

Department of Physical Education and Athletics  
PE 1700 Leadership and Instruction in Physical Activity  
Course Outline 1992 Fall Term

PURPOSE AND COURSE DESCRIPTION

This course is compulsory for first year students in the Bachelor of Physical Education program. Students will be introduced to the role of leadership and management techniques in relation to participation in physical education and to methods of teaching physical activity in various situations and age groupings. Emphasis will be placed on the role, principles, techniques, and styles of leadership as well as what learning is, the learning process, and instructional styles and techniques. PE 1700 is a one term lecture/lab course worth three (3) credit hours.

INSTRUCTORS

Beth Goldie	Office: K216	Phone: 539-2972
David Kay	Office: K215	Phone: 539-2034

CLASS/LAB SCHEDULE

Classes: Monday and Wednesday 2:00-2:50 p.m. Room P0-1

Laboratories: Thursdays (AL1) OR Tuesdays (AL2) 9:00 - 10:50 a.m.  
Room: Gymnasium (K105) or P0-0

\*The weekend trip to Blue Lake Centre (BLC) on September 18-20 will be a lab component of this course. Students will be responsible for some of the costs associated with the field trip. The BLC trip is a compulsory portion of this course.

## COURSE OBJECTIVES

1. To identify the theories relating to leadership and instruction in physical activity settings
2. To examine why individuals participate in physical activities and determine implications for leadership
3. To examine a variety of instructional styles used for various physical activities
4. To examine the relationship between instructional styles and learning styles for a wide range of ages
5. To study various factors that affect the learning and/or performance of physical skills
6. To study and experience the use of specific instruction techniques used in physical education and recreation.

## EVALUATION

Final course grades will be determined as follows:

Course written assignments	15%
Teaching assignments	25%
Mid-term exam	25%
Final exam-whole course exam	<u>35%</u>

100%

## ATTENDANCE

All lectures and labs are crucial to acquiring knowledge and skills necessary to pass this course. It is strongly suggested that you attend all classes and labs, read the assigned material before class, and complete all assignments promptly. The attendance policy of this department states: "Students shall attend at least 90% of all scheduled classes. Failure to comply may result in permission being withdrawn from writing the final examination." Therefore, any student who has more than 10% unexcused absences (any combination of 5 classes and labs) will be refused permission to write the final examination!

## UNIVERSITY TRANSFER

The transfer credits for PE 1700 are as follows:

1. University of Alberta PESS 170 (3 credit hours)
2. University of Calgary PHED 249 (3 credit hours)
3. University of Lethbridge Phed 2xxx (3 credit hours)
4. Athabasca University APST 2xx (3 credit hours)

## REQUIRED TEXT

Harrison, Joyce M., and Blakemore, Connie L. Instructional Strategies for Secondary School Physical Education. (1992) Wm. C. Brown Publishers, Dubuque, Iowa.

## DETAILED SCHEDULE 92

Classroom		Laboratory	
Sept	2 Leadership	AL1 Thur.	AL2 Tues.
	9	Sept. 3 BLC	
	14	Sept. 10 BLC	Sept. 8 BLC
	16		Sept. 15 BLC
	21	Sept. 17 BLC	
	23		Sept. 22 BLC
	28	Sept. 24 BLC	
	30		Sept. 29 BLC
Oct.	5 Instruction	6 Both Lab sections attend Oct. 6 lab.	
	7	Oct. 8/10min	
	14	Oct. 15/20min	Oct. 13/10min.
	19		Oct. 20/20min.
	21	Oct. 22/20min	
	26		Oct. 27/20min.
	28	Oct. 29/30min.	
Nov.	2	Nov. 5/30min	Nov. 3/30min.
	4		Nov. 10/30min.
	9	Nov. 12/30min	
	16		Nov. 17/30min.
	18	Nov. 19/30min	
	23		Nov. 24/30min.
	25	Nov. 26/30min.	
	30		Dec. 1/30min.
Dec	1	Dec. 3/30min	
	7		Dec. 8/30min