



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY (PEAK)

COURSE OUTLINE – FALL 2011

PA1370 VOLLEYBALL – 1.5 (0-0-3) 45 HOURS

INSTRUCTOR: Leigh Goldie

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OFFICE HOURS: By appointment – call or e-mail

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS: Baudin, J. Pierre (ed). *Fundamentals of coaching volleyball – Level 1 coaches manual (3rd ed)*. Ottawa: Volleyball Canada, 1994.

CALENDAR DESCRIPTION: Acquisition of theoretical knowledge and personal skill in individual and team activities, basis strategies and rules.

CREDIT/CONTACT HOURS: 1.5 (0-0-3)

DELIVERY MODE(S): Presentations, demonstrations and activities in the gym and classroom.

OBJECTIVES (OPTIONAL): 1. To be able to demonstrate the fundamental skills of volleyball including forearm passing, overhead passing, attacking, blocking and backcourt defensive skills.

2. To understand the basic team strategies of volleyball including defensive formations, offensive formations, blocking, free ball and down ball transitions, defensive and offensive coverages.
3. To develop progressions to teach the basic skills.
4. To develop the volleyball coaching skills necessary to run volleyball drills.
5. To understand the rules of the game.
6. To potentially achieve NCCP Level 1 Volleyball Technical training.

TRANSFERABILITY:	University of Alberta	PA 137 (1.5)
	University of Calgary	PEAT 219/319 (1.5)
	University of Lethbridge	PHAC 2545 (1.5)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:	Skill Evaluations	45%
	Practical Assignments	30%
	Theory Exam	25%

STUDENT RESPONSIBILITIES: Students are expected to fully participate in all activities and are expected to complete all assignments and projects on time.
Students with 3 or more unexcused absences will be prohibited from participating in the final skill evaluations and theory exam.

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A ⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

****Note:** all Academic and Administrative policies are available on the same page.