

DEPARTMENT of Kinesiology and Health Sciences

COURSE OUTLINE – Fall 2022

PE 2930 (A2) - Introduction to the Movement Activities of Children (0-3-0) UT 45 hours/15 weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Gary Zuko **PHONE:** 780-539-2978 **OFFICE:** K215
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OFFICE HOURS: Available upon email request (myClass).

CALENDAR DESCRIPTION: This is the study of the free play and organized physical activities of primary/elementary school-aged children in recreational, educational and sport environments. Class members will engage in practical physical activity and the observation of children

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS: Reading materials or links will be made available on D2L as necessary.

o Pangrazi, R. & Gibbons, S. (2015). Dynamic Physical Education: for Elementary School Children. Toronto: Allyn and Bacon. o ISBN: 978-0205553693

DELIVERY MODE(S): Lectures, in-class discussions, group work, in class exercise and lab activities.

COURSE OBJECTIVES:

1. A study of movement activities engaged in by primary/elementary students.
 - a.) types of functional and expressive activities
 - b.) content of activities
 - c.) suitability of activities for children within this grade range.

- d.) the organization and progressive development of activities.
- 2. An introduction of the characteristics and needs of primary/elementary students.
 - a.) growth and development: cognitive, affective, and psychomotor aspects
 - b.) b.) age characteristics
 - c.) The needs of children for physical activity
 - d.) skill acquisition.
- 3. Movement analysis
 - a.) basic kinesiological principles as well as Physical Literacy definition and stems
 - b.) the application of these principles for observation, activity analysis, and task setting.
- 4. Observation of children in activity settings.
 - a.) observation techniques
 - b.) identification of levels of skill proficiency
 - c.) analysis of child's use of movement concepts.
- 5. The provision of suitable environments and activities for primary/elementary students.
 - a.) suitable equipment and environments for the promotion of activity
 - b.) ways of helping children learn more about themselves and the values of physical activity in their lives
 - c.) free play and structured activity settings, their values and limitations.
- 6. A study of the content of Physical Education programs:
 - a.) gymnastics, dance, and games, physical literacy, Teaching Games for Understanding & Constructive Free Play
 - b.) the contribution of each to the total program
 - c.) methods of presenting and organizing experiences
 - d.) practical ways of dealing with individual differences within the physical education program.

LEARNING OUTCOMES:

1. Knowledge of the types of movement activities in which children 5 to 12 years of age engage.
2. An understanding of the characteristics and needs of children participating in movement activities.
3. A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
4. Observation skills for assessment and understanding of how children develop movement skills.
5. Knowledge of suitable environments for children to learn movement activities.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Coursework: <i>Labs, Activities, Quizzes, Assignments</i>	20%
Peer Teaching	10%
Midterm Exam/Assignment (<i>October 20</i>)	20%
Term Project (<i>November 29</i>)	20%
Final Exam (<i>TBA</i>)	30%

GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor) Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Tuesday & Thursday 1:00 – 2:20 (Room J202/Gym)		
September 1	Intro and Course Outline	
September 6 - 9	Child, Youth Development	<i>Outdoor Activity</i>
12 – 15	Dev App to Physical Activity	<i>FMS, Video, Activity</i>
19 – 23	Physical Activity Adoption	Fundamental Movement Skills
26 – 30	Movement Concepts	<i>Sport for Life Video</i>

October 3 – 7	Game Based Education	Game Based Education
Fall Break		
17 – 21	MIDTERM ASSIGNMENT	Spectrum of Physical Activity
24 – 28	Spectrum of Physical Activity	Leadership, Effective Instruction
Oct. 31 November 4	<i>Video Activity</i>	Organization, Management
7 - 10	Aesthetic Movements	Creative Active Games
14 - 18	<i>Dance Activity Session</i>	Indigenous Physical Education
21 – 25	<i>Indigenous Games Session</i>	Inclusion, Gender, Special Populations
Nov. 28 Dec. 2	Games App to Teaching PE	<i>Remote Activity</i>
D7 -9	Q&A w PE Specialists	<i>Outdoor Activity</i>

STUDENT RESPONSIBILITIES:

- All assignments must be submitted in typed format adhering to ALL APA format and referencing requirements.
- All assignments are expected to be submitted on time. Late assignments will be deducted 10% if handed in late on the due date and an additional 10% for each additional day late.
- Regular attendance is a key to success in this and every other course. Please contact the instructor if you have to miss class, prior to the start of class. It is the student's responsibility to acquire any materials and content missed due to absence.
- Most classes will have required materials to review on myClass before class. It is expected that the student reviews materials in advance so they can fully participate in class activities and discussions. If students are not prepared for class, pop quizzes may be given to ensure adequate preparation. Many activities in class will require active participation so be prepared to get involved!

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the Northwestern Polytechnic Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the Student Rights and Responsibilities policy which can be found at <https://www.nwpolytech.ca/about/administration/policies/index.html>

**Note: all Academic and Administrative policies are available on the same page.