



**PHYSICAL EDUCATION AND KINESIOLOGY**

**COURSE OUTLINE – Winter 2017**

**PA 3110 A3: Coaching Basketball 3 (3-0-0) UT**

**INSTRUCTOR:** Slifka, Thomas      **PHONE:** 780-539-2904  
**OFFICE:** K230      **E-MAIL:** TSlifka@gprc.ab.ca  
**OFFICE HOURS:** Wednesday 1-2PM or by appointment.

**CALENDAR DESCRIPTION:** Acquisition of theoretical knowledge and personal skills used in coaching the advanced skills and strategies of basketball.

**PREREQUISITE(S)/COREQUISITE:** PA1110 or consent of the Department.

**REQUIRED TEXT/RESOURCE MATERIALS:** Wooten, M. and Wooten, J. (2013). Coaching Basketball Successfully (3<sup>rd</sup> Ed.). Windsor, ON: Human Kinetics

**DELIVERY MODE(S):** The course work will be delivered via mini-lectures, on-court, class discussions, group work, in-class exercises and individual student work that includes various delivery methods.

**COURSE OBJECTIVES:**

1. Students will develop basic competencies required by coaches in the areas of motivation, teaching, and developing athletes.
2. Students will develop a basic understanding of the concepts and skills involved in being a successful leader and manager of a basketball program.
3. Students will be provided an opportunity to apply their skills to practical and experiential activities through participation in self-study, group projects, and peer evaluation.

**LEARNING OUTCOMES:**

1. Student will be able to identify and demonstrate successful principles related to coaching basketball at a junior high or high school level.
2. Student will be able to study and critique current coaching methodologies and develop interventions for better coaching practices.
3. Student will be able to maintain a personal reflection journal related to current coaching philosophy and writings from the semester.
4. Student will demonstrate the ability to understand opponent tendencies and develop counter strategies to increase chances of success.
5. Student will be able to develop an appreciation for basketball on a competitive and recreational level. The student will be able to learn and teach basketball skills needed to be successful at the junior high and high school levels.
6. Student will be able to understand various systems within organized team basketball.
7. Student will understand spacing principles related to basketball.

**TRANSFERABILITY:**

UA, AU, UA-AUG, CUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

**EVALUATIONS:**

Participation/Quizzes	20%
Personal Journal	20%
Coaching Practice Eval(2)	15%
Competition Evaluation	15%
Final Exam	<u>30%</u>
	100%

<b>Participation/ Quizzes</b>	This grade is assigned to students for their regular attendance, engagement, discussion of the classroom activities, and completion of on court activities. In addition, students will also complete in-class quizzes throughout the semester.
<b>Personal Journal</b>	Students will submit a journal at the end of the semester, comprised of exercises and reflections assigned in class.
<b>Coaching Practice Evaluation(2)</b>	Students will complete two practices or lessons as the primary coach throughout the semester. Both will be video recorded and uploaded to Moodle.
<b>Competition Evaluation</b>	Student will complete a competition evaluation on a basketball game of their choosing. The student will use course concepts to assess and evaluate the participating teams.
<b>Final Exam</b>	TBD

**GRADING CRITERIA: (The following criteria may be changed to suit the particular course/instructor)**

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>		<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

**COURSE SCHEDULE/TENTATIVE TIMELINE:**

PA3110 W17 Tentative Schedule			
<b>J09</b>	Introduction to Class	<b>J11</b>	Coaching Philosophy and History of Coaching(1)
<b>J16</b>	Communication(2)	<b>J18</b>	Communication(2)
<b>J23</b>	Motivating Players(3)	<b>J25</b>	Motivating Players(3)
<b>J30</b>	Developing a Program(4)	<b>F01</b>	Practice Planning(6)
<b>F06</b>	Season Planning(5)	<b>F08</b>	Developing a Scout(5)
<b>F13</b>	Individual Offensive Skills	<b>F15</b>	Individual Defensive Skills(14)
<b>F20</b>	No Class	<b>F22</b>	No Class
<b>F27</b>	Basic Man to Man Offense(10)	<b>M01</b>	Man to Man Defense(13)
<b>M06</b>	Zone Offense(11)	<b>M08</b>	Zone Defense(15)
<b>M13</b>	Out of Bounds & Special Situations(12)	<b>M15</b>	Basketball Metrics
<b>M20</b>	Game Preparation(17)	<b>M22</b>	Game Situations(18)
<b>M27</b>	Player Evaluation	<b>M29</b>	Player Evaluation Contd.
<b>A03</b>	Program Evaluation	<b>A05</b>	Coach Delegation
<b>A10</b>	Coaching Evaluation Presentations	<b>A12</b>	Final Review

**STUDENT RESPONSIBILITIES:**

1. Students must complete all assignments and examinations in order to receive a passing grade in the course. The incompleteness of any of the assigned learning activities may result in the assignment of a failing (F) grade.
2. Assignments are due on the dates established by the instructor. Extensions may be offered in lieu of significant student issues and concerns as determined by the instructor. All extensions requests must be submitted to the instructor prior to the due dates. Percentage penalties will be applied up to 100 % of the assignment grade if assignments are submitted late.
3. Regular attendance is a key to success in this course. Classroom activities support student comprehension of materials, content clarification, relevant peer questions and support. It is the responsibility of the student to acquire the material missed and to complete assigned readings, in-class work, and assigned homework.

**STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

**\*\*Note:** all Academic and Administrative policies are available on the same page.

