# GRANDE PRAIRIE REGIONAL COLLEGE DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

# PHYSICAL EDUCATION 1050 INTRODUCTION TO THE ADMINISTRATION OF SPORT, PHYSICAL ACTIVITY AND RECREATION PROGRAMS (J) 2000

## L GENERAL INFORMATION

Instructor:

Harry Stevens

Office:

K218

Phone:

539-2974

Class Times:

M W

10:00 - 11:20

L106

L1 F

11:00 - 11:50

J203

L2 F

13:00 - 13:50

J203

Credit:

3 credits

Transferability:

Equivalent to PESS 150 - University of Alberta, Knes 233 (3 credits) University of

Calgary, Unspecified PE Options - University of Lethbridge (3 credits), Camrose

Lutheran, The King's College and Athabasca University.

# II. COURSE OBJECTIVES

 To develop basic competencies required of administrators in the area of PE ,Sport and Recreation.

To develop a basic understanding of the concepts involved in being a successful leader of teams.

 To give students an opportunity to apply their skills to an administrative practical experience involving work teams.

## III. RESOURCES

Required Text:

COVEY, STEPHEN; Principle -Centered Leadership; New York, NY: Fireside 1990

## Suggested Reading:

 Horine, L.; Chapters from Administration of Physical Education and Sport Programs; DUBUQUE, IA: WM. C. BROWN, 1995.

 Graham, P. S.; Chapters from <u>Sport Business Operational and Theoretical Aspects</u>, DUBUQUE, IA: WM. C. BROWN, 1994.

 Railey, J.H. and Tschauner, P.R.; <u>Managing Physical Education</u>, <u>Fitness</u>, and <u>Sports Programs</u>, Mountainview, CA: Mayfield, 2<sup>nd</sup> edition, 1993.

4. DiPadova, Laurie; Becoming A Master Manager, New York; John Wiley and Sons, 1996.

#### Reference Material:

#### **BIBLIOGRAPHY FOR PE 1050**

- Bolles, Richard Nelson.; What Color is Your Parachute? Berkeley, CA: Ten Speed Press, updated annually
- Brown, Alan C.; <u>Maximizing Memory Power</u> New York, NY: Wiley, 1986.
- Carnegie, Dale.; How to Win Friends and Influence People. Pocket, 1981.
- Chelladurai, P.; Sport Management, London, Ontario: Sport Dynamics, 1985.
- Covey, Stephen R.; <u>The Seven Habits of Highly Effective People</u> (And Cassettes) New York, NY: Simon & Schuster, 1989.
- Davis, Kathleen A.; Sport Management, Dubuque, IA: Wm. C. Brown, 1994.
- Frank, Milo, O.; How to Run a Successful Meeting in Half the Time. Toronto, Ontario, 1989.
- Graham, Peter S.; Sport Business, Dubuque, IA: Wm. C. Brown, 1994.
- Horine, Larry.; Administration of Physical Education and Sport Programs.

  Dubuque, IA: Wm. C. Brown, 1994, 3rd Edition.
- Katzenbach, Jon R. & Smith, Douglas K.; The Wisdom of Teams Boston, Harvard Business School Press, 1993.
- Lakein, Alan.; How to Get Control of Your Time and Your Life New York, NY: New American Library, 1974.
- Le Clair, Jill.; Winners and Losers Sport & Activity in the 90's Toronto, Ont.: Thompson Publishing, 1992.
- McCarthy, E.J. & Stanley, J.S. & Perreault, W.D.; Essentials of Marketing. Homewood, Illinois: Irwin, 2nd edition. 1988.
- Parkhouse, Bonnie L.; <u>The Management of Sports.</u> St. Louis, Mo.: Mosby, 1991.
- Peters, Thomas J. Waterman; Re # Jr. In Search of Excellence, New York, NY: Warner Books Ltd: 1982
- Peters, Thomas J. Waterman; Thriving on Chaos. New York, NY: Random House Inc. 1987.
- Peters, Thomas J. Waterman & Austin, Nancy: <u>A Passion for Excellence</u>. New York, NY: Random House Inc. 1985.

