

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS
P.E. 1800 - OUTDOOR EDUCATION
COURSE OUTLINE - FALL 1992

INSTRUCTOR: Leigh Goldie Office K219 Phone 539-2978

CLASS TIMES: Tuesday and Thursday 1:30-2:50 p.m. Portable H
Field trip to Jasper - August 24-28

TRANSFERABILITY: PESS 180(3) - U. of Alberta
Jr. OPAT(1.5) - U. of Calgary
PAC 2705(3) - U. of Lethbridge

COURSE DESCRIPTION: An experiential and conceptual introduction to outdoor education with particular emphasis on the leadership of outdoor pursuits relevant to the Alberta context. Students are expected to participate fully in all sessions including the field trip to gain maximum benefit from this course. Students are expected to cover any costs associated with the field trip (transportation will be covered by the College).

- COURSE OBJECTIVES:**
1. To develop an appreciation for moving and living in the natural world with a minimum of environmental impact.
 2. To develop practical skills in outdoor activities and outdoor living.
 3. To create the opportunity for the development of group skills including both leadership and group cooperation.
 4. To gain an awareness of environmental issues affecting northern Alberta and British Columbia.

COURSE CONTENT: There will be both conceptual and experiential sessions covering a wide variety of topics including items such as environmental issues, outdoor living skills, outdoor activities, survival, trip preparation, crafting, outdoor programs, etc. The actual schedule of classes will depend somewhat on the weather.

COURSE TEXT: Hatton, Michael J.1992. *Lightweight camping. A four season source book.* Toronto: Thompson Educational Publishing.

EVALUATION:

Field trip and log	20%
Optional project	20%
Term work	25%
Final exam	35%