



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY (PEAK)

COURSE OUTLINE- FALL 2011

PA 1350: TENNIS

INSTRUCTOR: Matthew Bain **PHONE:** (780) 539-2974
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OFFICE HOURS: By appointment, drop in, or as necessary.

PREREQUISITE(S)/COREQUISITE: NA

REQUIRED TEXT/RESOURCE MATERIALS: Brown, Jim. (2004) *Teaching Tennis: Steps to Success*. Champaign, IL: Leisure Press.

CALENDAR DESCRIPTION: The course will allow the opportunity to acquire theoretical knowledge and personal skill in service and service return, forehand and backhand strokes, approach shots, volley, lob, basic strategies, officiating and court etiquette.

CREDIT/CONTACT HOURS: 3 (3-0-0). PA 1350 includes three (3) One hundred and ten (110) minute classes per week: Monday, Wednesday, and Friday. 2:30- 4:20 pm.

DELIVERY MODE(S): This course work may include lectures, class discussions, group work, in-class exercises, and individual student work that includes various delivery methods.

OBJECTIVES:

1. Students will develop the basic psychomotor skills of the game of tennis.
2. Students will be introduced to a number of theoretical aspects including the common strategic concepts of tennis
3. The instruction will promote participation and the development of a positive attitude towards the lifelong sport of tennis.
4. The instruction will establish a variety of learning styles for teaching tennis.
5. The instructor will aspire to create a safe learning environment.

TRANSFERABILITY:

1. PAC 135 (1.5 credits)--U of A
2. Jr. PEAT (1.5 credits)--U of C.
3. PHAC 2635 (1.5 credits)--U of L.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

Learning Behavior	25 %: This is demonstrable on a daily basis by being a student of the game. Challenging the development of new skills, motor patterns, and practice on a daily basis by being able to see the benefits of challenging oneself to understand the game of tennis on a different level.
Final Learning Evaluation	10%: This will examine your ability to critically analyze tennis skills and technique and offer teaching points and drills.
Final	15 %: This exam will be on the final day of classes (October 22) in a classroom TBD. The time of the class will remain the same.
Basic Skills Assessment & Game Play	50%: This is the largest grade in the class. This will be determined at the midpoint in the semester (self & instructor evaluation) and through the final learning journal submission.

GRADING CRITERIA:

BASIC SKILLS (30%) AND LEARNING JOURNAL (20%): In terms of tennis ability this would require the student to be able to demonstrate the following strokes, in testing situations, in game play, and in practice. (50%).

- Forehand
- Backhand
- Volley (forehand and backhands)
- Serve (top spin, flat, and slice)
- Overhead/ lob (backhand & forehand)
- Game playing ability

All of these strokes should be executed with consistency and accuracy in testing situations and the pace or placement of the ball should be evaluated daily.

If the weighting of 50 % for basic skills creates an unreasonable chance of success then the student, through consultation with the instructor, can decrease this component to as low as 30%. This could be done by adding elements like a second assignment such as a video analysis or a research paper. The 10-30 % of marks reallocated from basic skills will hopefully realign the weighting to the student's benefit. Students seeking this kind of change in evaluation need the instructor's approval PRIOR to SEPTEMBER 22, 2011. Practice outside of class is highly recommended. The test items will not be allowed retakes, including the video analysis assignment (s). PLEASE ask if you are not clear as to what to expect of you in regards to how you will be evaluated in this class.

LEARNING BEHAVIORS: Finally the student seeking the excellent rating should be able to illustrate **good learning behavior**, by being appropriately dressed, punctual, good attendance, considerate towards others, have a good work ethic, instruct, lead, and help to create a good learning environment for the tennis class. This will be determined from the student attendance records, and in-class observation of each student. (25%)

FINAL LEARNING EVALUATION: You will be assigned a video to analyze skills, footwork, and technique and offer teaching opportunities as feedback. This will be a structured assignment and will be due on the final day of classes. This must be completed individually in order for the instructor to determine an individual student's evaluative ability. Assignment will be posted to Moodle one (1) week prior to the last day of class and will be due during that class. (10%)

WRITTEN EXAMINATION: In terms of **tennis knowledge**, the student should be able to show their understanding of the rules, history, strategies, skill progression, warm up activities lead up games, and learning strategies of tennis to be tested on the final exam. (25%)

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

EXAMINATIONS: Each of the examinations may include multiple choice, true and false, and short answer questions. These examinations are meant for the student to demonstrate a critical accumulation of knowledge over a certain period of time. Students should be familiar with the *key concepts* from each chapter.

STUDENT RESPONSIBILITIES:

- Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of SIGNIFICANT student issues and concerns as determined by the instructor. ALL extensions requests MUST be submitted to the instructor prior to the due dates. Percentage penalties will be applied up to 100 % of the assignment grade if assignments are submitted late.
- Regular attendance is a key to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support, and finally, cues as to relevant examination materials. It is the student's responsibility to acquire the material missed and to complete assigned readings, in-class work, and assigned homework.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

- Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. **The use of these devices must not disrupt the functions of the College overall and its classrooms and labs.** Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.
- **Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on and set to silent mode only with the expressed consent of individual instructors.** Sending or receiving text messages or gaming on a cell phone during class is not acceptable. In addition, cell phones

and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.

- If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.

COURSE SCHEDULE/TENTATIVE TIMELINE

WEEK	TOPIC	ASSIGNED READINGS	ASSIGN/DUE DATES
September 9	Course Introduction		
September 12- 16	Warm up, Footwork, Ball Control Drills, and Forehand	Introduction and Chapter 1	
September 19-23	Forehand, Backhand, Serve, and Combination Games	Chapter 1, 2, & 3	
September 26-30	Volley, Half Volley, Lob, Drop shot, and, Combination Games	Chapter 4, 5, & 6	
October 3-7	Skills Testing, Single Strategy & Combination Games	Chapter 7, 8, & 9	VIDEO ANALYSIS (SELF)
October 10-14	Mini-Singles Tournament, review and combination games.	Chapter 10	No Class: Oct 10
October 17-21	Skills Testing and Doubles Tournament	Chapter 7-9	FINAL SKILLS ANALYSIS (Video Analysis)
October 18-22	Skills Testing, Doubles tournament, and FINAL EXAM		FINAL: OCT 21, 2010 @ 2:30 pm.