



DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS AND KINESIOLOGY

COURSE OUTLINE – WINTER 2011

PA3110 ANALYSIS AND INSTRUCTION OF BASKETBALL - 3(3-0-0) 45 HOURS

INSTRUCTOR: Mr. Chris Nicol
B.Ed, M.Ap.Sc.

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HOURS: T.B.A.

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS:

Wootten, Morgan, 2003, Coaching Basketball Successfully 2nd Ed, Human Kinetics

Nicol, Chris, 2006 Building a Successful Motion Offense, DVD and Resource Book

Selected Readings, Videos

CALENDAR DESCRIPTION: The theory, practice and teaching of the fundamental skills of basketball will be covered.

CREDIT/CONTACT HOURS: 3(3-0-0) 45 HOURS

DELIVERY MODE(S): Lab Activities, Lecture, Practical Application

OBJECTIVES (Optional):

- To learn and perform the basic skills of basketball
- To develop and demonstrate an understanding of the principles of team play
- To gain a functional knowledge of the history, rules, organization of the sport
- To develop a functional knowledge of team systems (both offensive and defensive)
- To develop understanding and skills of officiating
- To develop an appreciation for basketball as both a competitive and recreational activity

TRANSFERABILITY:

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.**

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-Pt	% Guidelines	Designation
A ⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

EXAMINATIONS: Exam = 15%

Skill Evaluations = 20% Assignments = 45% Quizzes = 20%

Note that a 10% per day penalty will be assessed to all late assignments.

STUDENT RESPONSIBILITIES:

Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 49-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

PA 3110 - Adv Basketball Schedule Winter 2011

week	date	Monday	Wednesday	Fri, Sat
Week 1	Jan 5		intro	
Week 2	Jan 12 - 14	cuts, screen + roll	Ball Screens	Home vs NAIT
Week 3	Jan 19 - 21	Screen def, off ball screens	Man Def	
Week 4	Jan 26 - 28	officiating	officiating	
				Jr High Tournament
Week 5	J - F 1	man defense	man defense	
Week 6	Feb 6- 8	half court offense	half court offense	Home vs CUCA
Week 7	Feb 13 - 15	post play	In lieu	Home vs CUCA
Week 8	Feb 20- 22	winter break		
Week 9	F27- M 1	Transition Off	Scrimmage	
Week 10	Mar 6- 8	2 - 3 zone	Offense vs 2 -3Z	
Week 11	Mar 13- 15	trapping	In lieu	
Week 12	Mar 20- 22	odd front zones	inbounds	Wed All-Star Gm
Week 13	Mar 27- 29	2-2-1 press	1-2-1-1 press	Easter Weekend
Week 14	April 3- 5	Skills assessment	In lieu	
Week 15	Apr 10- 12	Skills assessment	Exam	