

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

P. E. 1400 ADAPTED PHYSICAL EDUCATION (A3)
WINTER 1994
COURSE OUTLINE

<u>INSTRUCTOR:</u>	Bethe Goldie		
<u>OFFICE:</u>	K216		
<u>OFFICE PHONE:</u>	539-2972	<u>HOME PHONE:</u>	532-6348
<u>CLASS SCHEDULE AND LOCATION:</u>	Monday and Wednesday 10:00 - 10:50 am -Classes in J131		
	LABS: AL1 Monday 1:00 - 2:50 pm - J227 and gym		
	AL2 Wednesday 1:00 - 2:50 pm -J227 and gym		
<u>TRANSFERABILITY:</u>	PESS 140 (3) - University of Alberta Jr. PHED (3) - University of Calgary 1 unspec. 2000 PED (3) - University of Lethbridge		
<u>ATTENDANCE:</u>	Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Department policy states that a student who misses more than 10% of classes may be barred from writing the final exam.		
<u>REQUIRED TEXTS:</u>	Sherrill, C. (1993). <i>Adapted physical activity, recreation and sport: Crossdisciplinary and lifespan</i> (4th ed.). Dubuque, IA: Wm. C. Brown. Hansen, Rick and Taylor, Jim. (1987) <i>Rick Hansen - Man in Motion</i> . Vancouver, B.C.: Douglas & McIntyre Ltd.,		
<u>COURSE REQUIREMENTS:</u>	Term Exams: January 10% March 20% April 20% Wheelchair/Blind Assignment (Feb.) 10% Disability research paper 15% Practical Experience and log 25% Total 100%		

Late assignments will not be accepted!!!

COURSE CONTENT:

Course content will be presented through various methods such as lectures, guest lectures, films, video-tapes, slides, panel discussions, small group research. Labs will provide for observation and experience in various practical situations. Exam questions will be selected from all of the above sources as well as from textbook readings.

PRACTICAL EXPERIENCE AND LOG: Students will be required to work in some form of adapted physical activity program for a minimum of 15 hours.

Practicum forms must be signed by supervisor. I will try to make an observation visit of each student during the term. Log books must be kept and included in final report. Your final report must also include personal comments on your feelings, thoughts, and growth during the practicum.

DUE DATE: MONDAY, APRIL 4, 1994

LATE ASSIGNMENTS WILL NOT BE ACCEPTED!!!!

- COURSE OBJECTIVES:
- 1) To introduce students to the need for scope and structure of adapted physical activity programs for selected special groups.
 - 2) To inform students about the important characteristics of people in selected groups and the relationship of these characteristics to the development of adapted physical activity programs.
 - 3) To introduce students to basic program planning factors underlying optimal adapted physical activity programs.
 - 4) To have students consider the concepts of labelling, mainstreaming, and normalization in order to assess their importance in providing adapted physical activity programs.