



## **PHYSICAL EDUCATION AND KINESIOLOGY**

### **COURSE OUTLINE – Winter 2018**

#### **PA 3110 A3: Coaching Basketball 3 (3-0-0) UT 45 Hours 15 Weeks**

**INSTRUCTOR:** Chris Nicol                      **PHONE:** 780-539-2838  
**OFFICE:** K219                                      **E-MAIL:** cnicol@gprc.ab.ca  
**OFFICE HOURS:** Tues, Thurs 1:30-2:30 or by appointment.

**CALENDAR DESCRIPTION:** Acquisition of theoretical knowledge and personal skills used in coaching the advanced skills and strategies of basketball.

**PREREQUISITE(S)/COREQUISITE:** PA1110 or consent of the Department.

#### **REQUIRED TEXT/RESOURCE MATERIALS:**

Wooten, M. and Wooten, J. (2013). Coaching Basketball Successfully (3<sup>rd</sup> Ed.). Windsor, ON: Human Kinetics

Notes and Resources on Moodle.

Additional Resources as designated by the instructor.

**DELIVERY MODE(S):** The course work will be delivered via mini-lectures, on-court, class discussions, group work, in-class exercises and individual student work that includes various delivery methods.

#### **COURSE OBJECTIVES:**

1. Students will develop basic competencies required by coaches in the areas of motivation, teaching, and developing athletes.
2. Students will develop a basic understanding of the concepts and skills involved in being a successful leader and manager of a basketball program.
3. Students will be provided an opportunity to apply their skills to practical and experiential activities through participation in self-study, group projects, and peer evaluation.
4. Students will develop and demonstrate an understanding of the principles of team play
5. Students will develop and demonstrate a functional knowledge of offensive and defensive team systems

### LEARNING OUTCOMES:

1. Student will be able to identify and demonstrate successful principles related to coaching basketball at a junior high or high school level.
2. Student will be able to study and critique current coaching methodologies and develop interventions for better coaching practices.
3. Student will demonstrate the ability to understand opponent tendencies and develop counter strategies to increase chances of success.
4. Student will be able to develop an appreciation for basketball on a competitive and recreational level. The student will be able to learn and teach basketball skills needed to be successful at the junior high and high school levels.
5. Student will understand spacing principles related to basketball.

### TRANSFERABILITY:

UA, AU, UA-AUG, CUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

### EVALUATIONS:

QUIZZES (2x10)	20%
COURSEWORK	50%
• Peer Instruction Session (10)	
• Assignments (25)	
• Personal Reflection: <i>Discussion Forums and Responses</i> (10)	
• Learning Behavior: <i>Attendance, Participation, Engagement</i> (5)	
FINAL EXAM	<u>30%</u>
	100%

**GRADING CRITERIA:** (The following criteria may be changed to suit the particular course/instructor) Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

**COURSE SCHEDULE/TENTATIVE TIMELINE:**

J8	Introduction, Coaching Philosophy	J10	Communication & Motivation
J15	Offense: Footwork, Cuts, Screens	J17	Offense: Shooting & Post Ups
J22	R&R Motion Offense	J24	R&R Motion Offense
J29	4Out Motion Offense	J31	4Out Motion Offense
F5	Patterned Offense ( <i>Flex, others</i> )	F8	Patterned Offense ( <i>Flex, others</i> )
F12	Transition Offense	F14	<b>QUIZ: Motion Off</b>
<b>F19</b>	<b>WINTER BREAK</b>	<b>F21</b>	<b>WINTER BREAK</b>
F26	Officiating	F28	Set Plays
M5	Planning: Practice, Season	M7	<b>QUIZ: Officiating</b>
M12	Inbounds & Special Situations	M14	Man vs Man Def& Rebounding
M19	Man Defense & Trapping	M21	Zone Defenses
M26	Zone Presses	M28	Zone & Press Offense
A2	<b>Student Led Session</b>	A7	<b>Student Led Session</b>
A9	<b>Student Led Session</b>	A11	<b>Student Led Session</b>
<i>Note: Minor schedule changes or adjustments are possible</i>			
<b>FINAL EXAMS April 16 – 26, 2018</b>			

**STUDENT RESPONSIBILITIES:**

1. Students must complete all assignments and examinations in order to receive a passing grade in the course. The incompleteness of any of the assigned learning activities may result in the assignment of a failing (F) grade.
2. Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of significant student issues and concerns as determined by the instructor. All extensions requests must be submitted to the instructor prior to the due dates. Percentage penalties of 10% per day will be applied up to 100 % of the assignment grade if assignments are submitted late.
3. Regular attendance and participation is expected at ALL sessions as much of the information provided cannot be obtained in any other way. Regular attendance is a key to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support. It is the responsibility of the student to acquire the material missed and to complete assigned readings, in-class work, and assigned homework.
4. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course.
5. Dress in appropriate clothing and footwear for all gymnasium sessions. Notify the instructor of any allergies or medical conditions. Students who miss class due to medical reasons MUST present medical verification to their instructor.

**STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

**\*\*Note:** all Academic and Administrative policies are available on the same page.