

GRANDE PRAIRIE REGIONAL COLLEGE
Department of Physical Education and Athletics
PE 1700 Leadership and Instruction in Physical Activity
Course Outline 1994 Winter Term

PURPOSE AND COURSE DESCRIPTION

An introduction to the theory and practise of leadership and instruction in physical activity settings. Instructional techniques are applied to a variety of activities and environments in order to enhance the development of instructional skills which can promote skill learning.

INSTRUCTORS

Bethe Goldie	Office: K216	Phone: 539-2972
David Kay	Office: K215	Phone: 539-2034

CLASS/LAB SCHEDULE

Classes: Tuesdays and Thursdays A212 3:00-3:50 pm.
Laboratories: Mondays (AL1) or Wednesdays (AL2) 1:00-2:50 pm.
Room: Gymnasium (K105) or PO-0

UNIVERSITY TRANSFER

The transfer credits for PE 1700 are as follows:

1. University of Alberta PESS 170 (3 credit hours)
2. University of Calgary PHED 249 (3 credit hours)
3. University of Lethbridge Phed 2xxx (3 credit hours)
4. Athabasca University APST 2xx (3 credit hours)

COURSE OBJECTIVES

1. To identify the theories relating to leadership and instruction in physical activity settings.
2. To examine why individuals participate in physical activities and determine implications for leadership.
3. To examine a variety of instructional styles used for various physical activities.
4. To examine the relationship between instructional styles and learning styles for a wide range of ages.
5. To study various factors that affect the learning and/or performance of physical skills.
6. To study and experience the use of specific instruction techniques in physical education and recreation.

EVALUATION

Final course grades will be determined as follows:

Lab. Marking:

* 20 pts. for log book

* 15 pts. for self analysis of teaching last 20 minute session

* 15 pts. instructor grading of teaching the last 20 minute session.

Mid-term exam 25 pts.

Final exam-whole course exam 25pts.

Attendance for Labs in PE 1700

Attendance in labs for PE 1700 is crucial for the development of skills and knowledge necessary to pass this course. Students with more than two unexcused absences from the lab portion of PE 1700 will receive a 0 for their lab. log-book mark.

REQUIRED TEXTS:

Rink, Judith E. Teaching Physical Education for Learning, Mosby, 1993.

Kouzes, J.M. and B.Z. Posner The Leadership Challenge: How to get extraordinary things done in organizations, Jossey-Bass Publishers, 1987.

PE 1700 lab Schedule 1994

Mondays AL1 Dates	Description of Lab	Wednesdays AL2 Dates
Jan. 5	Both lab sections meet in the gym for introduction to teaching styles, and the lab process.	Jan. 5
Jan. 10 * whole class meets on Jan. 10 lab. time	Lesson planning	Jan. 10
Jan. 17	5 min. teaching lesson in small groups	Jan. 19
Jan. 24	20 min. lesson with one-half of class	Jan. 26
Jan. 31	20 min. lesson with one-half of class	Feb. 2
Feb. 7	20 min. lesson with one-half of class	Feb. 9
Feb. 14	20 min. lessons with one-half of class	Feb. 16
Feb. 28	20 min. lesson to whole class	March 2
March 7	20 min. lesson to whole class	March 9
March 14	20 min. lesson to whole class	March 16
March 21	20 min. lesson to whole class	March 23
March 28	20 min. lesson to whole class	March 30
April 4	20 min. lesson to whole class	April 6
April 11	20 min. lesson to whole class	April 13

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