

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

P.E. 280 - INTRODUCTION TO OUTDOOR EDUCATION

COURSE OUTLINE - FALL 1991

1. INSTRUCTOR: Leigh Goldie
Office: K219
Phone: 539-2978

2. CLASS TIMES:
Section A: Tues. & Thurs. 9:00 - 10:50 a.m.
Section B: Mon. & Wed. 2:00 - 3:50 p.m.

* All classes will be held in Port. K

Blue Lake Trip: Sept. 13 - 15
Mountain Trip: Sept. 20 - 22
Backpacking Trip: Oct. 4 - 6
Backpacking Trip: Oct. 11 - 13

3. TRANSFERABILITY: PESS 280 - U. of Alberta
JR. OPAT - U. of Calgary
PAC 2705 - U. of Lethbridge

4. COURSE DESCRIPTION:

An experiential and conceptual introduction to outdoor education with particular emphasis on the leadership of outdoor pursuits relevant to the Alberta context. Students are expected to participate fully in all sessions including the weekend field trips to gain maximum benefit from this course. Students are expected to cover any costs associated with the field trips (transportation will be covered by the College).

5. COURSE OBJECTIVES:

1. To develop an appreciation for moving and living in the natural world with a minimum of environmental impact.

2. To develop basic outdoor living skills and knowledges consistent with an educational, environmental and conservation ethic.

3. To create the opportunity for the development of group skills including both leadership and followership.

6. COURSE CONTENT:

There will be both conceptual and experiential sessions covering a wide variety of topics including items such as environmental issues, outdoor living skills, outdoor activities, survival, trip preparation, crafting, outdoor programs, etc. The actual schedule of classes will depend somewhat on the weather.

7. COURSE TEXT:

Kochanski, Mors L. (1987) Northern Bush Craft. Lone Pine Publishing; Edmonton, Alberta.

Other books and readings will be on reserve in the Library.

8. EVALUATION:

Blue Lake Trip & Log	10%
Backpacking Trip & Log	10%
Practical Testing*	30%
Other**	20%
Final Written Test	<u>30%</u>
	100%

* This will be carried out periodically during the term.

** This may include one or more items to be negotiated with the instructor. The value of each item will depend on the effort you wish to make. You might choose to do a paper; complete some natural crafts; participate in a trip; work on a project; give a presentation to the class; achieve a certification related to outdoor education; or complete a book report.