

**GRANDE PRAIRIE REGIONAL COLLEGE**  
**PEAK: Department of Physical Education, Athletics & Kinesiology**

**PE 1040**  
**Introduction to Sociocultural Aspects of Leisure and Sport**  
**Course Outline: Fall 2003**

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**General Information**

**Instructor:** Ray Kardas  
**Office:** C418  
**Phone:** 539-2990  
**Class Time:** Tuesdays/Thursdays from 8:30 – 9:50 in D308  
**E-Mail:** rkardas@gprc.ab.ca

**Calendar Description**

The course explores the study of play, physical education, recreation, sport and leisure as institutionalized ways in which society organizes and teaches attitudes and skills. It provides an introduction to the importance of sociocultural inquiry and the notion of being critical as an empowering process.

**Course Objectives**

1. To introduce students to the social analysis of play, leisure, and sport.
2. To explore the influence of social indicators like class, race, ethnicity, disability, gender, sexuality, and age on who can and cannot enjoy sport and leisure activities.
3. To introduce students to the notion of critical thinking as an empowering process.
4. To prepare students for more advanced courses in the history and sociology of sport and leisure.

**Resources**

Readings for PE 1040 prepared by Ray Kardas

**Proposed Course Sequence**

September 4, 9, 11, 16, 18	Reading the Sociocultural Aspects of Leisure and Sport
September 23, 25	Spectatorship/ Fans/ Heroes
September 30, October 2	Politicization of Sport and Leisure
October 7, 9, 14, 16	Racism and Ethnicity Issues: Western Dominance of Olympics, etc.
October 21, 23, 28, 30	Sport and Violence Issues – Professional and Amateur
November 4, 6, 13	The Body in Sport/Leisure/ Associated Fitness Issues
November 11	Remembrance Day – no class
November 18, 20, 25, 27	Sex in sport; Sport and Eroticism, Homophobia, Homosexuality, Lesbianism, etc.
December 2, 4, 9	Open Topics

**Course Requirements & Evaluation**

- A. The major requirement of the course is a journal/notebook containing reflections of questions that emerge from classroom discussions & activities (for which, obviously the students must be present). 65%
- B. By contract with the Instructor, the student will determine for himself/herself the remaining 35% of the mark.