

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS, AND KINESIOLOGY**

**P.E. 2930 INTRODUCTION TO THE MOVEMENT ACTIVITIES OF
CHILDREN AGED 5 TO 12 YEARS**

**Winter 2010
Course Outline – A3**

INSTRUCTOR: Bethel Goldie
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CLASS SCHEDULE Mondays and Wednesdays 2:30 – 3:50 pm
AND LOCATION: Rm. J202 and the GPRC gymnasium

TRANSFERABILITY: PEDS 293 (3) -University of Alberta
EDUC. 2xxx or KNES 2xxx (3) - University of Lethbridge
Jr. KNES (3) -University of Calgary

ATTENDANCE: Regular attendance and participation are expected in ALL sessions since much of the information provided cannot be obtained in any other way. It is a policy of our department that a student who misses more than 10% of the total number of classes may be disallowed from writing the final exam. Also see Regulations and Policies section of the GPRC Calendar for college policy on being debarred from exams.

DRESS: Appropriate clothing (e.g. shorts and T-shirt, leotard, track suit) is required for gym activities. Most practical work in the gymnasium is done in bare feet or running shoes.

REQUIRED TEXT: Wall, Jennifer and Murray, Nancy. (1994) *Children and movement: physical education in the elementary school*. Dubuque, IA: Wm. C. Brown Publishers. (photocopied version in Bookstore)

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|-----------------------------|----------------|------------|
| <u>COURSE REQUIREMENTS:</u> | Web assignment | 10% |
| | Project | 30% |
| | Midterm exam | 30% |
| | Final exam | <u>30%</u> |
| | | 100% |

The web assignment is due on Wednesday, January 27.

The project is due on March 17. If you choose to hand it in from March 18-24, you will receive a 50% deduction in your grade. If you choose to hand it in after March 24, you will receive a '0' grade.

COURSE OBJECTIVES: For the students to acquire:

- 1.) Knowledge of the types of movement activities in which children 5 to 12 years of age engage.
- 2.) An understanding of the characteristics and needs of children participating in movement activities.
- 3.) A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
- 4.) Observation skills for assessment and understanding of how children develop movement skills.
- 5.) Knowledge of suitable environments for children to learn movement activities.

COURSE CONTENT:

Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

1. A study of movement activities engaged in by children 5 to 12 years of age.
 - a.) types of functional and expressive activities
 - b.) content of activities
 - c.) suitability of activities for children within this age group
 - d.) the organization and progressive development of activities.
2. An introduction of the characteristics and needs of children 5 to 12 years of age.
 - a.) growth and development: cognitive, affective, and psychomotor aspects
 - b.) age characteristics
 - c.) the needs of children for physical activity
 - d.) skill acquisition.
3. Movement analysis
 - a.) basic kinesiological principles and Laban's principles of movement
 - b.) the application of these principles for observation, activity analysis, and task setting.
4. Observation of children in activity settings.
 - a.) observation techniques
 - b.) identification of levels of skill proficiency
 - c.) analysis of child's use of movement concepts.
5. The provision of suitable environments and activities for children 5 to 12 years of age.
 - a.) suitable equipment and environments for the promotion of activity
 - b.) ways of helping children learn more about themselves and the values of physical activity in their lives
 - c.) free play and structured activity settings, their values and limitations.
6. A study of the content of Physical Education programs:
 - a.) gymnastics, dance, and games, etc.
 - b.) the contribution of each to the total program
 - c.) methods of presenting and organizing experiences
 - d.) practical ways of dealing with individual differences within the physical education program.



Grading will follow these GPRC approved guidelines as closely as possible:

| <u>Alpha Grade</u> | <u>4-pt Equivalent</u> | <u>Designation</u> |
|--------------------|------------------------|----------------------|
| A+ | 4.0 | Excellent |
| A | 4.0 | Excellent |
| A- | 3.7 | First Class Standing |
| B+ | 3.3 | First Class Standing |
| B | 3.0 | Good |
| B- | 2.7 | Good |
| C+ | 2.3 | Satisfactory |
| C | 2.0 | Satisfactory |
| C- | 1.7 | Satisfactory |
| D+ | 1.3 | Poor |
| D | 1.0 | Minimal Pass |
| F | 0.0 | Fail |

Note that many universities will not accept courses with a grade lower than C- as transferable.

P.E. 2930 A3 SCHEDULE (subject to change)
WINTER 2010

MONDAYS

Jan. 11 J202
 Jan. 18 J202
 Jan. 25 Gym
 Feb. 1 Gym
 Feb. 8 Gym
 Feb. 15 Family Day -No classes
 Feb. 22 J202
 March 1 Gym
 March 6-13 ARCTIC WINTER GAMES ☺ !! Volunteer and have fun! This is your spring break.....no classes!
 March 15 Gym
 March 22 Gym
 March 29 Gym
 April 5 Gym
 April 12 J202

WEDNESDAYS

Jan. 6 J202
 Jan. 13 J202
 Jan. 20 Gym
 Jan. 27 Gym (**web assignment due**)
 Feb. 3 Gym
 Feb. 10 Gym
 Feb. 17 Gym
 Feb. 24 J202 (**MIDTERM**)
 March 3 Gym
 March 17 J202 (**PROJECT DUE**)
 March 24 Gym
 March 31 Gym
 April 7 Gym
 April 14 J202

THE FINAL EXAM WILL BE DURING EXAM WEEK.

- **Guidelines on Cell Phones and Other Personal Electronic Devices**
 Department of Physical Education, Athletics and Kinesiology: December, 2009

Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. The use of these devices must not disrupt the functions of the College overall and its classrooms and labs. Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.

Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on and set to silent mode only with the expressed consent of individual instructors. Sending or receiving text messages or gaming on a cell phone during class is not acceptable. In addition, cell phones and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.

Some instructors may have penalties for violations. If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.