

Grande Prairie Regional College
Department of Physical Education, Athletics & Kinesiology

Course Outline
PE 2400
Introduction to Sports Injuries
UT: 3 CR (3 - 2)

Instructor: Laura Hancharuk
Office: M102
Phone: 780-539-2440
Email: LHancharuk@gprc.ab.ca
Office Hours: By Appointment

Course Times:
Lectures: Tuesdays and Thursdays
8:30 – 9:50 (J229)
Labs: Tuesdays
4:00 – 5:50pm (J201)

Course Description:

The course allows an analysis of Practical and theoretical concepts of sports injuries. It includes an overview of sports medicine, care and prevention of injuries, and safety in athletics and physical education.

Prerequisite:

PE 1000 (Human Anatomy) or equivalent

Required Text:

Anderson, Parr, Hall. (2009). *Foundations of Athletic Training*, 4e. Boston: Lippincott Williams & Wilkins.

Attendance:

Lab attendance is compulsory. Evaluations will be ongoing from January 8th. Missed labs result in a 1% deduction from your lab mark for each lab missed.

Transferability:

U of A - PEDS 240 (3)

U of C - Jr. KNES (3)

U of L - KNES 4650 (3)

Transferable for 3 credits at Athabasca, Augustana, Concordia, and Kings College.

NOTE: Students may also have the opportunity to receive Level I certification for athletic First Aid through the Sports Medicine Council of Alberta for which additional costs may be incurred.

Course Evaluation:

1. 6 Class Tests: = 70%
Test 1 (Ch 1-4): Jan.15
Test 2 (Ch. 5-8): Feb.3
Dates to TBA for other tests

2. LAB Practicals/Written = 15%
Final lab tests will be conducted during the week of April 9-14, 2008.

3. Lab Participation (Review Questions) = 15%

Grading for PE2400 is based on the following Grading System:

A+	4.0	90 - 100	<i>Excellent</i>
A	4.0	85 - 89	
A-	3.7	80 - 84	<i>First Class Standing</i>
B+	3.3	76 - 79	
B	3.0	73 - 75	<i>Good</i>
B-	2.7	70 - 72	
C+	2.3	67 - 69	<i>Satisfactory</i>
C	2.0	64 - 66	
C-	1.7	60 - 63	
D+	1.3	55 - 59	<i>Minimal Pass</i>
D	1.0	50 - 54	
F	0.0	0 - 49	<i>Fail</i>

The Instructor reserves the right of adjusting the course material for the perceived and real needs of the students which may result in a deviation from the following plan.