

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

P. E. 1400 ADAPTED PHYSICAL EDUCATION
WINTER 1995
COURSE OUTLINE

INSTRUCTOR: Bethe Goldie
OFFICE: K216
OFFICE PHONE: 539-2972 HOME PHONE: 532-6348

CLASS SCHEDULE AND LOCATION: Monday and Wednesday 10:00 - 10:50 am -Classes in J226
LABS: AL1 Monday 1:00 - 2:50 pm - J101 and gym
AL2 Wednesday 1:00 - 2:50 pm -J101 and gym

TRANSFERABILITY: PESS 140 (3) - University of Alberta
Jr. PHED (3) - University of Calgary
1 unspec. 2000 PED (3) - University of Lethbridge

ATTENDANCE: Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Department policy states that a student who misses more than 10% of classes may be barred from writing the final exam.

REQUIRED TEXTS: Sherrill, C. (1993). *Adapted physical activity, recreation and sport: Crossdisciplinary and lifespan* (4th ed.). Dubuque, IA: Wm. C. Brown.
The following book is required but no longer in print!! The library will have 3 copies on reserve but please try to purchase or borrow it from former PE 1400 students or elsewhere:
Hansen, Rick and Taylor, Jim. (1987) *Rick Hansen - Man in Motion*. Vancouver, B.C.: Douglas & McIntyre Ltd.,

COURSE REQUIREMENTS:

Term Exams:	January	10%
	March	20%
	April	20%
	Wheelchair/Blind Assignment (Feb.)	10%
	Disability research paper	15%
	Practical Experience and log	25%
	Total	100%

Late assignments will not be accepted!!!

COURSE CONTENT:

Course content will be presented through various methods such as lectures, guest lectures, films, video-tapes, slides, panel discussions, small group research. Labs will provide for observation and experience in various practical situations. Exam questions will be selected from all of the above sources as well as from textbook readings.

PRACTICAL EXPERIENCE AND LOG: Students will be required to work in some form of adapted physical activity program for a minimum of 15 hours.

Practicum forms must be signed by supervisor. I will try to make an observation visit of each student during the term. Log books must be kept and included in final report. Your final report must also include personal comments on your feelings, thoughts, and growth during the practicum.

DUE DATE: MONDAY, APRIL 10, 1995

LATE ASSIGNMENTS MAY NOT BE ACCEPTED!!!!

- COURSE OBJECTIVES:
- 1) To introduce students to the need for scope and structure of adapted physical activity programs for selected special groups.
 - 2) To inform students about the important characteristics of people in selected groups and the relationship of these characteristics to the development of adapted physical activity programs.
 - 3) To introduce students to basic program planning factors underlying optimal adapted physical activity programs.
 - 4) To have students consider the concepts of labelling, mainstreaming, and normalization in order to assess their importance in providing adapted physical activity programs.