



GRANDE PRAIRIE REGIONAL COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS AND KINESIOLOGY

PA 3110 – ADVANCED BASKETBALL - COURSE OUTLINE

Winter 2004 – GPRC Gymnasium – Tues + Thurs 4:00– 5:20 pm (3.0 cr)

Instructor: Chris Nicol, ph 539-2838, fx 539-2811 office K214, cnicol@gprc.ab.ca

COURSE OBJECTIVES:

- To learn and perform the basic skills of basketball
- To develop and demonstrate an understanding of the principles of team play
- To gain a functional knowledge of the history, rules, organization of the sport
- To develop a functional knowledge of team systems and team play
- To develop an appreciation for basketball as both a competitive and recreational activity

COURSE CONTENT:

- INDIVIDUAL OFFENSIVE SKILLS, INDIVIDUAL DEFENSIVE SKILLS
- BASIC TEAM PLAY- 2 v 2, 3 vs 3, 4 vs 4, 5 vs 5, screen + roll, give and go
- TEAM OFFENSIVE SYSTEMS and TEAM DEFENSIVE SYSTEMS
- OFFICIATING
- CLASSROOM - rules, history, organization, equipment
developing a program, tournament structure and administration
socialization, teaching, skill analysis,
planning - practice, seasonal

TRANSFERABILITY

U of Alberta = PAC 311, U of Lethbridge = PHAC 3505

CERTIFICATION

Upon completion of the course, students may be eligible for NCCP Level II Technical certification

COURSE TEXT

Basketball Canada Level II Technical Manual, Selected Readings, Videos

COURSE EVALUATION

Skill Evaluations = 40%, Assignments = 40%, Final Exam = 20%

Attendance, Attire and Participation

This is an activity course. Students are expected to be in attendance at all classes, properly attired and to participate fully. Students amassing 3 or more unexcused absences may be denied permission to write the Final Exam as per PEAK Department policy.