament & Individual Testing		
April 9 & 11	Doubles Tournament & Individual Testing		April 12: Video Analysis & Evaluation
April 16	Last class		April 16: Final Exam