

**Grande Prairie Regional College**  
**Department of Physical Education, Athletics and Kinesiology**

## **PE. 2050 Introduction to Outdoor-Environmental Education**

**Instructor: Mr. Chris Nicol**  
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**Term: Fall 2005**

**Credits: 3.0      Transfer      U of A – PEDS 205 (3)**  
**U of C – Jr OPAT (1.5)**  
**U of L – PHAC 2705/2715 (3)**

### **Class Schedule: Monday, Wednesday 2:30 - 3:50pm**

(Variable based on Activity and Weather)(May involve extended class periods and occasional Saturday or Sunday)

#### **Textbook:**

Townsend, Chris; Backpacker's Pocket Guide; Ragged Mountain Press; Camden, ME; 2002      **OR**  
O'Bannon, Allen; Allen + Mike's Really Cool Backpackin' Book; Globe Pequot Press; Guilford, CT; 2001

**Readings:** Handouts, Internet, Course Pack, Additional Texts Excerpts

#### **Method of Instruction:**

- Philosophical and Theoretical Exploration of Outdoor-Environmental Education.
- Outdoor activity skill analysis, development and acquisition.

#### **Purpose of the Course:**

- Prepare students for the profession of teaching Outdoor-Environmental Education. Students are educated in leadership and management issues, risk management program design, environmental and outdoor educational philosophies, teaching techniques, communication and wilderness skills. The course also advocates personal growth emphasizing a holistic approach, which focuses on personal, community and environmental awareness.

#### **Evaluation:**

- Outdoor-Environmental Education Presentations – 3 Parts      30 %
  - Journal (5%)
  - Creative Works (10%)
  - Story (15%)
- Participation/Performance (15% Attendance & 10% Performance)      25 %
- Quizzes      15 %
- Mid-term examination      15 %
- Final Exam      15 %

## Exams/Assignments/Quizzes

- Missed assignments without prior authorization or medical note will be levied a 10% penalty each day for a maximum 3 days. After 3 days the assignment will receive a fail grade of 0%
- Missed exams and quizzes will result in a fail grade of 0% unless prior authorization or medical note is presented.

## Participation & Performance:

- As this course relies on student participation, it is crucial for all students to regularly attend classes. Students missing classes will lose participation points. Students with three absent days or more may be requested to drop PE 2050.
- Students will be evaluated on their performance & participation levels in relation to their physical ability. Participation will account for 60% of this component; therefore performance will make up the remainder of this area. Performance points will be accumulated during various activities based on times and scores.

## Grading Scheme:

A+	4.0	90 - 100	<i>Excellent</i>
A	4.0	85 - 89	
A-	3.7	80 - 84	<i>First Class Standing</i>
B+	3.3	76 - 79	
B	3.0	73 - 75	<i>Good</i>
B-	2.7	70 - 72	
C+	2.3	67 - 69	<i>Satisfactory</i>
C	2.0	64 - 66	
C-	1.7	60 - 63	
D+	1.3	55 - 59	<i>Minimal Pass</i>
D	1.0	50 - 54	
F	0.0	0 - 49	<i>Fail</i>

## Tentative Schedule:

<b>Week</b>	<b>Content</b>
Aug 26-Aug 31	Mt. Robson Trip
Sept 7	Trip Review, Canoeing Intro
Sept 12	Canoeing
Sept 14	Canoeing
Sept 18	Canoe Trip
Sept 17	Mountain Biking

Sept 22	Mountain Biking
Sept 24	Mountain Biking
Oct 1	Introduction – Values of Outdoor Opportunities
Oct 6	Orienteering
Oct 8	Trip Planning
Oct 13	Orienteering
Oct 15	Technical Skills
Oct 20	Safety Skills
Oct 22	Presentations – Part 4
Oct 27	Mid-term Examination
Oct 29	Environmental Skills
Nov 3	Presentations – Part 4
Nov 5	Indoor Rock Climbing
Nov 10	Legal Considerations
Nov 12	Indoor Rock Climbing
Nov 17	Natural Resource Base for Recreation
Nov 19	Presentations – Part 5
Nov 24	Resource Management Concepts
Nov 26	Presentations Part 5
Dec 1	Presentations – Part 5
Dec 3	Environmental Quality and Future Trends
Dec 8	Presentations – Part 5

\*Schedule to change due to weather conditions.

### **Outdoor-Environmental Education Presentations – 3 Parts                      30 %**

- Journal (5%)
  - A log of all activities during Mt. Robson Trip
    - Day, time, weather, location, distance, terrain difficulty and any interesting points to note.
    - Draw a map with legend
    - Thoughts and Feelings of the moment.
    - Concerns
- Creative Works (10%)
  - Create a physical piece of art utilizing any elements found on the trip. Remembering to be environmentally conscious.
  - Create a story - Council for All Beings. While on the hike, each student will represent the perspective of some other element within nature (eg. An animal, wind, fire, water, etc.) and its concerns as part of the Council of All Beings (made up by the rest of us). (Minimum of 10 minutes.)
- Story (15%)
  - Create a PowerPoint story focusing on teaching moral leadership in outdoor education.
    - 10 slides minimum.