GRANDE PRAIRIE REGIONAL COLLEGE DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS, AND KINESIOLOGY

P.E. 2930 INTRODUCTION TO THE MOVEMENT ACTIVITIES OF CHILDREN AGED 5 TO 12 YEARS

Fall 1999 Course Outline

INSTRUCTOR:

Bethe Goldie

OFFICE:

K216

OFFICE PHONE:

539-2972

HOME: 532-6348

CLASS SCHEDULE AND LOCATION:

Mondays and Wednesdays 4:00 - 5:20 pm Rm. J202 and St. Patrick Elementary School

(See attached schedule and map.)

TRANSFERABILITY: PEDS 293 (3)

-University of Alberta

I unspecified EDUC, or KNES (3) -

University of Lethbridge

Jr. KNES (3)

-University of Calgary

(Students planning to attend U of C or U of L may receive credit for GPRC's PE 2920 as well as PE 2930. Please see your instructor and advisor.)

ATTENDANCE:

Regular attendance and participation are expected in ALL sessions since much of the information provided cannot be obtained in any other way. It is a policy of our department that a student who misses more than 10% of the total number of classes may be disallowed from writing the final exam. Also see P.23 of the GPRC Calendar for college policy on being debarred from exams.

DRESS:

Appropriate clothing (e.g. shorts and T-shirt, leotard, track suit) is required for gym activities. Most practical work in the gymnasium

is done in bare feet or running shoes.

REQUIRED TEXT:

Wall, Jennifer and Murray, Nancy. (1990) Children and

movement: physical education in the elementary school. Dubuque,

IA: Wm. C. Brown Publishers.

COURSE REQUIREMENTS:

Project

30%

Midterm exam

30%

Final exam

40%

100%

LATE ASSIGNMENTS WILL RECEIVE A 20% DEDUCTION PER DAY LATE.

COURSE OBJECTIVES: For the students to acquire:

A knowledge of the types of movement activities in which children 5 to 12 1.) years of age engage.

An understanding of the characteristics and needs of children participating 2.)

in movement activities.

A knowledge and understanding of movement concepts with emphasis on 3.) their application to a variety of movement activities.

Observation skills for assessment and understanding of how children 4)

develop movement skills.

A knowledge of suitable environments for children to learn movement 5.) activities

COURSE CONTENT:

Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

A study of movement activities engaged in by children 5 to 12 years of age. 1.

a.) types of functional and expressive activities

- b.) content of activities
- c.) suitability of activities for children within this age group
- d.) the organization and progressive development of activities.
- 2. An introduction of the characteristics and needs of children 5 to 12 years of age.
 - a.) growth and development: cognitive, affective, and psychomotor aspects
 - b.) age characteristics
 - c.) the needs of children for physical activity
 - d.) skill acquisition.
- 3. Movement analysis

a.) basic kinesiological principles and Laban's principles of movement

- b.) the application of these principles for observation, activity analysis, and task setting.
- Observation of children in activity settings. 4.

a.) observation techniques

- b.) identification of levels of skill proficiency
- c.) analysis of child's use of movement concepts.
- The provision of suitable environments and activities for children 5 to 12 years of 5

a.) suitable equipment and environments for the promotion of activity

b.) ways of helping children learn more about themselves and the values of physical activity in their lives

c.) free play and structured activity settings, their values and limitations.

- A study of the content of Physical Education programs:
 - a.) gymnastics, dance, and games, etc.
 - b.) the contribution of each to the total program
 - c.) methods of presenting and organizing experiences
 - d.) practical ways of dealing with individual differences within the physical education program.

P.E. 2930 SCHEDULE FALL 1999

MONDAYS		WEDNESDAYS	
	P. C.	Sept. 8	J202
Sept. 13	J202	Sept. 15	J202
Sept. 20	J202	Sept. 22	J202
Sept. 27	St. Patrick School	Sept. 29	St.Patrick School
Oct. 4	St. Pat's	Oct. 6	J202
Oct. 11	No school	Oct. 13	St. Pat's
Oct. 18	J202 (MIDTERM)	Oct. 20	St. Pat's
Oct. 25	St. Pat's	Oct. 27	St. Pat's
Nov. I	St. Pat's	Nov. 3	St. Pat's
Nov. 8	St. Pat's	Nov. 10	J202
Nov. 15	St. Pat's	Nov. 17	J202
Nov. 22	St. Pat's	Nov. 24	St. Pat's (PROJECT)
Nov. 29	St. Pat's	Dec. 1	J202
Dec. 6	J202	Dec. 8	J202

THE FINAL EXAM WILL BE DURING EXAM WEEK.

ST. PATRICK SCHOOL IS LOCATED AT 7810 - POPLAR DRIVE.