

SEP. 13 2001

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
PE 2020 Leadership and Instruction in Physical Activity
Fall 2001

1.0 Course Description

This course is an introduction to the theory and practice of instruction and leadership in physical activity settings. Instructional techniques are applied to a variety of activities and environments in order to enhance the development of effective teaching.

2.0 Learning Objectives:

- 2.1 To discuss the factors that affects the learning and execution of physical skills.
- 2.2 Within a physical activity setting, to identify the theories related to effective teaching.
- 2.3 To examine a variety of instructional styles used for teaching physical activities.
- 2.4 To examine the relationship between instructional styles and learning for a wide range of ages.
- 2.5 To compare and experience the use of teaching techniques used in physical education and recreation.
- 2.6 To examine why individuals participate in physical activities and determine the implications for leadership.

3.0 Instructor:

David Kay, Office: M103, Phone: 539-2034, email: kay@gprc.ca.ab

4.0 Schedule for Classes and labs.

Classes: Thursdays 9:00 - 10:50 AM. (B208)

Laboratories: Tuesdays (AL1) 9:00 - 10:50 AM, Gym.

5.0 University Transfer:

The transfer credits for PE 2020 are as follows:

1. University of Alberta PEDS 202 (3)
2. University of Calgary Jr. KNES (3)
3. University of Lethbridge KNES 2xxx (3)
4. Athabasca University APST 2xx (3)

6.0 Required text:

Rink, J.E. (1998). Teaching Physical Education for Learning. (3rd Ed) WCB/McGraw-Hill

* Laboratory Logbook: Available from David Kay

Reference texts

Siedentop, D. (1991). Developing Teaching Skills in Physical Education. (3rd Ed) Mayfield Publishing Company

Brookfield, S.D. (1990). The Skillful Teacher. Jossey-Bass Pub

7.0 Student evaluation:

7.1 Lab. Marking: 50 points

* Up to 20 points for your log book

* Up to 15 points for your self analysis of teaching your last 40 minute teaching session

* Up to 15 points, given by David Kay, for teaching your last 40 minute session

7.2 Exams

Midterm: 25 points

Final 25 points

Teaching in the labs:

* One five-minute lesson: Here you teach for 5 minutes to a group of five peers.

* One twenty-minute lesson. Here you teach for 20 minutes to the whole class.

* One forty-minute lesson: In your final teaching session you teach for 40 minutes to the whole class.

Marking in the Labs

* 20 points for your log book

(How the Logbooks are graded: 10 points on completeness, 10 points on identifying the level of teaching skills observed)

* 15 points for your self analysis of teaching your last 40 minute session

* 15 points from David Kay on your last 40 minute teaching session.

Attendance in the Labs

Attendance at labs for PE 2020 is crucial for the development of skills and knowledge necessary to pass this course. Students with more than two absences from the lab portion of PE 2020 will receive a 0 for their Lab Logbook.

Dress: Please come to each lab in PE 2020 changed and ready for physical activity.

PE 2020 Lab Schedule
Fall semester 2001

Dates (Tuesdays)	Description of the Labs
Sept. 11	Introduction to the lab process and lesson planning
Sept. 18	5 minute teaching in groups of five or less
Sept. 25	20 minute teaching sessions
Oct. 2	20 minute teaching sessions
Oct. 9	20 minute teaching sessions
Oct. 16	20 minute teaching sessions
Oct. 23	40 minute teaching sessions
Oct. 30	40 minute teaching sessions
Nov. 6	40 minute teaching sessions
Nov. 13	40 minute teaching sessions
Nov. 20	40 minute teaching sessions
Nov. 27	40 minute teaching sessions
Dec. 4	40 minute teaching sessions

Teaching Formats:

- 5 minute lesson: 5 minutes for your set up, you teach for 5 minutes, 5 minutes of feedback from your peers
- 20 minute lesson: 5 minutes for your set up, you teach for 20 minutes, feedback 5-10 minutes for feedback from your peers and D.Kay.
- 40 minute lesson: 5 minutes for your set-up, you teach for 40 minutes, feedback for 5-10 minutes from your peers and D.Kay.

Lab Marking:

- 20 points for your logbook
- 15 points for your self analysis of teaching your 40 minute session
- 15 points from D.Kay on your last 40 minute teaching session

Attendance at the labs.

Attendance at labs for PE 2020 is crucial for your development of skills and knowledge in teaching. Please come to each lab changed into appropriate clothing and shoes for physical activities.

Students with more than two unexcused absences from the lab portion of PE 2020 will receive a 0 for their lab Logbook mark.