

GRANDE PRAIRIE REGIONAL COLLEGE

Department of Physical Education and Athletics

PA214 Introduction to Ice Hockey

- 1.0 INSTRUCTOR: David Kay Rm. K215 Ph: 539-2034
- 2.0 COURSE DESCRIPTION: This course is designed to introduce the student to individual and team skill acquisition in ice hockey.
- 3.0 TRANSFER OF CREDITS: University of Alberta PAC 214 (1.5)
University of Calgary PEAT 211 (1.5)
University of Lethbridge PAC 2525 (1.5)
- 4.0 PREREQUISITE:
- 5.0 OBJECTIVES:
- 5.1 To acquire and improve the basic fundamentals of hockey. (Skating, puck control, shooting, passing, checking).
 - 5.2 To develop teaching progressions for the basic skills of hockey.
 - 5.3 To develop drills for hockey skills.
 - 5.4 To show understanding and proficiency at basic hockey tactics and combination drills.
- 6.0 TEXT: Basic Hockey Drill Book by Guy Palmer, Human Kinetics Press. Campaign, Illinois
- 7.0 EQUIPMENT: Students are to supply their own skates and sticks. The use of a helmet is mandatory. Hockey gloves are suggested. Face shields or masks are not mandatory but are suggested.
- 8.0 ATTENDANCE: The Department of Physical Education at GPRC allows a maximum of 10% of unexcused absences. Any student with more than three unexcused classes will receive a grade of 1 in PA 214.