

GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

PA 235 - TENNIS

COURSE OUTLINE

INSTRUCTOR:

Leigh Goldie  
Office: K219 Phone: 539-2978

CLASS TIMES:

Tuesdays and Thursdays, 1:30 - 2:50 pm.  
\* All classes will be held at the South Side Tennis Courts.

COURSE OBJECTIVES:

1. To develop the student's proficiency in the basic skills of the game of tennis.
2. To develop the student's ability to employ the basic skills in game situations.

COURSE TEXT:

There is no required course text. However, several readings will be placed on reserve in the Library. You will be expected to read this material and you can make copies at your own discretion.

TRANSFERABILITY:

PAC 235 - University of Alberta  
PA 243 - University of Calgary  
1/2 of an unspecified PE option - University of Lethbridge

COURSE SCHEDULE:

This schedule will be followed:  
Sept. 5 - grip, ready position  
Sept. 10 - forehand groundstrokes  
Sept. 12 - backhand groundstrokes  
Sept. 17 - serving  
Sept. 19 - drills and review, singles strategy  
Sept. 24 - forehand and backhand volley  
Sept. 26 - drills and review

Oct 1 - lobs and smashes  
Oct 3 - drills and review, doubles strategy  
Oct. 8 - assessment  
Oct. 10 - assessment  
Oct. 15 - singles tournament  
Oct. 17 - doubles tournament

COURSE EVALUATION:

|                                       |            |
|---------------------------------------|------------|
| Term assignments                      | 35%        |
| Basic skills assessment and game play | <u>65%</u> |
|                                       | 100%       |

\* Attendance is very important in this class. No credit will be given if a student misses an assessment day.