

SEP. 10 2002

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
PE 2020 Leadership and Instruction in Physical Activity
Fall 2002

1.0 Course Description

An introduction to the theory and practice of leadership and instruction in physical activity settings. Instructional techniques are applied to a variety of activities and environments in order to enhance the development of instructional skills that promote skill learning.

Main concept: The main focus of this course is the development of teaching physical activity skills. A significant portion of this course is learning to teach by teaching a number of physical activity classes.
Each student will teach three times and receive extensive feedback on each of their teaching sessions.

2.0 Learning Objectives:

- 2.1 To discuss the factors that affect the learning and development of physical skills.
- 2.2 To identify and discuss the theories related to the effective teaching of physical activities.
- 2.3 To examine a variety of instructional styles used for teaching physical activities.
- 2.4 To examine the relationship between instructional styles and learning for a wide range of ages.
- 2.5 To compare and experience the use of a variety of teaching techniques used in physical education.
- 2.6 To examine why individuals participate in physical activities and determine the implications for leadership.

3.0 Instructor

David Kay, Office: M103, Phone: 539-2034, email: kay@gprc.ca.ab

4.0 Schedule for Classes and labs:

Classes: Thursdays 12:00 – 1:50 PM.

Laboratories: Thursdays (AL1) 12:00 – 1:50 PM, Gym.

5.0 University Transfer:

University of Alberta PEDS 202 (3)
University of Calgary Jr. KNES (3)
University of Lethbridge KNES 2xxx (3)
Athabasca University APST 2xx (3)

6.0 Required text:

Rink, J.E. (2002). Teaching Physical Education for Learning. (4th Ed) WCB/McGraw-Hill

- Laboratory Logbook: Available from David Kay

Reference texts:

Siedentop, D. (1991). Developing Teaching Skills in Physical Education. (3rd Ed)
Mayfield Publishing Company
Brookfield, S.D. (1990). The Skillful Teacher. Jossey-Bass Pub

7.0 Student evaluation:

7.1 Lab. Marking: 40 points

- Up to 10 points for your logbook
- Up to 5 points for your self analysis of your last teaching session
- Up to 15 points, given by David Kay, for your last teaching session

7.2 Exams

Four unit exams 60 points

Unit One: Chapters 1,2,3

Unit Two: Chapters 4,5,6

Unit Three: Chapters 7,8,9

Unit Four: Chapters 10,11,12

Teaching in the labs:

- * One five-minute lesson: Here you teach for 5 minutes to a group of five peers.
- * One twenty-minute lesson. Here you teach for 20 minutes to the whole class.
- * One forty-minute lesson: In your final teaching session you teach for 40 minutes to the whole class.

Marking in the Labs

- * 10 points for your logbook
(How the Logbooks are graded: 5 points on completeness, 5 points on identifying the level of teaching skills observed)
- * 15 points for your self-analysis of teaching your last session
- * 15 points from David Kay on your last teaching session

Attendance in the Labs

Attendance at labs for PE 2020 is crucial for the development of skills and knowledge necessary to pass this course. Students with more than two absences from the lab portion of PE 2020 will receive a 0 for their Laboratory logbook.

Dress: Please come to each lab in PE 2020 changed and ready for physical activity.