

**GRANDE PRAIRIE REGIONAL COLLEGE**  
**DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS AND KINESIOLOGY**

**PA 3110 – ADVANCED BASKETBALL - COURSE OUTLINE**

**Winter 2007 – GPRC Gymnasium – Tues + Thurs 4:00– 5:20 pm (3.0 cr)**

**Instructor: Chris Nicol, ph 539-2838, fx 539-2811 office K214, [cnicol@gprc.ab.ca](mailto:cnicol@gprc.ab.ca)**

**COURSE OBJECTIVES:**

- To learn and perform the basic skills of basketball
- To develop and demonstrate an understanding of the principles of team play
- To gain a functional knowledge of the history, rules, organization of the sport
- To develop a functional knowledge of team systems
- To develop understanding and skills of officiating
- To develop an appreciation for basketball as both a competitive and recreational activity

**COURSE CONTENT:**

- INDIVIDUAL OFFENSIVE SKILLS, INDIVIDUAL DEFENSIVE SKILLS
- BASIC TEAM PLAY- 2 v 2, 3 vs 3, 4 vs 4, 5 vs 5, screen + roll, give and go
- TEAM OFFENSIVE SYSTEMS and TEAM DEFENSIVE SYSTEMS
- OFFICIATING –rules, on court officiating, score sheets
- CLASSROOM - rules, history, organization, equipment  
developing a program, tournament structure and administration  
teaching, skill analysis, planning - practice, seasonal

**TRANSFERABILITY**

U of Alberta = PAC 311, U of Lethbridge = PHAC 3505

**COURSE TEXT**

Wooten, Morgan, 2003, Coaching Basketball Successfully 2<sup>nd</sup> Ed, Human Kinetics  
Nicol, Chris, 2006 Building a Successful Motion Offense, DVD and Resource Book  
Selected Readings, Videos

**COURSE EVALUATION**

**Skill Evaluations = 20%**

**Assignments = 40%** Jr H T = 10%, Resource Book = 15%, TBA Assignment 10% All-Star Game 5%

**Quizzes = 10%**

**Final Exam = 20%**

**Learning Activity Completion = 10%** Attendance, Participation

*Note: Jr High Tournament Jan (25)26-27<sup>th</sup> All-Star Game Wed March 28<sup>th</sup>*

**Attendance, Attire and Participation**

This is an activity course. Students are expected to be in attendance at all classes, properly attired and to participate fully. Students amassing 3 or more unexcused absences may be denied permission to write the Final Exam as per PEAK Department policy.

## COURSE SCHEDULE

PA 3110 - Adv Basketball Schedule Winter 2007				
week	date	Tuesday	Thursday	Fri, Sat
Week 1	4-Jan		intro	
Week 2	Jan 9- 11	cuts, screen + roll	cuts, screen + roll	Home vs NAIT
Week 3	Jan 16- 18	officiating	officiating	
Week 4	Jan 23- 27	officiating	officiating	Home vs TKUC Jr High Tournament
Week 5	J30 - F 1	man defense	man defense	
Week 6	Feb 6- 8	half court offense	half court offense	
Week 7	Feb 13 - 15	post play	In lieu	Home vs CUCA
Week 8	Feb 20- 22	winter break		
Week 9	F27- M 1	Transition Off	Scrimmage	
Week 10	Mar 6- 8	2 - 3 zone	Offense vs 2 -3Z	
Week 11	Mar 13- 15	trapping	In lieu	
Week 12	Mar 20- 22	odd front zones	inbounds	
Week 13	Mar 27- 29	2-2-1 press	1-2-1-1 press	Wed All-Star Gm
Week 14	April 3- 5	Skills assessment	In lieu	Easter Weekend
Week 15	Apr 10- 12	Skills assessment	Exam	

Note: the above schedule may be subject to minor changes

GPRC GRADING POLICY			
ALPHA	4-POINT	% GUIDELINE	DESIGNATION
A+	4.0	90-100	Excellent
A	4.0	85-89	Excellent
A-	3.7	80-84	First Class Standing
B+	3.3	76-79	First Class Standing
B	3.0	73-75	Good
B-	2.7	70-72	Good
C+	2.3	67-69	Satisfactory
C	2.0	64-66	Satisfactory
C-	1.7	60-63	Satisfactory
D+	1.3	55-59	Minimal Pass
D	1.0	50-54	Minimal Pass
F	0.0	0-49	Fail