

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

P.E. 2920 INTRODUCTION TO THE MOVEMENT ACTIVITIES OF
CHILDREN AGED 0 - 8 YEARS

FALL 1992
COURSE OUTLINE

INSTRUCTOR: Bethe Goldie
OFFICE: K216
OFFICE PHONE: 539-2972 HOME PHONE: 532-6348

CLASS SCHEDULE AND LOCATION: (Please see attached schedule.)

TRANSFERABILITY: PESS 292 (3) -University of Alberta
Jr. PHED. (3) -University of Calgary
1 unspec. EDUC (3) -University of Lethbridge

ATTENDANCE: Regular attendance and participation are expected at ALL sessions since much of the information provided cannot be obtained in any other way.

DRESS: Appropriate clothing (eg. shorts and T-shirt, leotard, track suit) is required for gym activities. Most practical work in the gymnasium is done in bare feet or running shoes.

REQUIRED TEXTS: Wall, Jennifer and Murray, Nancy. (1990) Children and Movement: Physical Education in the Elementary School. Wm. C. Brown Publishers: Dubuque, Iowa.
Elementary Physical Education Curriculum Guide. (1983) Alberta Education.

COURSE REQUIREMENTS:

Term Assignments	35%
Mid - Term Exam	25%
Final Exam	<u>40%</u>
	100%

Late assignments will receive severe deductions in grading.

COURSE OBJECTIVES. For the students to acquire:

- 1) A knowledge of the types of movement activities in which children birth to 8 years of age engage.
- 2) An understanding of the characteristics and needs of children participating in movement activities.
- 3) A knowledge of the opportunities available for participation.
- 4) A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
- 5) A knowledge of ways of assisting children to learn movement activities.

COURSE CONTENT.

Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

- 1) A study of the movement activities engaged in by children 0-8 years of age.
 - a. types of activities
 - b. the content of the activities
 - c. the suitability of activities for children within this age group
 - d. the development of activities.

3.

- 2) An introduction of the characteristics and needs of children birth to 8 years of age.
 - a. growth and development: cognitive, affective, and psychomotor aspects
 - b. age characteristics
 - c. the needs of children for physical activity
 - d. skill acquisition.

- 3) A brief survey of the opportunities provided for children to participate in movement activities.
 - a. agencies that provide programs: family, private, and public organizations
 - b. types of programs offered and their objectives
 - c. the role of the adult in these programs.

- 4) Movement analysis:
 - a. basic kinesiological principles and Laban's principles of movement
 - b. the application of these principles for observation, activity analysis, and task setting
 - c. basic observation techniques.

- 5) The provision of suitable environments and activities for children birth to age 8 years.
 - a. suitable toys and equipment for the promotion of activity
 - b. natural and man-made environments which encourage activity
 - c. climactic considerations
 - d. ways of helping children learn more about themselves and their activities, and the values of physical activity in their lives
 - e. free play, its values and limitations
 - f. presentation of material
 - g. organization and progressive development of material
 - h. modification of adult activities for children.

P.E. 2920 CLASS SCHEDULE:

THIS CLASS IS SCHEDULED FOR MONDAYS AND WEDNESDAYS FROM 4:00 TO 5:20 PM. CHECK BELOW FOR CLASS LOCATIONS.

September 2, 9, 14, 16, 21, 23 - Portable #1

September 28, 30, October 5, 7, 14, 19, 21 - Parkside School gymnasium

MONDAY, OCTOBER 26 - MIDTERM EXAM -- PORTABLE #1

October 28, November 2, 4, 9, 16, 18, 23, 25, 30, December 2, 7. -
Parkside School gymnasium.