

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS
PE 2600 - INTRODUCTION TO COACHING
COURSE OUTLINE - WINTER 1994

INSTRUCTOR: Leigh Goldie Office K219 Phone 539-2978

CLASS TIMES: Monday, Wednesday and Friday 1:00 - 1:50 pm

COURSE OBJECTIVES:

1. To study and understand current theories of coaching from philosophical, pedagogical, biophysical and psychosocial perspectives.
2. To acquire the skills and knowledge necessary to apply the theory to practical coaching situations.
3. To achieve NCCP Level 1 and 2 Theory certification.

TRANSFERABILITY:

University of Alberta	PESS 260 (3)
University of Calgary	Jr. PHED (3)
University of Lethbridge	PHED 2980

COURSE TEXTS:

NCCP Level One Theory Manual. 1988. Gloucester: Coaching Association of Canada.
NCCP Level Two Theory Manual. 1989. Gloucester: Coaching Association of Canada.
Walton, G.M. 1992. Beyond winning. Champaign, IL: Leisure Press

<u>EVALUATION:</u> Mid-term Test - Wed., March 2	20%
Final Exam - Final exam week	30%
Coaching practical or project	30%
Term assignments	<u>20%</u>
	100%

*In order to be certified in the NCCP program you must attend all classes.