

**GRANDE PRAIRIE REGIONAL COLLEGE**  
**DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS**  
**P.E. 2050 - OUTDOOR EDUCATION**  
**COURSE OUTLINE - FALL 1995**

**INSTRUCTOR:** Leigh Goldie    Office K219    Phone 539-2978

**CLASS TIMES:** Tuesday and Thursday 11:00 - 12:20    J204  
Field trip - Aug. 28 - Sept. 1    Mount Robson

**TRANSFERABILITY:** PESS 180(3) - U. of Alberta  
Jr. OPAT(1.5) - U. of Calgary  
PAC 2705(3) - U. of Lethbridge

**COURSE DESCRIPTION:** An experiential and conceptual introduction to outdoor education with particular emphasis on the leadership of outdoor pursuits relevant to the Alberta context. Students are expected to participate fully in all sessions including the field trip to gain maximum benefit from this course. Students are expected to cover any costs associated with the field trip.

**COURSE OBJECTIVES:** 1. To develop an appreciation for moving and living in the natural world with a minimum of environmental impact.

2. To develop practical skills in outdoor activities and outdoor living.

3. To create the opportunity for the development of group skills including both leadership and group cooperation.

4. To gain an awareness of environmental issues affecting northern Alberta and British Columbia.

**COURSE CONTENT:** There will be both conceptual and experiential sessions covering a wide variety of topics including items such as environmental issues, outdoor living skills, outdoor activities, survival, trip preparation, crafting, outdoor programs, etc. The actual schedule of classes will depend somewhat on the weather.

<b><u>EVALUATION:</u></b>	Field trip and log	20%
	Optional project	20%
	Environmental presentation	20%
	Plant presentation	15%
	Final exam	25%
		100%