

GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

OCT 22 1998

P.E. 2920 INTRODUCTION TO THE MOVEMENT ACTIVITIES OF CHILDREN  
BIRTH TO AGE 8 YEARS  
FALL 1998  
COURSE OUTLINE

INSTRUCTOR: Bethe Goldie  
OFFICE: K216  
OFFICE PHONE: 539-2972  
HOME PHONE: 532-6348

CLASS SCHEDULE AND LOCATION: Mondays and Wednesdays 4:00 - 5:20 pm J228  
(Please see attached schedule.)

TRANSFERABILITY: PEBS 292 (3) -University of Alberta  
EDUC 2xxx (3) -University of Lethbridge  
Jr. KNES (3) -University of Calgary  
(Students planning to attend U of C may receive credit for  
GPCR's PE 2920 as well as PE 2930. Please see your advisor.)

ATTENDANCE: Regular attendance and participation are expected at ALL sessions since much of the information provided cannot be obtained in any other way. It is a policy of our department that a student who misses more than 10% of the total number of classes may be disallowed from writing the final exam.

DRESS: Appropriate clothing (e.g. shorts and T-shirt, leotard, track suit) is required for gym activities. Most practical work in the gymnasium is done in bare feet or running shoes.

REQUIRED TEXT: Wall, Jennifer and Murray, Nancy. (1990) Children and Movement: Physical Education in the Elementary School. Wm. C. Brown Publishers: Dubuque, Iowa.

OPTIONAL TEXT (ON RESERVE IN THE LIBRARY): Elementary Physical Education Curriculum Guide, 1983. Alberta Education.

COURSE REQUIREMENTS:

Project	30%
Research Paper	15%
Mid-Term Exam	25%
Final Exam	30%
	<u>100%</u>

Late assignments will receive a 20%-per-day-late deduction in marking. Missed exams will receive a grade of zero unless a proven emergency is accepted, at which time the student may write an alternate exam with a 20%-per-day-late penalty.

COURSE OBJECTIVES: For the students to acquire:

- 1) A knowledge of the types of movement activities in which children birth to 8 years of age engage.
- 2) An understanding of the characteristics and needs of children participating in movement activities.

- 3) A knowledge of the opportunities available for participation.
- 4) A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
- 5) A knowledge of ways of assisting children to learn movement activities.

**COURSE CONTENT:** Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately:

1. A study of the movement activities engaged in by children from birth to 8 years of age.
  - a. types of activities
  - b. the content of the activities
  - c. the suitability of activities for children within this age group
  - d. the development of activities.
2. An introduction of the characteristics and needs of children birth to 8 years of age.
  - a. growth and development: cognitive, affective, and psychomotor aspects
  - b. age characteristics
  - c. the needs of children for physical activity
  - d. skill acquisition.
3. A brief survey of the opportunities provided for children to participate in movement activities.
  - a. agencies that provide programs: family, private, and public organizations
  - b. types of programs offered and their objectives
  - c. the role of the adult in these programs.
4. Movement analysis:
  - a. basic kinesiological principles and Laban's principles of movement
  - b. the application of these principles for observation, activity analysis, and task setting
  - c. basic observation techniques.
  - d.
5. The provision of suitable environments and activities for children birth to age 8 years.
  - a. suitable toys and equipment for the promotion of activity
  - b. natural and man-made environments which encourage activity
  - c. climatic considerations
  - d. ways of helping children learn more about themselves and their activities, and the values of physical activity in their lives
  - e. free play, its values and limitations
  - f. presentation of material
  - g. organization and progressive development of material
  - h. modification of adult activities for children.

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