- Rees, Fran; How to Lead Work Teams: Facilitation Skills San Diego, Ca: Pfeiffer & Company, 1991.
- Robbins, Stephen P.; Organization Behavior. Toronto, Ont. Prentice-Hall Co. 1979.
- Sher, Barbara with Gottlieb, Annie.; <u>Teamworks! Building Support Groups that Guarantee</u> <u>Success.</u> New York, NY: Warner, 1989.
- Sinetar, Marsha.; Do What You Love, The Money Will Follow, New York, NY: Dell, 1987.
- Stein, Ben.; Bunk House Logic. New York, N.Y.: Avon Printing, 1981.
- Stotlar, David K.; <u>Successful Sport Marketing & Sponsorship Plans</u>
  Dubuque, Iowa: WMC Brown, 1989.
- Tracy, Brian; <u>Psychology of Success</u>, cassette Success Source International, Ottawa, Canada: 1990.
- Voltmer, E.F.; Esslinger, A.A.; McCue, B.F.; Tillman, K.G.; <u>The Organization and Administration of Physical Education</u>. Englewood Cliffs, New Jersey: Prentice-Hall Inc., 1979
- Waitley, Dennis E.; <u>The Psychology of Winning</u>, cassette Chicago, IL: Nightingale-Conant, n.d.
- Walton, Mary; The Deming Management Method New York, NY: Putman Group, 1986.
- Winston, Stephanie.; <u>Getting Organized</u> New York, NY: Warner, 1978.

Zeigler, E.F. & Bowie, G.W.; <u>Management Competency Development in Sport and Physical</u> <u>Education</u>. Philadephia. Lea and Febiger, 1983.

## PERIODICALS (on shelf references)

Athletic Business
Athletic Administration
ATA magazine
Alberta Report
Business Review
Business Week
C.A.H.P.E.R. Journal
Canadian Business Review
Harvard Business Review

Harvard Education Review
Journal of Marketing
J.O.P.H.E.R.
Macleans
Marketing
Optimum
Physical Educator
Research Quarterly Health, PE
Sales Management Canada

#### CLASS FORMAT

Course Requirements/Evaluation

	100%
Final Exam	30%
Practical/Report/Presentation of team project.	30%
Term work (quizzes, etc.)	20%
Mid-Term Test - individual test	20%

- 2. Quizzes at any time, could be on reading assignments, class notes, guest speakers, or anything covered in or for this class.
- 3. Practical Project Report/Presentation The following criteria will be used to evaluate your team or individual practical project/report/presentation.
  - Requires a minimum of 12 hours of administrative work per member of team.
  - b) A time management assessment of the team project and time assessment by each member.
  - c) The outcome of project, indicating the degree of success in reaching set goals.
  - d) The benefits of your admin. project to others.
  - e) The difficulty of the project.
  - Ability to illustrate applied theory.
- 4. Regular attendance and participation are expected at ALL classes and labs as much of the information provided cannot be obtained in any other way. Students with unexcused absences of more than 10% of the total number of classes maybe asked to withdraw from the course or maybe debarred from the final exam. (See the GPRC Calendar pg. 23.) Students who miss class due to medical reasons MUST present medical verification to their instructor.

Last day to withdraw with permission is March 10th, 2000.

## V. COURSE CONTENT

UNIT 1

Introduction and Overview of Course

- Careers, Time Management

Management/Administration/Organization
 Terms, definitions, functions and roles

UNIT 2

Leading

Team building

Empowerment & TQM

Communication

- Stephen Covey & Leadership Principles

UNIT 3

Technical skills

- Scheduling

Hosting tournaments

Budgeting and Financing

#### Mid-Term Exam

UNIT 4

Applied Areas

Legal issues, and Risk Management

Sport marketing

Evaluation

UNIT 5

Decision Making/Planning

Steps in the processes

Short / long term planning

Strategic planning

UNIT 6

Personal Skills

Success keys

Stephen Covey's principles

Motivation